

A resource and support list for students and staff



Students

Counselling and Psychological Services (CAPS)

For students who are having personal issues that may or may not be affecting their study CAPS provides face-to-face counselling and workshops that aim to resolve emotional issues.

- 02 8627 8433
- sydney.edu.au/students/counselling-and-mental-health-support

University Health Service

The University Health Service offers experienced general practitioner and emergency medical care services to all members of the University community including students, staff and visitors.

- 02 9351 3484
- sydney.edu.au/health-service/services/

Emergency Support

Campus Security is available 24 hours a day to assist with emergencies or safety threats.

- 02 9351 3333
- sydney.edu.au/campus-life/safety-security

Staff

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AccessEAP

AccessEAP is the University of Sydney's employee assistance service. AccessEAP provides high quality, short term professional counselling for employees to use confidentially and voluntarily to deal with personal and/or work related issues.

- 1800 818 728
- accesseap.com.au

External community LGBTIQ support services

Twenty10

Twenty10 is a community-based, non-profit, state-wide organisation, working with and supporting people of diverse genders, sexes and sexualities, their families and communities.

- twenty10.org.au

QLife

Australia's first nationally-oriented counselling and referral service for LGBTIQ people.

- 1800 184 527
- qlife.org.au

ACON

A NSW-based health promotion organisation specialising in HIV prevention and support LGBTI health.

- 1800 063 060
- acon.org.au

Pride Network resources

The Gender Centre

The Gender Centre offers a wide range of services such as accommodation, counselling, education and training to enhance the ability of transgender and gender diverse people, their partners, family members and friends to make informed choices.

- 9569 2366
- gendercentre.org.au

Female to Male Australia

This network is the largest membership based network of men who identify as transsexual and offers accurate, relevant and timely information about transitioning.

- ftmaustralia.org

Organisation Intersex International Australia

Oii Australia is a national body by and for people with intersex variations. They promote human rights and bodily autonomy for intersex people and provide information, education and peer support.

- oii.org.au

Androgen Insensitivity Syndrome Support Group Australia

A peer support, information and advocacy group for people affected by AIS and/or related intersex variations and their families.

- aissga.org.au

Minus 18

Australia's largest youth led organisation for LGBT youth. Minus 18 has produced some excellent resources for trans and gender diverse youth.

- minus18.org.au

Ankali

The Ankali Project trains and supports volunteers who then provide emotional and social support to people living with HIV.

- 9332 9600,
- thealbioncentre.org.au/ankali/the-ankali-project

Australian Lesbian Medical Association

Provides a supportive network to its members through advocacy, mentoring and social activities.

- www.almas.org.au/

Gay and Married Men's Association

Provides phone support and organises regular social support groups for men that are gay and married.

- 1800 804 617
- gamma.org.au

Study and Employment

Pride in Diversity: Pride in Diversity is Australia's first and only not-for-profit workplace program designed specifically to assist Australian employers with the inclusion of lesbian, gay, bisexual, transgender and intersex (LGBTI) employees.

- prideindiversity.com.au

Out for Australia

An organisation that seeks to support and mentor aspiring LGBTIQ professionals as they navigate their way through the early stages of their careers.

- outforaustralia.org

Australian LGBTIQ University guide

This guide provides information about how well Australian Universities cater to the needs of LGBTI students through things like inclusive policies, staff training and providing information, resources and support for LGBTIQ students.

- lgbtiuniguide.org.au

The Pinnacle Foundation

This foundation has been established to provide scholarships to lesbian, gay, transexual, queer, intersex and bisexual youth who are marginalised or disadvantaged.

- thepinnaclefoundation.org/

Health

Gay and Lesbian Counselling Service of NSW

Volunteer-run community service providing telephone counselling, information, referral and support to the LGBT and related communities.

- 8549 9596

NSW Sexual Health Clinics

For information about NSW Sexual Health Clinics and to find your nearest sexual health clinic.

- 1800 451 624
- <https://www.health.nsw.gov.au/sexualhealth/pages/sexual-health-clinics.aspx>

Pride Network resources

National LGBTI Health Alliance

The national peak health organisation in Australia for organisations and individuals that provide health-related programs, services and research focused on lesbian, gay, bisexual, transgender, and intersex people (LGBTI) and other sexuality, gender, and bodily diverse people and communities.

- 8568 1123
- lgbtihealth.org.au

Rights

Anti-Discrimination Board

This agency is part of the NSW Attorney-General's Department and administers the anti-discrimination laws of the state.

- 9268 5555
- lawlink.nsw.gov.au/adb

Gay and Lesbian Rights Lobby

The Lobby advocates on behalf of lesbians and gay men. They also provide referral and educative resources on gay and lesbian rights to the media, policy makers and the community.

- 9571 5501
- glrl.org.au

Human Rights Commission

The commission identifies and builds community awareness around the human rights issues faced by lesbian, gay, bisexual, trans and intersex people and makes it unlawful to discriminate against such persons.

- 9284 9600
- humanrights.gov.au/our-work/sexual-orientation-sex-gender-identity

The Inner City Legal Centre

The ICLC provides free and confidential legal service statewide for the NSW LGBTIQ community.

The ICLC also runs the Safe Relationship Project, which assists LGBTIQ individuals who are experiencing or escaping an abusive relationship.

- 1800 244 481
- iclc.org.au