

Current Positions

Principal Research Fellow & Associate Professor, Brain and Mind Centre, Faculty of Medicine and Health,
The University of Sydney, NSW Australia

Associate Professor & Discipline Leader, Young Adult Mental Health, St Vincent's Hospital School of Medicine
Sydney, The University of Notre Dame

Consultant Psychiatrist, Mind Plasticity, Surry Hills NSW

Contact Details

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Academic & Professional Qualifications

2018: University of Notre Dame Australia
DMedSc - Doctor of Medical Science

1995: Fellowship of RANZCP

1986 -1993: Australian Medical Council
- AMEC Part 1, 1989
- AMEC Part 2, (Credit Obstetrics and Gynaecology) 1989

Solicitors and Barristers Admission Board

- Preliminary Law (Distinction), 1989
- Law of Torts (Distinction), Contract Law (Merit), 1990
- Criminal Law (Distinction), Real Property (Distinction), 1991
- Constitutional Law (Merit), 1992
- Equity (Merit), 1993

1980 -1986: Middlesex/University College Hospital Medical School
- Pre-Clinical (Distinction Anatomy)
- BSc Immunology/Neuroscience (Honours), 1983 (Thesis, Learning and Motivation)
- MBBS, 1986 (Honours Viva, Distinction Pathology, Honours Viva, Distinction
- Obstetrics and Gynaecology, Distinction Medicine)

Career Details

POSITIONS HELD – MEDICAL

- 2020-:** Principal Research Fellow & Associate Professor, Brain and Mind Centre, Faculty of Medicine and Health, The University of Sydney, NSW Australia
- 2017-:** Consultant Psychiatrist, Mind Plasticity, Surry Hills, NSW Australia
- 2012-:** Associate Professor, Discipline Leader, Young Adult Mental Health, St Vincent's Hospital, School of Medicine, The University of Notre Dame Sydney
- 2011-2021:** Director Young Adult Mental Health Unit, St Vincent's Hospital Darlinghurst
- 2009 -2012:** Director Clinical Services, Headspace Central Sydney
- 2007 -2010:** Director Clinical Services, Headspace Campbelltown
- 2004 -:** Lecturer, School of Medical Sciences, The University of Sydney
- 2004 -2010:** Director of The Clinical Centre at The Brian & Mind Research Institute, The University of Sydney
- 1997 -1998:** Head of Department, Consultation-Liaison Psychiatry, St George Hospital and Community Health Services, New South Wales, Australia
- 1996 -2004:** Private Practitioner, General Psychiatry, Southview Clinic, St George Private Hospital and Medical Complex, New South Wales, Australia
- 1996 -2000:** Conjoint Lecturer, School of Psychiatry, University of New South Wales
- 1996 -2000:** Staff Specialist, Consultation-Liaison Psychiatry, St George Hospital and Community Health Services, New South Wales, Australia
- Visiting Medical Officer, Liaison Psychiatry, Prince of Wales Hospital, New South Wales, Australia
- Consultant, Mood Disorders Unit, Prince Henry Hospital, New South Wales, Australia
- 1995 -1996:** Research Fellow, New South Wales Institute of Psychiatry and Academic Department of Psychogeriatrics, Prince Henry Hospital, New South Wales, Australia
- 1994 -1995:** Senior Registrar in Psychiatry, Prince Henry Hospital, New South Wales, Australia
- 1990 -1994:** Registrar in Psychiatry, Prince Henry and Prince of Wales Hospitals, New South Wales, Australia
- Senior House Officer, Cardiothoracic Unit, Middlesex and University College Hospitals, United Kingdom
- 1987 -1988:** Senior House Officer, Geriatric Medicine, Middlesex and University College Hospitals, United Kingdom

Kingdom

House Surgeon, General Surgery/E.N.T., Middlesex and University College Hospitals United Kingdom

1986-1987: House Physician, General Medicine and Gastroenterology, Northwick Park Hospital and Clinical Research Centre, United Kingdom

OTHER RESPONSIBILITIES

2012 -: National Coordinator, Servier Study CL3-20098-060

2009 -: Program Supervisor, ATAPS Central Sydney Program

2004 -: Medical Student Teaching, The University of Sydney

2003 -: Principal Investigator Program Grant

2002 -2004: Advisor to Beyond Blue

1998 -: Co-ordinator of General Practitioner Training Program, 'SPHERE: A National Depression Project'

