

## 1. Contact

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## 2. Qualifications

- Ph.D. Social Psychology (2008). University of New South Wales.
- Bachelor of Business Management, First Class Honours. (2004). University of Queensland
- Bachelor of Arts (Philosophy and Psychology). (2003). University of Queensland

## 3. Employment History

- March 2023-present. Research Education Academic Director, Northern Precinct, Faculty of Medicine and Health, *The University of Sydney*
  - 0.4FTE University Governance role
- January 2021 – present. Associate Professor (Pain Management), Sydney Medical School, Faculty of Medicine and Health, *The University of Sydney*
  - 0.4FTE Teaching, 0.4FTE Research, 0.4 FTE Governance
- July 2015-Dec 2020, Senior Lecturer, Sydney Medical School, Faculty of Medicine and Health, *The University of Sydney*
- 2013-2015, Senior Research Fellow, Department of Maxillofacial Surgery, *VU Amsterdam Medical Centre*, Amsterdam, The Netherlands
- 2011-2015, Assistant Professor, Department of Experimental and Applied Psychology, *VU Amsterdam*, The Netherlands
- 2014, Visiting Senior Lecturer, Division of Psychology and Language Sciences, *University College London*, UK.
- 2009-2011, Assistant Professor, Department of Psychology, *University of Groningen*, The Netherlands
- 2007-2009, Postdoctoral Teaching and Research Fellow, *University of British Columbia*, Canada
- 2005-2007, Visiting Scholar, Fuqua Business School, *Duke University*.

## 4. Leadership and Service Roles and Awards

### *International*

- Founding Chair, International Association for the Study of Pain, Social Aspects of Pain Special Interest Group (2020-2022)
- Secretary, International Association for the Study of Pain, Social Aspects of Pain Special Interest Group (2023-present)
- Member of the NIDDK/AHRQ MCC e-Care Plan Working Group (NIH, USA) (2021-2022)
- Member of the NIH Gravity Project: a national USA-based public collaborative that develops consensus-based data standards to improve how we use and share information on social determinants of health (2022)

### *University of Sydney*

- PhD Supervisor Award, Kolling Institute, Faculty of Medicine and Health, The University of Sydney (2023).
- Research Education Academic Director, Faculty of Medicine and Health (Northern Precinct).
- FMH Workload Allocation Model Collegiate Committee (2024)
- Workload Allocation Standards working group member (2024).

- Level D Local Promotions Committee Core Member (2024)
- Level D Local Promotions Committee Member for Clinical Affiliates (2024).
- Level D Local Promotions Committee Reserve Core Member (2023)
- Peer mentor for academic promotion in FMH (2023-present).
- Workforce and culture committee, Kolling Institute (2023-present).
- Co-Chair, Consumer and Community Involvement Portfolio, Sydney Musculoskeletal Health Flagship Research Centre (Jan 2023-present)
- Co-Chair, Research Advisory Group, Sydney Musculoskeletal Health Flagship Research Centre (Jan 2023-present)
- Minimum Academic Standards in FMH working group member (2022).
- Chair and Academic Lead for the Evaluation and Measurement of the Student Mental Wellbeing Strategic Initiatives (PVC Student Life) (Oct 2021-present)
- Leadership team, Sydney Pain Consortium (2022-present); Chair of the Social Aspects of Pain Special Interest group (2024-present)
- Research Executive Team, Pain Management Research Institute (2019-present)
- Academic Director Student Life, Faculty of Medicine and Health (Northern Precinct) (Jan 2021-Dec 2022)
- Franklin Women's Program Mentor (2020-2021).
- Faculty of Medicine and Health Academic Board (Jan 2021-Dec 2021)

## 5. Research Metrics

- H-Index = 29, 5180 citations (Google Scholar).
- 91 peer-reviewed publications, 48 in the past 5 years
- 25% of publications in past 5 years are in the top 10% most cited publications worldwide
- 40% of publications in the past 5 years are in the top 10% of journals by CiteScore
- \$14,019,611.29 in grant funding awarded, including \$475,631.68 in funding from industry, \$10,206,222.20 in competitive national funding, and \$3,337,757 in philanthropic funding.
- Sci-Val 5-year Field Weighted Citation Index (FWCI) by relevant topic areas:
  - Chronic pain, analgesia and quality of life: FWCI = 3.82
  - Chronic pain and social support: FWCI = 2.67
  - Pandemic, COVID-19 and Mental Health: FWCI = 16.18
  - Substance abuse and opiates: FWCI = 1.88
- 94.3% of papers published in the field of Medicine
- 50% of publications involve international collaboration

## 6. Research Grants

### ***Awarded***

- 2024 Allianz Insurance Research Implementation Grant. \$249,134.28 (2025-2026). *The development and pilot testing of SMS-delivered support for recovery for motor vehicle accident injuries and return to work.* **PI: Ashton-James**
- 2024 Sydney Health Partners Implementation Pilot Grant. \$19,997.40 (2024-2026). *V-PREPED (Virtual PREoperative Physiotherapy Education before abdominal surgery.* PI: Hansell. **Ashton-James, Co-I.**
- 2024 Perpetual Impact Grant (Funder: Woodend Foundation). \$45,000 (2024-2025). *iBelong: Digital intervention to reduce loneliness in young people with chronic pain.* **PI: Ashton-James**
- 2023 Perpetual Impact Grant (Funder: Woodend Foundation). \$50,000(2023-2025). *Understanding the drivers and scope of gabapentinoid misuse in Australia.* **PI: Ashton-James.**
- 2023 Australia and New Zealand College of Oral and Maxillofacial Surgeons Research Grant. \$3500. **PI: Ashton-James.**

