



Professional Practice Supervision

9.30am-12.30pm | ONLINE by Zoom

Thursdays 15, 22 & 29 October 2026

Sydney School of Education and Social Work



This nine-hour program (delivered over three half-day workshops) is directly relevant to all human service workers aiming to develop their skills in the provision of supervision that promotes ongoing development of professional skills and knowledge.

The online workshops present a model of critically reflective professional practice supervision. It invites participants to consider supervision processes, strategies and skills that are critical to effective professional practice and growth in a range of practice settings. At the completion of this course you will be able to:

- ▶ Understand basic theory of professional practice supervision;
- ▶ Demonstrate a knowledge of the key elements of supervision;
- ▶ Develop an understanding of supervision processes that are critical to the enhancement of professional practice and the appropriate strategies and skills to implement them;
- ▶ Understand the critical factors in building a positive supervisory relationship including the role of critique and structuring safety;
- ▶ Understand the importance of organisational culture in fostering good supervisory practice;
- ▶ Reflect on the role of supervision in building and maintaining ethical practice;
- ▶ Critically reflect on your own supervisory experience and develop goals for future practice.

Registration & Fees

\$455 per person (GST inclusive). Includes 3 half-day workshops (9 hours in total) and electronic resources bundle. Register online at:

[Professional Practice Supervision 2026](#) or visit the [Professional Learning 2026 Calendar](#) and follow the links.

For enquiries please contact:

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Day 1

What is supervision? Finding a working definition

The supervision process

Transformational learning

Critical reflective practice

Trauma informed/trauma specific supervision

Day 2

Anti-oppressive supervision

Addressing power and structuring safety

Cross cultural supervision

Ethics in action

Ethics in language

Day 3

The supervision relationship

Co-creating supervision agreements

Student supervision

Supporting stressed supervisees

Promoting resilience

This workshop series is available for participation by Zoom only.

Facilitator

Dr Mary Jo McVeigh has worked as a social worker in child protection and trauma nationally and internationally for forty years. She received the Order of Australia Medal in 2019 for service to her community in this role, and was the recipient of the AASW social worker of the year award in 2022. More recently, Mary Jo has been awarded a PhD in Social Work from The University of Sydney, focusing on children's rights and participatory values.

Mary Jo founded Cara House, a therapy and training centre in 1998 and CaraCare, a community and group work charity for children in 2012. She has provided supervision to staff, volunteers, and students in both these organisations and is sought by government, and non-government organisations for expert consultation. She has published multiple books and journal articles on aspects of therapeutic intervention with children and young people, and supervision.

Mary Jo continues to teach in social work at the Sydney School of Education and Social Work, at the University of Sydney. She also provides training in her field of expertise both nationally and internationally.