1998 -: AMC Senior Examiner in the Discipline of Psychiatry

1997 -1998: Sixth Year Medical Student Teaching, St George Hospital and Community Health Services, New South Wales, Australia

1995 -1997: Invited Lecturer, Masters of Psychological Medicine, University of New South Wales, Australia

1995 -1998: Invited Lecturer, Human Behaviour Course, University of New South Wales, Australia

1994 -1996: Lecturer in Psychiatry: AMEC preparation course, Sydney, Australia

1994 -1996: Co-ordinator, Psychiatry Registrar Training, South Eastern Sydney Area Health Service, New South Wales, Australia

1992 -1998: Fifth Year Medical Student Teaching, University of New South Wales, Australia

Prizes, Fellowships & Awards

2020: SMHR Team Awards for Impactful Mental Health Research – Health Services Research. Society for Mental Health Research.
Team lead: A/Professor Elizabeth Scott

1999: THEMHS: Gold Award Winner – Individual or team award for an outstanding contribution to theory, education or practice. THEMHS Conference, Melbourne, September 1999.

- 1996:** Royal Australian and New Zealand College of Psychiatrists Madison Medallion for achievement in examinations for FRANZCP
- 1995:** Research Fellowship, New South Wales Institute of Psychiatry
- 1994:** Grant-In-Aid, Royal Australian and New Zealand College of Psychiatrists
- 1992:** Junior Researcher Travel Award, The Australian Society for Psychiatric Research
- 1992:** Tow Prize for Clinical Research, Coast Medical Association

Professional Memberships of Organisations/Committees

- 2022 -:** Medical Advisor, Drop Bio Scientific and Medical Advisory Board
- 2018 -:** Medibank Private Medical Reference Group
- 2016-:** Steering Committee for Centre of Family Based Mental Health Care, St Vincent's Hospital
- 2010 -:** Member of National Eating Disorders Collaboration (NEDC) Steering committee
- 2010 -:** Member of Pristiq Advisory Board
- 1998:** Consultant to Lifeblood, Mental Health Education Program
- 1997 -:** Member of New South Wales Centre for Mental Health, Stakeholders in Consultation-Liaison Psychiatry
- 1997 -:** South Eastern Sydney Area Health Service Consultation-Liaison Psychiatry, Working Group
- 1996:** Member of New South Wales Department of Health, Centre for Mental Health Archives of Psychiatry Records, Working Group
- 1996 -:** Member of New South Wales Department of Health, Centre for Mental Health Emergency Department
- 1996:** Royal Australian and New Zealand College of Psychiatrists, Liaison Interest Group
- 1996:** Quality Assurance Committee, St George Hospital and Community Health Services, Division of Mental Health Services
- 1995:** Committee for Registrar Training, Prince of Wales/Prince Henry Hospitals, Division of Psychiatry
- 1995:** Fellow of Royal Australian and New Zealand College of Psychiatrists