- HCF Research Foundation: Translational Health Research Grant. \$153,257.42 (2024-2026). *Evaluating implementation and effectiveness of a digital intervention to reduce pain and reliance on opioids after total knee replacement surgery*. PI: **Ashton-James**.
- 2023 Medical Research Future Fund Primary Health Care Research. \$2,505,877.15 (2024-2029). PI: T Rebbeck. **Ashton-James, Co-I**.
- 2023 Medical Research Future Fund Primary Health Care Research. \$2,778,029.10 (2024-2029). "Collaborative patient-centred approach for opioid deprescribing in older people with osteoarthritis and low back pain". PI: Mathieson. **Ashton-James, Co-I**.
- 2023 Medical Research Future Fund Clinical Trials Activity. \$2,818,524.45 (2024-2029). *TAPERiNG Opioids in older adults with hip or knee osteoarthritis, and low back pain (TANGO study)*. PI: Ferreira. **Ashton-James, Co-I**. (relinquished).
- 2021 Medical Research Future Fund, Clinician Researchers - Nurses Midwives and Allied Health Grant. \$1,479,940.39 (2023-2027): *Responsible Opioid use for Hip and knee ArthropLasTy (OpioidHALT) study*. PI: Penm. **Ashton-James, AI**.
- 2021 Medical Research Future Fund, Consumer-Led Research Grant. \$576,851.10 (2023-2026). *Natural Helper approach to culturally responsive healthcare*. PI: Brady. **Ashton-James, Co-I**.
- Transport Accident Commission Value-Based Health Care Grant. \$70 000 (2023): *Early intervention to mitigate distress in people with motor accident injuries*. PI: **Ashton-James**
- Ramsey Health Foundation Research Investigator Grant. \$60 000 (2023-2024): *SMS support for behavioural pain management after hospitalisation for rib fractures*. PI: **Ashton-James**.
- Pain Foundation Limited PhD Scholarship Funding. \$79,500 (2023-2026): *Understanding and preventing gabapentinoid related harms*. PI: **Ashton-James**.
- Woodend Foundation, \$25 000 (2021-2022): *The efficacy of AI for identifying distress in workers compensation claimants*. PI: **Ashton-James**.
- 2021 Sydney Health Partners Implementation Science Grant, \$25 000 (2022-2023): *A pilot investigation of the acceptability and feasibility of an online group mindfulness course for people with chronic pain*. PI: Amorim. **Ashton-James, Co-I**.
- G&P Nock Foundation. \$120 000 (2021-2024). *Early intervention to mitigate distress and facilitate recovery after motor accident injuries*. PI: **Ashton-James**.
- Heine Family Foundation. \$2,800,000 (2020-2023). *Pathways to better pain management*. PI: Glare. **Co-I: Ashton-James**
- Small Animal Specialist Hospital. \$50 000 (2020-2021). *The prevalence and contributors to burnout among veterinary hospital staff*. PI: **Ashton-James**.
- icare (State Insurance Regulatory Authority) \$20 000 (2019). *Opioid-tapering for chronic pain: The state of the art*. PI: **Ashton-James**.
- AVANT (Insurance). \$3000 (2019). *Opioid-tapering for chronic pain: The state of the art*. PI: **Ashton-James**.
- Create NSW: Arts, Screen, and Culture. \$20 000 (2019). *Mirror Me: A VR experiment in experiment in empathy for pelvic pain*. PI:
- Australian Council for the Arts Career Development Grant for Individuals and Groups, \$27 210 (2018). *Mirror Me: A VR experiment in experiment in empathy for pelvic pain*. PI: Lee. **Ashton-James, Co-I**.
- Perpetual IMPACT (c/o Woodend Foundation). \$40 000 (2018). *Individualised communication strategies to support opioid-tapering in patients with chronic pain*. PI: **Ashton-James**.

#### **Pending**

- 2024 Perpetual Impact Grant. \$50,000 (2025-2026). *Altruism as analgesia: Investigating the role of culture in the impact of altruistic behaviour on pain*. PI: **Ashton-James**.
- 2024 Medical Research Future Fund Clinical Trials Activity. \$2,913,721 (2025-2029). *Optimising musculoskeletal pain management and reducing opioids in older Australians*. PI: Ferreira. **Ashton-James, Co-I**.

- 2024 Medical Research Future Fund Novel Treatments and Management Strategies for Chronic Pain. \$491,266 (2025-2027). *Co-Design of a mobile text-messaging Intervention to increase access to pain self-management approaches in rural and remote Australia*. PI: **Ashton-James**.
- 2024 Medical Research Future Fund Novel Treatments and Management Strategies for Chronic Pain. \$785,850 (2025-2027). *Interdisciplinary Medication and Pain Management in General Practice (INTERCONNECT)*. PI: Mullan. **Ashton-James, AI**.
- 2024 Medical Research Future Fund Novel Treatments and Management Strategies for Chronic Pain. \$604,937 (2025-2027). *The Natural Helper Mobile Mentor for Chronic Pain: Digitally Connecting CALD communities*. PI: Brady. **Ashton-James, Co-I**.
- 2024 Medical Research Future Fund Alcohol and Other Drugs. \$841,259 (2025-2027). Co-designing pain management with people in opioid dependence treatment. PI: Nielsen. **Ashton-James, Co-I**.
- 2024 Medical Research Future Fund, Survivorship Care and Collaborative Research Prioritisation. \$591,480 (2025-2027). Consumer co-design and Pilot testing of TExt Messaging to support Pain self-management in breast cancer survivors (TEMPO). PI: Glare. **Ashton-James, Co-I**.

## 7. Research Publications

### HDR students/mentees

#### In press

- Young S, **Ashton-James CE** et al. A pharmacist-partnered opioid tapering service before total hip or knee arthroplasty: Qualitative analysis of patient counselling sessions. *Anesthesiology*. In press.
- Karos K, **Ashton-James CE**, McParland J, Hirsh A. The social impacts of COVID-19 on pain and pain management: A retrospective view. *Current Directions in Psychology*. In press.
- Gilmore A, Glozier N, **Ashton-James CE**. Australian University Student Perspectives on the Factors Influencing Student Wellbeing: A Content and Relational Analysis. *Higher Education Research & Development*. In press.
- Harnett J, **Ashton-James CE** et al. "I know what to say now" Students' evaluation and utilisation of Accidental Counsellor Training. *Plos One*. In press.
- El-Den S. et al. Co-design and content validation of psychosis care assessment material for medical, pharmacy, nursing, and occupational therapy curricula. *BMC Medical Education*. In press.

#### 2024

- Sim A, McNeilage AG, Nicholas MK, Rebbeck T, **Ashton-James CE**. Evaluation of the acceptability and feasibility of stress mitigation education and support delivered via telehealth for people after road traffic musculoskeletal/orthopaedic injury. *Journal of Occupational Rehabilitation*. 2024 Nov 29. doi: 10.1007/s10926-024-10258-z.
- McKay MJ, Weber KA II, Wesselink EO, Smith ZA, Abbott R, Anderson DB, **Ashton-James CE**, Atyeo J, Beach AJ, Burns J, et al. MuscleMap: An Open-Source, Community-Supported Consortium for Whole-Body Quantitative MRI of Muscle. *Journal of Imaging*. 2024; 10(11):262. <https://doi.org/10.3390/jimaging10110262>
- Sim A, McNeilage AG, Rebbeck T, **Ashton-James CE**. Clinician and claimant perspectives on sources of distress during the compensation claim process. *Disability and Rehabilitation*. 2024 Oct 27:1-11. doi: 10.1080/09638288.2024.2419448.
- McNeilage AG, Sim A, Nielsen S, Murnion B, **Ashton-James CE**. Experiences of misuse and symptoms of dependence among people who use gabapentinoids: A qualitative systematic review. *International Journal of Drug Policy*. 2024 Nov 1;133:104605.
- **Ashton-James CE**, Doane M, McNeilage AG, et al. Efficacy of an mHealth intervention to support pain self-management and improve analgesia in patients with rib fractures: protocol for a randomised controlled trial. *BMJ Open* 2024;14:e086202. doi: 10.1136/bmjopen-2024-086202.
- Zouch JH, Berg B, Pripp AH, Storheim K, **Ashton-James CE**, Ferreira ML, Grotle M, Ferreira PH. Reducing strain on primary healthcare systems through innovative models of care: the impact of direct access

physiotherapy for musculoskeletal conditions—an interrupted time series analysis. *Family Medicine and Community Health*. 2024 Sep 24;12(3):e002998.

