

## Professor Parisa Aslani

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Professor Parisa Aslani, PhD, BPharm(Hons), MSc, G Cert Ed Stud (Higher Ed), is the Professor in Medicines Use Optimisation at the Faculty of Pharmacy, The University of Sydney.

Parisa Aslani holds a BPharm(Hons) (1990) from Kings College (University of London); MSc (in Pharmaceutics; 1995), PhD (in Pharmacy Practice; 2000) and Grad Cert Ed Stud (Higher Ed) (2001) from the University of Sydney. She was appointed as Lecturer in the Faculty of Pharmacy, University of Sydney and promoted to Senior Lecturer in 2005, Associate Professor in 2010, and Professor in 2017. During her employment she has held a significant leadership role as Associate Dean Learning and Teaching (2002-2004). She has worked as a community pharmacist in the UK and Australia.

Parisa has been a researcher and educator in the field of consumer medicine information and adherence for the past 20 years. She has received the University of Sydney's prestigious Thompson Equity Fellowship (2013), which recognizes research excellence and aims to promote and enhance the career of academic women. She was awarded the Royal Pharmaceutical Society (UK) Pharmacy Research UK Award 2013, in recognition of a significant contribution to the field of pharmacy research.

Parisa has a career total research funding of over \$3,500,000; this includes a competitive tender (>\$1 million, 2008) in the area of Consumer Medicine Information (CMI) from the Commonwealth Department of Health and Ageing managed through the Pharmacy Guild of Australia; and a recent (2017-2019) NHMRC grant on Question Prompt Lists for parents and carers of children with ADHD. She has over 110 research articles in peer-reviewed journals; 3 books and 1 book chapter; and over 170 presentations at international conferences.

***Contribution to field of research:*** First assessment and documentation of a) factors influencing the use of written medicine information by consumers; b) Consumer Medicine Information (CMI) use by consumers and NSW community pharmacists; c) Consumer, pharmacist and general practitioner opinions of CMI; Development of the first Australian training program to foster CMI use in community pharmacies; First one page, understandable CMI for a prescription and over-the-counter medicine that follows legislative requirements and is useable by consumers and community pharmacists. Development and pilot testing of the first ADHD Question Prompt List (focus of the current grant proposal). Prof Aslani has developed and evaluated a community pharmacy based therapeutics outcome monitoring service to promote adherence to lipid lowering medicines. This led to the award of a competitive tender in 2009 (≈\$85,000: Heart Foundation) to develop an educational program on promoting patient adherence to cardiovascular medicines for healthcare professionals to be delivered nationally by the Heart Foundation.

***Professional involvement:*** Parisa is the President of the Health and Medicines Information Section of The International Federation of Pharmacists (since 2012), peak international organisation that represents pharmacists in all areas of pharmacy; and immediate past-President of the Australasian

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Pharmaceutical Science Association (2012-2016), peak national organisation representing researchers in the broad fields of Pharmacy Practice, Pharmaceutical Sciences and Pharmacy Education. The latter stream was introduced by Prof Aslani to promote scholarship and research in Pharmacy Education nationally.

***International standing and collaboration:*** Parisa's research has been presented widely by herself and her higher degree students in over 170 presentations at international and national conferences. She has been keynote speaker at FIP, the International Social Pharmacy Workshop (premier research conference in her field), and the Australian Disease Management Association Conference. She is well known nationally and internationally in her research areas of: Consumer Medicine Information and Adherence to Therapy. She has collaborated with researchers in Wisconsin, Leeds, Helsinki, and Denmark; in Queensland, Macquarie and Curtin Universities; and within the University of Sydney.

***Supervision and mentoring:*** Currently, she is the primary supervisor of 4 PhD and 4 MPharm students, and associate supervisor of three PhD students. Her student completions are: 14 PhD (8 primary, 6 co-supervised including one from University of Helsinki), 12 MPharm (10 visiting), two MPhil (Research, 1 co-supervised), and 22 Honours students. Prof Aslani has also been mentoring three early career academics in the Faculty of Pharmacy.

***Peer review involvement:*** Prof Aslani is Associate Editor of Research in Social and Administrative Pharmacy journal, the premier journal in her field; and Associate Editor of Health Expectations. She is on the editorial board of the International Journal of Clinical Pharmacy and was a guest co-editor for a 2014 issue on Adherence. She is a scholarly reviewer for 44 international peer-reviewed journals. She has been reviewer for the Pharmaceutical Society of Australia to update the Australian Pharmaceutical Formulary (2011, 2013, 2014), National Consumer Medicine Information Guidelines (2006) and develop the Patient Medication Profile Service Guidelines and Standards (2007). She has also reviewed a number of Masters and PhD theses (including international).

***Teaching:*** Professor Aslani has developed and coordinated 7 units of study (UOS) in the BPharm degree, ranging from Communications, Pharmacy Practice, to Clinical Practice, Integrated Dispensing Practice, Research Methods, Honours, International Honours, and Industrial Honours. Parisa has taught in the BPharm, BPharm(Rural) MPharm, MPharm(Clinical); Bachelor and Master of Nursing degrees.

Parisa was awarded the University of Sydney, Vice Chancellor's Award for "Systems that Achieve Collective Excellence in Teaching and Learning" (2013), as part of a team of six. Her role included coordinating and aligning second year BPharm units of study, as Second Year Coordinator (2009-2010), developing and coordinating the integrated Honours components (30 credit points, 2010-2013). She was also awarded another VC Award for Outstanding Teaching (2001) as part of a team of four, for Integrated Dispensing in recognition of her teaching performance.