Research Grants

- 2023-2028:** Hickie, I.B, Iorfino, F, **Scott EM**, Prodan A, Occhipinti J, McKenna S, Hamilton B, Crouse J. (2023 - 2028). Using AI to personalise treatment decisions in youth mental health services. \$2,928,408 (Grant ID: 217700)
- 2023-2028:** Hickie I.B, Wray N, Trau M, Gachon F, **Scott EM**, Crouse J, Occhipinti JA (2023-2028) Rhythms and blues: Personalising care for body clock dysfunction in mood disorders. NHMRC Synergy Grants \$5,000,000 over 5years (APP ID: 2019260).
- 2019-2025:** Hickie, IB, McGorry, Leweke, M, Guastella, Scott, J, **Scott, EM**, Mihalopoulos, C, Cripps S, Iorfino, F, Rohleder, C. (2020-2025). A large-scale clinical effectiveness (health services) trial to determine whether personalised health care packages, combined with digitally-supported measurement-based care, improve functional outcomes in young people with mood disorders - \$3,434,588.00 (APP ID: 2001568)
- 2019-2025:** Youth Mental Health Research at The University of Sydney's Brain and Mind Centre. *Philanthropic family donations, who chose to remain anonymous*. \$3M (**Scott EM**)
- 2019-2024:** Hickie I, McGorry P, Robinson J, Chanen A, Page A, Atkinson J, **Scott EM**, Judkins S, Buus N. *Reducing suicidal thoughts and behaviours in young people presenting for health care*. Centre for Research Excellence (NHMRC), \$2.5M over 5 years (Grant ID: 1171910).
- 2019-2021:** Hickie I, Grunstein R (Woolcock Institute), Carpenter J, Leweke MF, Naismith S, **Scott E**, Rohleder C, Wilson C, Zmicerevska N, Nichles A, Garland A, Hamilton B, Evans C. *Effects of adjunctive brexpiprazole on sleep-wake and circadian parameters in youth with depressive syndromes an open-label, mechanistic study*. \$284,884 over 3 years (Lundbeck Australia).
- 2019-2021:** Hickie I, Davenport T, Cross S, Atkinson J, Page A, **Scott E**, Hamilton B, Nash L, Lee A, Leweke MF, Burke A. *Best Care, First Time: Can digitally supported care pathways deliver better care for young people with emerging mood or psychotic disorders?* Bupa Health Foundation, \$500,835 over 3 years
- 2013-2018:** Hickie IB, McGorry P, Christensen H, Berk M, Naismith S, Glozier N, Burns J, Guastella A, Davey C, Amminger P., **Scott EM**. *Optimising early interventions for young people with emerging mood disorder*. Centre of Research Excellence Grant, \$2,499,420 over 5 years (Grant ID: 1061043)
- 2011-2013:** Guastella A, Langdon R, **Scott EM**, Ward PB, Naismith SL, Redoblado-Hodge. Examination of the cognitive and biological circuitry-underlying social cognitive training in first episode psychosis. ARC Linkage Project LP110100513. \$294292 over 3 years
- 2010-2012:** Guastella A, **Scott EM**. *Effects of Oxytocin in Schizophrenia*. Project Grant, \$185,966 over 2 years, (Grant ID: 0632624).
- 2009:** Rogers NL, Whitwell B, Hickie IB, Duncan S, **Scott EM**. *Examining sleep-wake behaviours in patients with bipolar disorder practitioners*. Pfizer Australia, \$81,000 - 1 year.
- 2003:** Morgan H, Hickie I, Davenport T, **Scott EM**, Sumich H, Blashki G. *Evaluation of enhanced care training in the treatment of depression by general practitioners*. Effective Healthcare Australia (Seed Grant)

\$10,000 - 1 year.

2001 – 2002: Snars J, Davenport T, **Scott EM**, Morgan M. *Testing a new model of mental disorders in general practice: a naturalistic outcomes study*. 'beyondblue: the national depression initiative' \$40,000 – 2 years.

2000 – 2002: Hickie I, Ward P, Turner K, Naismith S, **Scott EM**, Shnier R. *Delineating the anatomical correlates of neurocognitive and psychomotor dysfunction in depression by BMRI* (Grant ID: 157052) National Health and Medical Research Council Project Grant. \$120,000/year

1998 – 1999: Hickie I, **Scott EM**. *SPHERE: A National Depression Project*. Bristol-Myers Squibb Pharmaceuticals \$30,000 - 1 year

1997: Hickie I, **Scott EM**, Hadzi-Pavlovic D, Ricci C. Implementation of the SPHERE Program in general practice. Bristol-Myers Squibb Pharmaceuticals. \$30,000

1997: **Scott EM**, Hickie I, Ricci C, Lloyd A. *Identification of Post-malignancy treatment fatigue syndromes*. St George Cancer Care Research Fund. \$25,000 – 1 year

1995: Research Fellowship, New South Wales Institute of Psychiatry. \$55,000

1994: *Grant-in-Aid*, Royal Australian and New Zealand College of Psychiatrists, \$1,000 - 1 year.

1991: **Scott EM**, Hickie I. *Autoantibodies in depressive disorders*. Prince Henry Hospital Centenary Grant \$5,000 - 1 year.