- Sim A, McNeilage AG, Rebbeck T, **Ashton-James CE**. Clinician Experiences of and Responses to the Challenges of Working with Patients in the Australian Compensation Setting. *Journal of Occupational Rehabilitation*. 2024 Sep 1:1-3.
- Sim A, McNeilage AG, Gholamrezaei A, Rebbeck T, **Ashton-James CE**. Impact of healthcare interventions on distress following acute musculoskeletal/orthopaedic injury: a scoping review of systematic reviews. *BMJ open*. 2024 Jul 1;14(7):e085778.
- Ansari UH, McNeilage AG, Ashton-James CE, Campbell J, Wong E, Lim L. Perioperative Patient Perspectives on Orthognathic Surgery-A Prospective Study. *Annals of Maxillofacial Surgery*. 2024 Jan 1;14(1):46-51.
- Chen L, **Ashton-James CE**, Shi B, Radojčić MR, Anderson DB, Chen Y, Preen DB, Hopper JL, Li S, Bui M, Beckenkamp PR. Variability in the prevalence of depression among adults with chronic pain: UK Biobank analysis through clinical prediction models. *BMC medicine*. 2024 Apr 19;22(1):167.
- Kapos FP, Craig KD, Anderson SR, Bernardes SF, Hirsh AT, Karos K, Keogh E, Losin EA, McParland JL, Moore DJ, **Ashton-James CE**. Social Determinants and Consequences of Pain: Towards Multilevel, Intersectional, and Life Course Perspectives. *The Journal of Pain*. 2024 Jun 17:104608.
- **Ashton-James CE**. Beyond future directions: what can we do to address the stigma of chronic pain today?. *PAIN*. 2024 May 13:10-97.
- Gholamrezaei A, Magee MR, McNeilage AG, Dwyer L, Sim AM, Ferreira ML, Darnall BD, Brake T, Aggarwal A, Craigie M, Hollington I, Glare P, **Ashton-James CE**. A digital health intervention to support patients with chronic pain during prescription opioid tapering: a pilot randomised controlled trial. *Pain Reports*. 2024 Apr 1; 9(2):e 1128.

## 2023

- Zhou J, Radojčić MR, **Ashton-James CE**, Yang H, Chen Z, Wang R, Yang Y, Si J, Yao L, Li G, Chen L. Optimal cut-offs of depression screening tools during the COVID-19 pandemic: a systematic review. *BMC Psychiatry*. 2023 Dec 19;23(1):953.
- Gholamrezaei G, McNeilage AG, Magee M, ....**Ashton-James CE**. A text messaging intervention to support patients with chronic pain during prescription opioid tapering: protocol for a double-blind randomised controlled trial. *BMJOpen*, 2023;**13**:e073297. doi: 10.1136/bmjopen-2023-073297.
- McNeilage AG, Nielsen S, Murnion B, **Ashton-James CE**. Experiences of misuse and symptoms of dependence among people who use gabapentinoids: a qualitative systematic review protocol. *BMJ open*. 2023 Sep 1;13(9):e073770.
- McNeilage AG, Ashton-James CE, Scholz B. “We were all looking for the magic pill”: A qualitative study of patient experiences using gabapentinoids for chronic pain. *International Journal of Drug Policy*. 2023 Sep 1;119:104112.
- Yates E, Buckley L, Sterling M, Cruwys T, **Ashton-James CE**, Rankin R, Elphinstone RA. Interest in Digital Peer-Delivered Interventions and Preferences to Improve Pain Self-efficacy and Reduce Loneliness Among Patients With Chronic Pain: Mixed Methods Co-design Study. *JMIR Formative Research*. 2023 Apr 14;7(1):e41211.
- Brady B, Sidhu B, Jennings M, Saberi G, Tang C, Hassett G, Boland R, Dennis S, **Ashton-James CE**, Refshaug K, Descallar J. The Natural Helper approach to culturally responsive disease management: protocol for a type 1 effectiveness-implementation cluster randomised controlled trial of a cultural mentor programme. *BMJ open*. 2023 Jan 1;13(1):e069120.
- Webster F, Connolly L, Longo R, Ahuja D, Amtmann D, Anderson A, **Ashton-James CE**, Boyd H, Chambers CT, Cook KF, Cowan P, Crombez G, Feinstein AB, Fuqua A, Gilam G, Jordan I, Mackey SC, Martins E, Martire LM, O'Sullivan P, Richards DP, Turner JA, Veasley C, Würtzen H, Yang SY, You DS, Ziadni M, Darnall BD. Patient Responses to the Term Pain Catastrophizing: Thematic Analysis of Cross-sectional International Data. *Journal of Pain*, 2023 Feb;24(2):356-367. doi: 10.1016/j.jpain.2022.10.001.

## 2022

- Magee MR, Gholamrezaei A, McNeilage AG, Sim A, Dwyer L, Ferreira ML, Darnall BD, Glare P, **Ashton-James CE\***. A Digital Video and Text Messaging Intervention to Support People With Chronic Pain During Opioid Tapering: Content Development Using Co-design. *JMIR Form Res* 2022;6(11):e40507
- Zouch J, Comachio J, Bussi res A, **Ashton-James CE**, Reis AH, Chen Y, Ferreira P. Influence of Initial Health Care Provider on Subsequent Health Care Utilization for Patients with a New Onset of Low Back Pain: A Scoping Review. *Physical Therapy*. 2022 Nov 1.
- **Ashton-James CE**, McNeilage AG. A mixed methods investigation of stress and wellbeing factors contributing to burnout and job satisfaction in a specialist small animal hospital. *Frontiers in Veterinary Science*, 2022; 9: 942778
- **Ashton-James CE**, Anderson SR, Hirsh AT. Understanding the contribution of racial and ethnically discordant interactions on pain disparities: proximal mechanisms and potential solutions. *Pain*, 2022 May 20:10-97.
- Magee M, Gholamrezaei A, McNeilage AG, Dwyer L, Sim A, Ferreira M, Darnall BD, Glare P, **Ashton-James CE**. Evaluating acceptability and feasibility of a mobile health intervention to improve self-efficacy in prescription opioid tapering in patients with chronic pain: protocol for a pilot randomised, single-blind, controlled trial. *BMJ open*. 2022 Apr 1;12(4):e057174.
- Wilson D, Mackintosh S, Moseley G, Costa D, Nicholas, MK, **Ashton-James CE**. Are Group Identity and Sense of Belonging relevant for group pain management programs? An exploratory pilot study. *British Journal of Pain*, Jun 2:20494637221098941.
- Ho E, Chen L, **Ashton-James CE**, Hayden JA, Ferreira ML, Ferreira PH. Rapid Response: Re: Psychological interventions for chronic, non-specific low back pain: systematic review with network meta-analysis. *BMJ* 2022;376:e067718
- Avery N, McNeilage AG, Stanaway F, **Ashton-James CE**, Blyth FM, Martin R, Gholamrezaei A, Glare P. Efficacy of interventions to reduce long-term opioid therapy in patients with chronic non-cancer pain: systematic review and meta-analysis. *BMJ* 2022 Apr 4;377.
- Ho E, Chen L, Simic M, **Ashton-James CE**, Comachio J, Wang DXM, Hayden JA, Ferreira ML, Ferreira PH. Psychological interventions for chronic non-specific low back pain: systematic review with network meta-analysis. *BMJ*, 2022 Mar 30;376.
- McNeilage AG, Avery NS, Holliday S, Glare PA, **Ashton-James CE**. A qualitative trajectory analysis of patients' experiences tapering opioids for chronic pain. *Pain*. 2022 Feb 1;163(2):e246-60.
- **Ashton-James CE\***, Anderson SR, Mackey SC, Darnall BD. Beyond pain, distress, and disability: the importance of social outcomes in pain management research and practice. *Pain*. 2022 Mar 1;163(3):e426-31.