1985: The British Nutrition Foundation/Nestle Medical Student Bursary

1985: The International Foundation of Nutrition and Nutrition Education – Research Grant

1985: Medical Research Council (UK) - Research Grant

Publications in Peer-Review Journals

1. M., Borgnolo, L. J., McKenna, S., **Scott, E. M.**, & Iorfino, F. (2024). A Digital Approach for Addressing Suicidal Ideation and Behaviors in Youth Mental Health Services: Observational Study. *Journal of medical Internet research*, 26, e60879. <https://doi.org/10.2196/60879>
2. Gorban, C., McKenna, S., Chong, M. K., Capon, W., Battisti, R., Crowley, A., Whitwell, B., Ottavio, A., **Scott, E. M.**, Hickie, I. B., & Iorfino, F. (2024). Building Mutually Beneficial Collaborations Between Digital Navigators, Mental Health Professionals, and Clients: Naturalistic Observational Case Study. *JMIR mental health*, 11, e58068. <https://doi.org/10.2196/58068>
3. Brogden, J., de Haan, Z., Gorban, C., Hockey, S. J., Hutcheon, A., Iorfino, F., Song, Y. J. C., **Scott, E.**, Hickie, I. B., & McKenna, S. (2024). Enhancing Research Involvement of Young People With Lived Expertise: Reflecting on Experiences in Digital Mental Health Research. *Journal of medical Internet research*, 26, e55441. <https://doi.org/10.2196/55441>

4. McKenna S, Hutcheon A, Gorban C, Song Y, **Scott E**, Hickie I. Youth Perspectives on 'Highly Personalised and Measurement-Based Care': Qualitative Co-Design of Education Materials. *Health Expect*. 2024 Aug;27(4):e14137. doi: 10.1111/hex.14137. PMID: 38976368; PMCID: PMC11229696.
5. Iorfino, F., Varidel, M., Capon, W., Richards, M., Crouse, J. J., LaMonica, H. M., Park, S. H., Piper, S., Song, Y. J. C., Gorban, C., **Scott, E. M.**, & Hickie, I. B. (2024). Quantifying the interrelationships between physical, social, and cognitive-emotional components of mental fitness using digital technology. *Npj mental health research*, 3(1), 36. <https://doi.org/10.1038/s44184-024-00078-7>
6. Scott, J., Iorfino, F., Capon, W., Crouse, J., Nelson, B., Chanen, A. M., Dwyer, D., Conus, P., Bechdolf, A., Ratheesh, A., Raballo, A., Yung, A., Berk, M., McKenna, S., Hockey, S., Hutcheon, A., **Scott, E.**, McGorry, P., Shah, J., & Hickie, I. B. (2024). Staging 2.0: refining transdiagnostic clinical staging frameworks to enhance reliability and utility for youth mental health. *The lancet. Psychiatry*, 11(6), 461–471. [https://doi.org/10.1016/S2215-0366\(24\)00060-9](https://doi.org/10.1016/S2215-0366(24)00060-9)
7. Crouse, J. J., Park, S. H., Hermens, D. F., Lagopoulos, J., Park, M., Shin, M., Carpenter, J. S., **Scott, E. M.**, & Hickie, I. B. (2024). Chronotype and subjective sleep quality predict white matter integrity in young people with emerging mental disorders. *The European journal of neuroscience*, 10.1111/ejn.16351. Advance online publication. <https://doi.org/10.1111/ejn.16351>
8. Varidel, M., Hickie, I. B., Prodan, A., Skinner, A., Marchant, R., Cripps, S., Oliveria, R., Chong, M. K., **Scott, E.**, Scott, J., & Iorfino, F. (2024). Dynamic learning of individual-level suicidal ideation trajectories to enhance mental health care. *Npj mental health research*, 3(1), 26. <https://doi.org/10.1038/s44184-024-00071-0>
9. Hickie, I. B., Cuijpers, P., **Scott, E.**, & Iorfino, F. (2024). Is it time to abandon the concept of treatment-resistant depression? *Research Directions: Depression*, 1, e19. doi:10.1017/dep.2024.2
10. Hickie, I. B., Berk, M., Scott, J., Crouse, J., **Scott, E.**, Wray, N., & Iorfino, F. (2024). What are the best strategies for stratification of clinical cohorts with depression and other mood disorders? *Research Directions: Depression*, 1, e18. doi:10.1017/dep.2024.1
11. Hickie, I. B., Cuijpers, P., **Scott, E.**, Skinner, A., & Iorfino, F. (2024). What is the place of universal, selective, and indicated prevention strategies for depression and other mood disorders? *Research Directions: Depression*, 1, e17. doi:10.1017/dep.2023.29
12. Hickie, I. B., Scott, J., Shah, J., **Scott, E.**, & Iorfino, F. (2024). Is the concept of clinical staging a useful way of matching levels of intervention to the needs of young people with depressive or other mood disorders? *Research Directions: Depression*, 1, e16. doi:10.1017/dep.2023.28.
13. Scott, **E. M.**, Banati, R. B., Brown, D. A., Rohleder, C., Leweke, F. M., & Hickie, I. B. (2024). Is immune activation simply a non-specific marker of depression severity or chronicity or does it indicate an underlying pathophysiological path to depressive or other mood disorders? *Research Directions: Depression*, 1, e15. doi:10.1017/dep.2023.27
14. Hickie, I. B., Fitzgerald, P. B., & **Scott, E.** (2024). Will new brain stimulation techniques precipitate a new wave of therapies? *Research Directions: Depression*, 1, e10. doi:10.1017/dep.2023.23
15. **Scott, E. M.**, Hickie, I. B., Crouse, J. J., & Shin, M. (2024). What is the true nature of the relationship between metabolic disturbance, specifically of glucose and insulin metabolism, and depressive and other mood disorders? *Research Directions: Depression*, 1, e2. doi:10.1017/dep.2023.15
16. **Hickie, I. B.**, Ospina-Pinillos, L., **Scott, E. M.**, Merikangas, K. R., Iorfino, F., & Crouse, J. J. (2024). What are the

likely impacts of climate change on rates of depression and other mood disorders? What actions can be taken by individuals, communities or nations to reduce those impacts? *Research Directions: Depression*, 1, e3. doi:10.1017/dep.2023.25

17. **Hickie, I. B., Scott, J., Merikangas, K. R., & Scott, E. M.** (2024). Are depressive and other mood disorders best conceptualized as disorders of energy, and related motor activity, rather than mood? *Research Directions: Depression*, 1, e4. doi:10.1017/dep.2023.20
18. Thornton, N. L. R., Black, W., Bogner, A., Dagge, D., Gitau, T., Hua, B., Joks, G., King, J., Lord, A., **Scott, E. M.**, Callander, J. S., Ting, S., & Liu, D. (2023). Establishing an esketamine clinic in Australia: Practical recommendations and clinical guidance from an expert panel. *Asia-Pacific psychiatry : official journal of the Pacific Rim College of Psychiatrists*, 15(4), e12550. <https://doi.org/10.1111/appy.12550>
19. Skinner, A., Occhipinti, J. A., Song, Y. J. C., **Scott, E. M.**, & Hickie, I. B. (2023). Dynamic modelling of the impact of community-based acute mental health services for children and adolescents. *The Australian and New Zealand journal of psychiatry*, 48674231195555. Advance online publication. <https://doi.org/10.1177/00048674231195555>
20. Iorfino, F., McHugh, C., Richards, M., Skinner, A., Prodan, A., Occhipinti, J. A., Song, Y. J. C., Chiu, S., Judkins, S., **Scott, E.**, & Hickie, I. B. (2023). Patterns of emergency department presentations for a youth mental health cohort: data-linkage cohort study. *BJPsych open*, 9(5), e170. <https://doi.org/10.1192/bjo.2023.521>
21. McKenna, S., Piper, S., Capon, W., Crowley, A., Lira, L., LaMonica, H. M., Chong, M. K., **Scott, E.**, Hickie, I., & Iorfino, F. (2023). The Polarization of Clinician and Service Staff Perspectives After the Use of Health Information Technology in Youth Mental Health Services: Implementation and Evaluation Study. *JMIR human factors*, 10, e42993. <https://doi.org/10.2196/42993>
22. Chong, M. K., Hickie, I. B., Cross, S. P., McKenna, S., Varidel, M., Capon, W., Davenport, T. A., LaMonica, H. M., Sawrikar, V., Guastella, A., Naismith, S. L., **Scott, E. M.**, & Iorfino, F. (2023). Digital Application of Clinical Staging to Support Stratification in Youth Mental Health Services: Validity and Reliability Study. *JMIR formative research*, 7, e45161. <https://doi.org/10.2196/45161>
23. Hickie, I. B., Iorfino, F., Rohleder, C., Song, Y. J. C., Nichles, A., Zmicerevska, N., Capon, W., Guastella, A. J., Leweke, F. M., Scott, J., McGorry, P., Mihalopoulos, C., Killackey, E., Chong, M. K., McKenna, S., Aji, M., Gorban, C., Crouse, J. J., Koethe, D., Battisti, R., ... **Scott, E. M.** (2023). EMPOWERED trial: protocol for a randomised control trial of digitally supported, highly personalised and measurement-based care to improve functional outcomes in young people with mood disorders. *BMJ open*, 13(10), e072082. <https://doi.org/10.1136/bmjopen-2023-072082>
24. Wilson, C. E., Carpenter, J. S., Crouse, J. J., Park, S., Koethe, D., **Scott, E. M.**, & Hickie, I. B. (2023). Cross-sectional and longitudinal associations between cardiometabolic measures and clinical stage in young people accessing early intervention mental health services. *Early intervention in psychiatry*, 10.1111/eip.13381. Advance online publication. <https://doi.org/10.1111/eip.13381>.
25. Capon W, Hickie IB, Fetanat M, Varidel M, LaMonica HM, Prodan A, Piper S, Davenport TA, Mughal S, Shah JL, **Scott EM**, Iorfino F. A multidimensional approach for differentiating the clinical needs of young people presenting for primary mental health care. *Compr Psychiatry*. 2023 Jul 22;126:152404. doi: 10.1016/j.comppsy.2023.152404.
26. Lee GY, McKenna S, Song YJC, Hutcheon A, Hockey SJ, Laidler R, Occhipinti JA, Perry C, Lindsay-Smith T, Ramsay A, Choi S, Feirer D, Shim AW, Cottle J, Mukherjee A, New J, Yu R, **Scott EM**, Freebairn L, Hickie IB. (2023) Strengthening mental health research outcomes through genuine partnerships with young people