## 2021

- Mardian A, Perez L, Pun T, Cheung M, Porter J, De Bruyne K, Kao MC, Flood P, Moore N, Colloca L, Cramer E, **Ashton-James CE**, Lorig, K, Mackey SC, Darnall, BD. Engagement in Prescription Opioid Tapering Research: the EMPOWER Study and a Coproduction Model of Success. *Journal of General Internal Medicine*. 2021 Aug 13:1-5.
- **Ashton-James CE**, McNeilage AG, Avery NS, Robson LH, Costa D. Prevalence and predictors of burnout symptoms in multidisciplinary pain clinics: a mixed-methods study. *Pain*. 2021 Feb 1;162(2):503-13.
- Magee MR, McNeilage AG, Avery NS, Glare P, **Ashton-James CE**. mHealth Interventions to Support Prescription Opioid Tapering in Patients With Chronic Pain: Qualitative Study of Patients' Perspectives. *JMIR formative research*. 2021 May 18;5(5):e25969.
- Anderson SR, Witkin JE, Bolt T, Llabre MM, **Ashton-James CE**, Losin EA. Modeling neural and self-reported factors of affective distress in the relationship between pain and working memory in healthy individuals. *Neuropsychologia*. 2021 Jan 24:107766.
- Gholamrezaei A, **Ashton-James CE**. Beyond social support: In search of psychosocial predictors of chronic post-surgical pain. *Pain*, 2021 (Apr 1; 162(4):1275-6.
- Wilson D, MacIntosh S, Nicholas MK, Moseley GL, Costa D, **Ashton-James CE**. Is there a relationship between psychological composition of therapeutic groups and individual treatment outcomes of multidisciplinary pain management programs? *British Journal of Pain*. 2021 Feb;15(1)69-81.

## 2020

- **Ashton-James CE**, Ziadni M. Uncovering and resolving social conflicts contributing to chronic pain: Emotional Awareness and Expression Therapy. *Journal of Health Services Psychology*. 2020. 46(3): 133-140.
- Karos K, McParland JL, Bunzli S, Devan H, Hirsh A, Kapos FP, Keogh E, Moore D, Tracy LM, **Ashton-James CE**. The Social Threats of COVID-19 for People With Chronic Pain. *Pain* 2020, vol 161(10): 2229-2235. October 2020.
- Ho E, Ferreira M, Chen L, Simic M, **Ashton-James CE**, Comachio J, Hayden J, Ferreira P. Psychological interventions for chronic non-specific low back pain: protocol of a systematic review with network meta-analysis. *BMJ Open* 2020;10:e034996. doi: 10.1136/bmjopen-2019-034996
- Glare P, **Ashton-James CE**, Han E, Nicholas M. Deprescribing long-term opioid therapy in patients with chronic pain. *Internal Medicine Journal*. 2020 Oct;50(10):1185-91.
- **Ashton-James CE**, Glare P, and Darnall BD. Out of office hours: Scalable, on-demand, digital behavioural health interventions to support opioid tapering in patients with chronic pain. *Pain* 161, no. 10 (2020): 2252-2254.
- Sharpe L, Jones E, **Ashton-James CE**, Nicholas MK, Refshauge K. Necessary components of psychological treatment in pain management programs: A Delphi study. *European Journal of Pain*. 2020 Jul;24(6):1160-8.

## 2019

- **Ashton-James CE**, Chemke-Dreyfus A, Costa D, Glare P. Time for change: an experimental investigation of chronic pain patients' emotional and attitudinal responses to simulated opioid-tapering advice. *Pain*. 2019 Jul 1;160(7):1586-93.
- **Ashton-James CE**, Chemke-Dreyfus A. Can orthognathic surgery be expected to improve patients' psychological well-being? The challenge of hedonic adaptation. *European journal of oral sciences*. 2019 Jun;127(3):189-95.
- **Ashton-James CE**, Tybur JM, Grießer V, Costa D. Stereotypes about surgeon warmth and competence: The role of surgeon gender. *PLoS one*. 2019;14(2).
- **Ashton-James CE**, Forouzanfar T, Costa D. The contribution of patients' pre-surgery perceptions of surgeon attributes to the experience of trust and pain during third molar surgery. *Pain reports*. 2019 May;4(3).

## 2018

- Pollak KI, **Ashton-James CE**. Empathy is not empathy is not empathy in the management of chronic pain. *Patient Education and Counselling*. 2018; 101(12):2045-2046.
- **Ashton-James CE**, Costa D, Chemke-Dreyfus AR\*. Orthognathic Surgery Has a Significant Effect on Perceived Personality Traits and Emotional Expressions. *Plastic and reconstructive surgery*. 2018 Jun 1;141(6):966e-7e.
- Wilson D, Mackintosh S, Nicholas MK, Moseley GL, Costa D, **Ashton-James CE**. Are group size and composition associated with treatment outcomes in group cognitive behavioural therapy for chronic pain? *Pain*. 2018 Apr 1;159(4):783-92.
- Glare P, Fridman I, **Ashton-James CE**. Choose your words wisely: the impact of message framing on patients' responses to treatment advice. *International review of neurobiology*. 2018; Jan 1 (Vol. 139, pp. 159-190). Academic Press.

## 2017

- **Ashton-James CE**, Dekker PH, Addai-Davis J, Chadwick T, Zakrzewska JM, Padfield D, Williams AC. Can images of pain enhance patient-clinician rapport in pain consultations? *British journal of pain*. 2017 Aug;11(3):144-52.
- **Ashton-James CE**, Tybur JM, Forouzanfar T. Interpersonal behavior in anticipation of pain: a naturalistic study of behavioral mimicry prior to surgery. *Pain Reports*. 2017 Jul;2(4).
- Nicholas MK, **Ashton-James CE**. Embodied pain: grasping a thorny problem? *Pain*. 2017 Jun 1;158(6):993-4.

## 2016

- **Ashton-James CE**, Nicholas MK. Appearance of trustworthiness: an implicit source of bias in judgments of patients' pain. *Pain*. 2016 Aug 1;157(8):1583-5.
  - **Ashton-James CE**. Why clinician communication is the key to better outcomes in chronic pain management. *Pain Management Today*. 2016; 3(2): 14-17.
  - Martin WJ, Skorpil NE, **Ashton-James CE**, Tuinzing DB, Forouzanfar T. Effect of vasoconstriction on pain after mandibular third molar surgery: A single-blind, randomized controlled trial. *Quintessence International*. 2016 Jul 1;47(7).
- 2015**
- Ridwan-Pramana A, Wolff J, Raziei A, **Ashton-James CE**, Forouzanfar T. Porous polyethylene implants in facial reconstruction: outcome and complications. *Journal of Cranio-Maxillofacial Surgery*. 2015 Oct 1;43(8):1330-4.
- 2014**
- **Ashton-James CE**, Richardson DC, Williams AC, Bianchi-Berthouze N, Dekker PH. Impact of pain behaviors on evaluations of warmth and competence. *PAIN*. 2014 Dec 1;155(12):2656-61.
  - Van Leeuwen E, **Ashton-James CE**, Hamaker RJ. Pain reduces discrimination in helping. *European Journal of Social Psychology*. 2014 Oct;44(6):602-11.
- 2013**
- **Ashton-James CE**, Kushlev K, Dunn EW. Parents reap what they sow: Child-centrism and parental well-being. *Social Psychological and Personality Science*. 2013 Nov;4(6):635-42.
  - **Ashton-James CE**, Levordashka A. When the wolf wears sheep's clothing: Individual differences in the desire to be liked influence nonconscious behavioral mimicry. *Social Psychological and Personality Science*. 2013 Nov;4(6):643-8
  - Ossendorp R, Forouzanfar T, **Ashton-James CE**, Bloemers F. Protocols for treating the postoperative pain of fractures in Dutch hospitals. *Journal of Pain Research*. 2013;6:635.
  - Martin WJ, **Ashton-James CE**, Skorpil NE, Heymans MW, Forouzanfar T. What constitutes a clinically important pain reduction in patients after third molar surgery?. *Pain Research and Management*. 2013;18(6):319-22.
  - Aknin LB, Barrington-Leigh CP, Dunn EW, Helliwell JF, Burns J, Biswas-Diener R, Kemeza I, Nyende P, **Ashton-James CE**, Norton MI. Prosocial spending and well-being: Cross-cultural evidence for a psychological universal. *Journal of Personality and Social Psychology*. 2013 Apr;104(4):635
  - \*Brackett MA, Floman JL, **Ashton-James CE**, Cherkasskiy L, Salovey P. The influence of teacher emotion on grading practices: A preliminary look at the evaluation of student writing. *Teachers and teaching*. 2013 Dec 1;19(6):634-46.
- 2012**
- \***Ashton-James CE**, McCarthy KJ, Dranca-Iacoban A. Managing the Powerful: A study of Power, and Value Destruction in Mergers and Acquisitions. Understanding Mergers and Acquisitions in the 21st Century: A Quest for the Holy Grail of Finance, Economics, and Strategic Management, 2012. Palgrave Macmillan.
  - \*Kushlev K, Dunn EW, **Ashton-James CE**. Does affluence impoverish the experience of parenting? *Journal of Experimental Social Psychology*. 2012 Nov 1;48(6):1381-4.
  - **Ashton-James CE**, Tracy JL. Pride and prejudice: How feelings about the self influence judgments of others. *Personality and Social Psychology Bulletin*. 2012 Apr;38(4):466-76.
- 2011**
- **Ashton-James CE**, McCarthy KJ, Dranca-Iacoban A. Managerial power and value destruction in mergers and acquisitions. The Nature of the New Firm: Blurring Boundaries Within and Between Firms and Organisations. Edward Elgar, London. 2011.
- 2010**
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- 2009**



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- **Ashton-James CE**, Maddux WW, Galinsky AD, Chartrand TL. Who I am depends on how I feel: The role of affect in the expression of culture. *Psychological Science*. 2009 Mar;20(3):340-6.
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## 2008

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## 2007

- **Ashton-James CE**, Van Baaren RB, Chartrand TL, Decety J, Karremans J. Mimicry and me: the impact of mimicry on self-construal. *Social cognition*. 2007 Aug;25(4):518-35.
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- Ashkanasy NM, **Ashton-James CE**. Emotion in organizations: A neglected topic in I/O psychology, but with a bright future. *International review of industrial and organizational psychology*. 2007 Jan 1;20(6):221-68.
- Ashkanasy NM, **Ashton-James CE**. Positive emotion in organizations: A multi-level framework. *Positive organizational behavior*. 2007 Apr 23:57-73.

## 2006

- **Ashton-James CE**, Chartrand TL. Subliminal suggestion. W. Darity (ed.) *International Encyclopaedia of the Social Sciences*, 2<sup>nd</sup> edition. 2006. Farmington Hills, MI: Macmillan.
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## 2005

- **Ashton-James CE**, Ashkanasy NM. What lies beneath: A deconstruction of affective events theory. *Research on Emotions in the Workplace*. 2005:22-43.

## 2003

- Ashkanasy NM, **Ashton-James CE**, Jordan PJ. Performance impacts of appraisal and coping with stress in workplace settings: The role of affect and emotional intelligence. *Research in occupational stress and well being*. 2003;3:1-43.

## 8. National and International Keynote or Plenary Presentations

- Trauma care UK. "The importance of communication in pain management". May 23, 2024. Virtual.
- New Zealand Pain Society Annual Scientific Meeting. "Addressing Social Aspects of Pain in Practice: Challenges and Opportunities". March 2024, Dunedin.
- Stanford Pain Relief Innovations Lab Distinguished Speaker Series. "Addressing Social Aspects of Pain in Practice: Challenges and Opportunities". October 10<sup>th</sup> 2023, Virtual.
- Faculty of Pain Medicine, ANZCA Annual Scientific Meeting. "Physician Burnout: Causes, Consequences, and Cures". March 2023, Sydney.

- New Zealand Pain Society Annual Scientific Meeting. “The heart of the matter: Identifying and responding to patient distress in conversations about pain and pain management”. March 2023. Auckland, New Zealand.
- New Zealand Pain Society Annual Scientific Meeting. “Beyond opioid analgesia: Addressing psychosocial aspects of acute pain”. March 2023. Auckland, New Zealand.
- Recover Conference. “The heart of the matter: Identifying and responding to patient distress in conversations about pain and pain management”. University of Queensland, October 2022.
- 16<sup>th</sup> Annual NIH Pain Consortium. “Impact of COVID-19 on Chronic Pain and Co-Morbidities”. May 2021. Virtual.
- International Association for the Study of Pain: Pain Research Forum Virtual Seminar Series. “The heart of the matter: Understanding and responding to patient distress in conversations about pain and pain management”. February 19<sup>th</sup>, 2021.
- Annual Scientific Meeting of the Pain Interest Group: Nursing Issues (PIGNI). “The complexities of expressing empathy in pain management”.. October 25, 2019. Sydney.
- Annual Scientific Meeting of the Australian Pain Society. “Appearance matters: How perceptions of surgeons’ warmth and competence influence patients’ anticipation and experience of pain”. April 10, 2017. Adelaide, Australia.
- Australian Pain Society Physiotherapy Special Interest Group Meeting. “In the blink of an eye: How implicit judgments of patient trustworthiness influence clinician judgment and decision-making”. April 9, 2017. Adelaide, Australia.

## 9. National and International Conference Presentations

### 2024

- International Association for the Study of Pain World Pain Congress. “Identifying, Assessing, and Alleviating Pain-Related Suffering in the Clinic: Emerging Strategies”. August 7<sup>th</sup>, 2024. Amsterdam, Netherlands.
- International Association for the Study of Pain World Pain Congress. “Addressing Social Aspects of Pain in Practice: Barriers and Opportunities”. August 8<sup>th</sup>, 2024. Amsterdam, Netherlands.
- European Pain Federation EFIC® Virtual Pain Education Summit. “The Importance of Social Cohesion and Management of Pain”. Virtual, May 28, 2024.
- Australia Pain Society Annual Scientific Meeting, Acute Pain Pre-conference. “Beyond opioid analgesia: The need for greater integration of psychosocial interventions into acute pain management”. April 21, 2024, Darwin.

### 2023

- ANZCA Faculty of Pain Medicine Spring Meeting. “Understanding and Addressing Burnout in Female Pain Physicians”. Oct 6<sup>th</sup> 2023, Adelaide.
- Annual Spring Meeting of the Faculty of Pain Medicine, ANZCA. “Physician Burnout: Causes, Consequences, and Cures”. March 2023, Sydney.
- European Federation International Conference on Pain. “The role of empathy and trust in the experience of pain and pain management outcomes”. September 2023, Budapest.
- Australian Pain Society Annual Scientific Meeting. “Social interventions for pain: The time is now”. April 3<sup>rd</sup>, 2023, Canberra.
- Charles Perkins Centre Placebo Research Network Node. “Placebos in Practice”. July 13<sup>th</sup> 2023.