with lived or living experience: A pilot evaluation study. *Health Expect.* 2023 Aug;26(4):1703-1715. doi: 10.1111/hex.13777. Epub 2023 May 17

27. Wong TR, Hickie IB, Carpenter JS, **Scott EM**, Guastella AJ, Vidafar P, Scott J, Hermens DF, Crouse JJ. Dynamic modelling of chronotype and hypo/manic and depressive symptoms in young people with emerging mental disorders. *Chronobiol Int.* 2023 May 3:1-11. doi: 10.1080/07420528.2023.2203241. Epub ahead of print.
28. McHugh CM, Iorfino F, Zmicerevska N, Song YJC, Skinner A, **Scott EM**, Hickie IB. Premature mortality in young people accessing early intervention youth mental healthcare: data-linkage cohort study. *BJPsych Open.* 2023 Apr 24;9(3):e76. doi: 10.1192/bjo.2023.43.
29. Capon W, Hickie IB, McKenna S, Varidel M, Richards M, LaMonica HM, Rock D, **Scott EM**, Iorfino F. Characterising variability in youth mental health service populations: A detailed and scalable approach using digital technology. *Australas Psychiatry.* 2023 Jun;31(3):295-301. doi: 10.1177/10398562231167681. Epub 2023 Apr 10
30. McHugh CM, Ho N, Iorfino F, Crouse JJ, Nichles A, Zmicerevska N, **Scott E**, Glozier N, Hickie IB. Predictive modelling of deliberate self-harm and suicide attempts in young people accessing primary care: a machine learning analysis of a longitudinal study. *Soc Psychiatry Psychiatr Epidemiol.* 2023 Jun;58(6):893-905. doi: 10.1007/s00127-022-02415-7. Epub 2023 Feb 28.
31. Wilson C, Carpenter JS, Nichles A, Zmicerevska N, Song YJC, McHugh C, Hamilton B, Hockey S, Crouse J, Koethe D, **Scott EM**, Hickie IB. Double-blind, randomised placebo-controlled clinical trial of metformin as an adjunct to a sleep-wake, activity and metabolically focused behavioural intervention to improve cardiometabolic outcomes and mood symptoms in youth with major mood syndromes: study protocol. *BMJ Open.* 2023 Feb 21;13(2):e064682. doi: 10.1136/bmjopen-2022-064682.
32. Hickie, I. B., Merikangas, K. R., Carpenter, J. S., Iorfino, F., **Scott, E. M.**, Scott, J., & Crouse, J. J. (2023). Does circadian dysrhythmia drive the switch into high- or low-activation states in bipolar I disorder?. *Bipolar disorders*, 25(3), 191–199. <https://doi.org/10.1111/bdi.13304>
33. Carpenter, J. S., Zmicerevska, N., Crouse, J. J., Nichles, A., Garland, A., Song, Y. J. C., Wilson, C., Rohleder, C., McHugh, C., Leweke, F. M., Koethe, D., **Scott, E. M.**, & Hickie, I. B. (2022). Effects of adjunctive brexpiprazole on sleep-wake and circadian parameters in youth with depressive disorders: study protocol for a clinical trial. *BMJ open*, 12(9), e056298. <https://doi.org/10.1136/bmjopen-2021-056298>.