### 2022

- International Association for the Study of Pain World Congress, Social Aspects of Pain Special Interest Group Inaugural Symposium. “Social Cohesion and Pain”. September 19, 2022.
- Canadian Pain Society Virtual Webinar Series. “The little known benefits of empathic communication for patients and clinicians”. 30 March 2022.
- Australian Physiotherapy Association Thrive Webinar Series. “The little known benefits of empathic communication for patients and clinicians”. April 27 2022.

- *Australia Pain Society Annual Scientific Meeting*. “Beyond opioid analgesia: A call for psychosocial interventions in acute pain management”. Hobart, April 11, 2022.
- *The Society for Paediatric Anaesthesia in New Zealand and Australia (SPANZA) and the Australian and New Zealand Association of Paediatric Surgeons Inc (ANZAPS)*. “Skills-based workshop: Managing emotionally challenging conversations”. October 30, 2022. Sydney.

## 2021

- *CODA Trauma Mini-Congress*. “Harnessing non-pharmacological approaches to pain management”. February 17<sup>th</sup> 2021.
- *Australian Pain Society Annual Scientific Meeting*. April 19<sup>th</sup>, 2021. “The art of clinical communication: Shaping patients’ emotions, beliefs, and behaviours”.
- *Australian Pain Society Annual Scientific Meeting*. April 20<sup>th</sup>, 2021. “What hurt us makes us closer: Understanding the relationship between pain and social connection”.
- *American Academy of Pain Medicine*. Annual Scientific Meeting – Virtual. “Push, pull, or partnership: Strategies to optimize clinician-patient dynamics, satisfaction, and outcomes in patient-centred opioid tapering”. April 24<sup>th</sup>, 2021.
- *Australian Rheumatology Association*. Annual Scientific Meeting, International Convention Centre, Sydney. “The social consequences of pain in children”. May 23<sup>rd</sup>, 2021.
- *The Hopkins Centre, Griffith University: Bold ideas better solutions virtual seminar series*. “Engaging patients in conversations about opioid tapering and non-pharmacological pain management”. October 22<sup>nd</sup> 2021.
- *Society for Paediatric Anaesthesia in New Zealand and Australia*. Annual Scientific Meeting, International Convention Centre, Sydney. “Dealing with emotionally challenging patient encounters: Optimizing patient care and clinician wellbeing”. October 23<sup>rd</sup> 2021.
- *Australian Physiotherapy Association*. Annual Scientific Meeting. “Dealing with emotionally challenging patient encounters: Optimizing patient care and clinician wellbeing”. Sydney. 4-6 November 2021.
- *European Pain Federation EFIC® Virtual Pain Education Summit*. “The role of (implicit) bias in pain assessment and patient-clinician interactions”. November 4, 2021.

## 2020

- *Annual Scientific Meeting of the Australian Rheumatology Association*. “Social aspects of pain and pain management: How patient-provider interactions shape patient outcomes in pain”. Sydney. May 19, 2020 (Virtual).
- *Annual Scientific Meeting of the Australian Pain Society*. “What hurts makes us closer: The relationship between pain and social connection”. Hobart, Tasmania. April 6, 2020 (Virtual).
- *Annual Scientific Meeting of the Australian Pain Society*. “The art of clinical communication: Shaping patients’ emotions, beliefs and behaviours”. Hobart, Tasmania. April 5, 2020. (Virtual).

## 2019

- *Descending the Analgesic Ladder: The How, When, and Why of Opioid Tapering for Chronic Pain*. “Opioid tapering conversations aren’t always easy: Understanding and managing patient distress”. Taronga Zoo, Sydney, Australia. November 29, 2019.
- *Pain Physiotherapy Day*. “Helping the patient by helping yourself: The importance of learning how to respond to patient distress”. St Vincent’s Hospital, Sydney. November 18, 2019.
- *Australian Physiotherapy Association Research Symposium*. “Care for the carer: Why interventions aimed at enhancing clinician wellbeing are crucial to patient outcomes”. Canberra, Australia. August 16, 2019.
- *Australian Association of Musculoskeletal Medicine Annual Scientific Meeting*. “Trustworthiness and the Placebo Effect”. October 26, 2019.
- *International Conference on Communication in Healthcare*. “Understanding patients’ emotional responses to opioid-tapering advice”. San Diego, USA. October 30, 2019.
- *Australian Pain Society Annual Scientific Meeting*. “Social Aspects of Pain: The New Frontier in Pain Management Research and Practice”. Gold Coast, Australia. March 5, 2019.

## 2018

- *Annual scientific meeting of the Australian and New Zealand Pain Societies*. “Influencing wisely: Understanding factors shaping patient expectations of treatment outcomes”. Sydney, Australia. April 10, 2018.
- 2017**
- *Sydney Placebo Symposium*. “Establishing trust and improving treatment expectations”.. Manly Beach, Australia. November 18, 2017.
  - *International Conference on Communication in Healthcare*. “Can images of pain enhance patient-clinician rapport in pain consultations?” Baltimore, USA. October 11, 2017.
  - *World Pain Congress (International Association for the Study of Pain Annual Scientific Meeting)*. “The appearance of trustworthiness: associations between perceptions of clinician trustworthiness and experience of pain”. Boston, USA, September 2017.
- 2016**
- *Specialist Symposium: Enhancing Treatment Adherence*. “Measuring Adherence: The State of the Art”. Royal North Shore Hospital. Sydney, Australia. July 1, 2016.
  - *Australian Pain Society: Annual Scientific Meeting*. “The Social Side of Pain”. Perth, Australia. March 14, 2016.
- 2015**
- *Faculty of Science Showcase*. “The social psychology of pain.” University of Sydney. September 17, 2015.
- 2012**
- *International Association for Relationships Research*. “Mimicry and Mating”. Chicago, USA. July, 2012.
  - *Duck Conference on Social Cognition*. “Feeling and being socially disconnected: The impact of loneliness on behavioural mimicry”. Duck, North Carolina USA. June 2012.
  - *TeaP Conference*. “Affective tuning hypothesis: The automatic adaptation of implicit affective states to task demands”. Mannheim, Germany. March 2012.
- 2011**
- *European Association for Social Psychology*. “Re-thinking positivity: New perspectives on the causes, functions, and consequences of positive emotions”. Stockholm, Sweden. July 2011.
  - *Symposium on Behavioural Coordination: The State of the Art*. “Mimicry as strategic interpersonal behavior”. Tilburg University, The Netherlands. March 2011.
  - *Society for Personality and Social Psychology*. “Does mimicry conceal or reveal secrecy?” San Antonio, Texas, USA. January 2011.
- 2010**
- *11<sup>th</sup> Annual PREBEM conference for the Netherlands Organization for Researchers in Business, Economics, and Management*. “Power and value destruction in mergers and acquisitions”. Amsterdam, The Netherlands. March 2010.
- 2009**
- *Society for Personality and Social Psychology*. “Pride and Prejudice: The impact of authentic and hubristic pride on prejudice and discrimination”. Tampa Florida, USA. January 2009.
- 2008**
- *Person Memory Interest Group*. “The Creative Chameleon: The impact of mimicry on creative thinking styles”. Sacramento, California, USA. October 2008.
  - *Duck Conference on Social Cognition*. “Who I am depends on how I feel: The role of affect in the expression of culture”. Duck, North Carolina, USA. October 2008.
- 2007**
- *Society for Experimental Social Psychology*. “Affect and self-stereotyping”. Chicago, USA. October 2007.
- 2006**
- *Society for Experimental Social Psychology* “Mimicry and the social self”. Philadelphia, USA. October 2006.
  - *Annual Meeting of the Academy of Management*. “The boundaries of functional emotionality in the workplace”. Atlanta, USA. August 2006.
  - *EMONET V*. “Understanding the role of affect in strategic decision contexts”. Atlanta, GA. August 2006.