34. Capon, W., Hickie, I. B., Varidel, M., Prodan, A., Crouse, J. J., Carpenter, J. S., Cross, S. P., Nichles, A., Zmicerevska, N., Guastella, A. J., **Scott, E. M.**, Scott, J., Shah, J., & Iorfino, F. (2022). Clinical staging and the differential risks for clinical and functional outcomes in young people presenting for youth mental health care. *BMC medicine*, 20(1), 479. <https://doi.org/10.1186/s12916-022-02666-w>.
35. LaMonica, H. M., Iorfino, F., Lee, G. Y., Piper, S., Occhipinti, J. A., Davenport, T. A., Cross, S., Milton, A., Ospina-Pinillos, L., Whittle, L., Rowe, S. C., Dowling, M., Stewart, E., Ottavio, A., Hockey, S., Cheng, V., Burns, J., **Scott, E. M.**, & Hickie, I. B. (2022). Informing the Future of Integrated Digital and Clinical Mental Health Care: Synthesis of the Outcomes From Project Synergy. *JMIR mental health*, 9(3), e33060. <https://doi.org/10.2196/33060>.
36. Wilson, C., Carpenter, J., Park, S., McHugh, C., **Scott, E. M.**, & Hickie, I. B. (2022). Metabolic and clinical profiles of young people with mood or psychotic disorders who are prescribed metformin in an inpatient setting. *Australasian psychiatry : bulletin of Royal Australian and New Zealand College of Psychiatrists*, 1039856222115607. Advance online publication.
37. Tickell, A. M., Rohleder, C., Ho, N., McHugh, C., Jones, G., Song, Y., Hickie, I. B., & **Scott, E. M.** (2022).

Identifying pathways to early-onset metabolic dysfunction, insulin resistance and inflammation in young adult inpatients with emerging affective and major mood disorders. *Early intervention in psychiatry*, 16(10), 1121–1129. <https://doi.org/10.1111/eip.13260>.

38. Burton, A. L., Hamilton, B., Iorfino, F., La Monica, H. M., **Scott, E. M.**, & Hickie, I. B. (2022). Examining the prevalence of disordered eating in a cohort of young Australians presenting for mental health care at a headspace centre: results from a cross-sectional clinical survey study. *BMJ open*, 12(8), e061734. <https://doi.org/10.1136/bmjopen-2022-061734>.
39. **Scott, E. M.**, Hickie, I. B., & Lagopoulos, J. (2022). Sex differences in fronto-limbic white matter tracts in youth with mood disorders. *Psychiatry and clinical neurosciences*, 10.1111/pcn.13440. Advance online publication. <https://doi.org/10.1111/pcn.13440>.
40. Iorfino, F., Carpenter, J. S., Cross, S. P., Crouse, J., Davenport, T. A., Hermens, D. F., ... & **Scott, E.M** (2022). Social and occupational outcomes for young people who attend early intervention mental health services: a longitudinal study. *Medical Journal of Australia*.
41. McHugh, C., Song, Y., Zmicerevska, N., Crouse, J., Nichles, A., Wilson, C., Ho, N., Iorfino, F., Skinner, A., **Scott, E. M.**, & Hickie, I. B. (2022). Premature mortality in early-intervention mental health services: a data linkage study protocol to examine mortality and morbidity outcomes in a cohort of help-seeking young people. *BMJ open*, 12(2), e054264. <https://doi.org/10.1136/bmjopen-2021-054264>.
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