- EMONET V. "In defense of diversity: Understanding cultural differences in facial expressions of emotion". Atlanta, GA. August 2006.
- Society for Personality and Social Psychology. "Affective influences on behavioral priming". January 2006.

## 2005

- Person Memory Interest Group. "On emotional innumeracy: Affective forecasting about tragic events". Julian, California. October 2005.
- Annual Meeting of Academy of Management. "The utility of understanding emotional expressions in strategic interpersonal encounters". Honolulu, USA. August 2005.
- Annual Meeting of the Society for Industrial and Organizational Psychology (SIOP). "Measuring affect in experimental research in organizations". Los Angeles, USA. April 2005.
- Society for Personality and Social Psychology. "The relative impact of affect and cognitive load on interpersonal communication". New Orleans, LA. January 2005.

## 2004

- Brisbane Symposium on Emotions in the Workplace. "Affect in Strategic Management: Debunking the Myth of Cold Rationality". Brisbane, Australia. November 2004.
- 4<sup>th</sup> Annual Conference on Emotions in Organizational Life. "What lies beneath: A deconstruction of Affective Events Theory". Birbeck College, London, UK. June 2004.
- Annual Meeting of the Society for Australian Industrial and Organizational Psychology. "Performance impacts on appraisal and coping with stress in workplace settings: The role of affect and emotional intelligence". Melbourne, Australia. June 2004.

## 2003

- Society of Australian Social Psychology. "An integrative deconstruction of the social cognitive mechanisms underlying emotional intelligence". Sydney, Australia. April 2003.

## 10. National and International Community Engagement and Outreach

- Lehigh Medical Centre, USA. "Identifying and managing patient distress in conversations about chronic pain and opioid tapering". February 2022.
- Royal Prince Alfred Hospital Pain Day Workshop – Virtual. "Engaging patients in conversations about opioid tapering and non-pharmacological pain management". 13th December, 2021.
- Discipline of Physiotherapy team retreat, The University of Sydney. "Understanding and overcoming the challenges of interpersonal communication". February 11, 2021.
- Anaesthetic Department Symposium, Royal North Shore Hospital. "I knew better: What went wrong?" February 20<sup>th</sup>, 2021.
- Society of Hospital Pharmacists of Australia. "Communicating with patients about opioid tapering". March 11<sup>th</sup> 2021.
- Australian and New Zealand College of Anaesthetists, Opioid Stewardship Working Party Seminar: Best Practice, Best Outcomes. "Communicating with Patients about Pain and Pain Management". May 22, 2021
- Australian Psychological Society College of Health Psychologists. Continuing Professional Development event. "Psychological and social aspects of pain management". October 20th 2021.
- Australia and New Zealand College of Oral and Maxillofacial Surgery. "The social psychology of maxillofacial surgery". July 29th 2021.
- Mend Health USA. Panel Discussion. "Social aspects of chronic pain and pain management". September 28th 2021.
- Stanford University Hospital USA. "Identifying and managing patient distress in conversations about chronic pain and opioid tapering". June 2021.
- Kaiser Permanente. "Identifying and managing patient distress in conversations about chronic pain and opioid tapering". July 2021.

- *Australian and New Zealand Association of Oral and Maxillofacial Surgery, Victorian Branch*. “Changing faces, changing lives? Rethinking the impact of orthognathic surgery on the social and emotional wellbeing of patients.” June 2, 2020.
- *Palliative Care Rounds, Concord Hospital*. “Opioid tapering conversations are not always easy: Understanding and managing patient distress in response to opioid tapering advice”. Sydney. April 2, 2020.
- *Department of Anaesthetics, Royal North Shore Hospital*, “It takes two to raise an anaesthetist: The art of giving and receiving feedback”. Sydney. February 21, 2020.
- *Palliative Care Rounds, Hammond Care Greenwich Hospital*. “Opioid tapering conversations are not always easy: Understanding and managing patient distress in response to opioid tapering advice”., Sydney. January 22, 2020.
- *Australian Society for Medical Research: Early Career Day*. “Managing stress and anxiety in medicine and academic”. The University of Sydney. September 18, 2019.

## 11. Media engagement

- *Healing Pain Podcast, USA*. “Social Aspects of Pain”. Hosted by Joe Tatta PT. July 2019. <https://www.integrativepainscienceinstitute.com/?s=Claire+Ashton-james>
- Ashton-James CE, Glare P. From opioid crisis to chronic pain epidemic. *Sydney Morning Herald*. November 16, 2019. <https://www.smh.com.au/national/from-opioid-crisis-to-chronic-pain-epidemic-20191003-p52xe9.html>
- [https://www.theguardian.com/australia-news/2020/feb/16/life-after-opioids-we-have-not-served-our-patients-well?CMP=share\\_btn\\_link](https://www.theguardian.com/australia-news/2020/feb/16/life-after-opioids-we-have-not-served-our-patients-well?CMP=share_btn_link)
- *Australian Pain Society Newsletter*. “No longer an afterthought: IASP supports the formation of a Special Interest Group for Social Aspects of Pain”
- *ABC Radio National* – Radio National interview with Norman Swann, “Dental pain and dentist characteristics”. <https://www.abc.net.au/radionational/programs/archived/rnafternoons/easing-the-pain-of-a-trip-to-the-dentist/7245240>
- *Australian Medical Observer*: “Doctor-patient communication in pain management”. April 2018.
- *In Motion Magazine*. “Implicit biases in pain assessment”. March 2018.
- *ABC Radio National* – Radio Interview for All in the Mind: “Clinician trustworthiness and placebo effects”. <https://www.abc.net.au/radionational/programs/allinthemind/placebo-power/9613346>
- *In Motion Magazine*. “Appearances matter: “Patient perceptions of clinician attributes are associated with treatment expectations”. March 2017.
- *Pain Pals*. “Patient-clinician communication and pain management”. July 2015.

## 12. Educational Innovation and Leadership

### International

- Co-designed (with patients, students, academics, and clinicians) communication skills assessment for physiotherapy students across Canada (2023, pilot tested at *McGill University*, Canada in 2024).
- Designed empathic communication skills training for physiotherapy students at *McGill University*, Canada (2024) and *Drexel University*, USA (2022).
- Faculty member for the *European Pain Federation* Pain School 2020-present.
- Development of communication skills training manual and educational materials (video-recorded lectures) for EPIC, Stanford Hospital.

### National

- Development of Continuing Professional Development workshop series for Sydney Health Executive Education (SHEED), “Managing patient emotions”.
- Chair and Academic Lead for the Student Mental Wellbeing Strategy (PVC Student Life) Evaluation and Measurement Working Group (Oct 2021-February 2024).

- Led the investigation of current wellbeing measures in circulation at the University of Sydney, identified issues related to the reliability and feasibility of these measures, and co-designed a new SMS Wellbeing Check to capture whole-of-university student wellbeing (70,000+ students) across multiple time points.
- Pilot testing revealed that students were *3 times more likely* to respond to the SMS Wellbeing Check than a survey emailed to the whole student cohort.
- In response to the SMS Wellbeing Check, 17 students were identified as having a mental health crisis and Wellbeing Services were able to intervene to prevent harms and provide them with the support they needed.
- Academic Director Student Life, Faculty of Medicine and Health (Jan2021-Dec 2022)
  - Co-developed and implemented an “accidental counsellor” program for students in the Faculty of Medicine and Health, to prepare students to identify and respond to mental health crises in their peers.
  - Co-designed assessments of competency for students undergoing mental health first aid training in Pharmacy and Medicine
- Doctorate of Physiotherapy program, University of Sydney: Introduced evidence-based empathic communication skills training into the curriculum (2024).
- Bachelor of Pharmacy curriculum, University of Sydney: Introduced evidence-based empathic communication skills training into the new curriculum (2023).

### 13. Current teaching (University of Sydney)

#### **Undergraduate**

- *Bachelor of Psychology*
  - Honours research supervisor
- *Bachelor of Pharmacy*
  - Honours research supervisor
  - Musculoskeletal, Dermatological, and Senses. *Talking with patients about pain and opioid tapering*
  - Foundations of Pharmacy Practice 1. *The little-known benefits of empathy for patients and clinicians*
  - Mental Health First Aid training: Facilitator/tutor for practical sessions

#### **Post-graduate**

- *Master of Medicine, Pain Management*
  - Current controversies in pain management (Unit coordinator and instructor)
  - Psychological contributors to pain (Unit coordinator and instructor)
  - Psychological approaches to pain management (Unit coordinator and instructor)
  - Acute Pain (Unit coordinator)
  - Pain in Childhood (Unit Coordinator and instructor)
- *Doctorate of Medicine*
  - Peer and Professional Development (sessions on managing emotions, and conflict management)
  - MD Research supervision
    - Robson L. 2019. “The prevalence of burnout in pain clinicians”.
    - Burman I. 2019. “The relationship between patient depression and perceptions of clinician trustworthiness”.
    - Rudd N. 2019. “The relationship between patients’ perceptions of clinician affect and clinicians’ self-reported affect in the context of chronic pain management
    - Potter F. 2019. “Do older patients with chronic pain perceive their clinicians as more trustworthy than younger patients?”

- Sudo P. 2019. "The relationship between clinician job satisfaction and patients' expectations of treatment outcomes for chronic pain".
- Tang J. 2019. "Do perceptions of clinician trustworthiness vary by discipline? Comparing the perceived trustworthiness of physiotherapists, psychologists, nurses, and physicians".
- *Doctorate of Physiotherapy*
  - Foundations of Physiotherapy Practice 1 (sessions on communication and culture).
- *Doctorate of Dental Medicine*
  - Thesis supervision
    - Sekhon J. 2022. "A systematic review of predictors and outcomes of professional burnout in dentistry".
    - Talani S. 2022. "Evaluating evidence for the relationship between dentist communication skills and patient outcomes: A systematic review".
    - Kullar S. 2021. "Are their differences in the day-to-day wellbeing experienced by patients before versus after orthognathic surgery?"
    - Pham M. 2021. "Patients' pre-surgery expectations of and motivations for orthognathic surgery".
    - Ahn H. 2021. "Comparing the self-concept and social wellbeing of orthognathic patients and matched controls prior to surgery".
    - Shivji A. 2019. "The impact of orthognathic surgery on perceptions of patient trustworthiness".
    - Lo, K. 2019. "Protocol for an examination of the impact of orthognathic surgery on patients' social wellbeing".

## **PhD supervision**

### ***Lead supervisor***

- Michael Magee (2020-2024). "Co-design of a digital intervention to support opioid tapering in patients with chronic pain".
- Alison Sim (2021-2024). "Development and evaluation of an intervention to mitigate distress in injured workers."
- Angus Gilmore (2021-2024). "Understanding and measuring tertiary student wellbeing."
- Amy McNeillage (2023-2026). "Understanding and preventing harms associated with gabapentinoids in Australia."
- Atieh Sadr (2020-2027). "Nonpharmacological strategies to optimise pain management during and after endodontic procedures."
- Martine O'Neill (2025-2028). "Understanding pain-related suffering as a concept and a predictor of chronic pain after injury or surgery."

### ***Associate supervisor***

- Sonia Coates (2020-2025). "Factors contributing to trust in physiotherapist-patient interactions."
- Jim Zouch (2023-2026). "The impact of system-level changes on opioid prescribing for low back pain."
- Emma Ho (2019-2022). "Evaluating the effectiveness of psychological treatments for chronic pain."
- Dianne Wilson (2017-2021). "Group effects on patient outcomes in group therapy for chronic pain."

## **Continuing Education**

- PainRefresh Workshop (Annual)
  - Managing emotionally challenging patient encounters
  - The sociality of pain
- Clinical Skills Workshops (Bi-Annual)
  - Managing emotionally challenging patient encounters



- Microcredential short course (Bi-Annual)
  - Managing emotions in clinical encounters: improving patient and preventing clinician burnout

## 14. Previous teaching

### *Undergraduate*

- Communication (Free University Amsterdam)
- Motivation and Emotion (Free University Amsterdam, University of Groningen)
- Social Psychology (University College London, University of Groningen, University of British Columbia)
- Social Cognition (University of Groningen, University of British Columbia)
- Health Psychology (University of British Columbia)
- Introduction to Psychology (University of British Columbia)
- Organizational behaviour (Duke University)
- Consumer behaviour (Duke University)

### **Master of Research (thesis supervision)**

- Alkahlili A. 2015. Perceptions of leader humility and employee performance. Free University Amsterdam.
- Huntelaar J. 2015. How surgeon attractiveness relates to the pain experienced by male and female wisdom tooth patients. Free University Amsterdam.
- Vonk L. 2015. Do patient personality characteristics predict perceptions of surgeon trustworthiness? Free University Amsterdam.
- Burema V. 2015. Expectations and experience of pain during wisdom tooth removal surgery. Free University Amsterdam.
- Verstappen E. 2015. Perceptions of surgeon trustworthiness: The role of warmth and competence. Free University Amsterdam.
- Rijnsdorp R. 2014. Moderators of the relationship between teleworking and performance. University of Amsterdam.
- Arthur A. 2014. Poor work-life balance and subjective well-being: The moderating role of need for achievement and income. University of Amsterdam.
- Pennekamp I. 2014. Job demands and burnout: The moderating role of ethical leadership. University of Amsterdam.
- van Zunderd, N. 2014. Can HR practices influence organizational well-being? University of Amsterdam.
- Geissen A. 2013. The impact of prayer on prejudice. Free University Amsterdam.
- Dors C. 2013. Disgust-proneness and volunteering behaviour. Free University Amsterdam.
- Mondeel L. 2012. Does brand exposure influence organizational behaviour? Free University Amsterdam.
- Verwoerd L. 2011. The dark triad of personality and behavioural mimicry. University of Groningen.
- Walen R. 2011. An examination of the relationship between gender, emotional intelligence, and social anxiety. University of Groningen.
- Tsoumani O. 2010. The impact of emotional displays and relationship quality on behavioural mimicry. University of Groningen.
- Volkers M. 2011. The impact of concealment on behavioural mimicry. University of Groningen.
- Stoop T. 2010. Sexuality priming increases behavioural mimicry of opposite but not same sex interaction partners. University of Groningen.