

# Managing classroom wellbeing and behaviour from a trauma-informed framework

Friday 7 June 2024, 9.30am-3.30pm | **In person attendance**

*Professional learning for all teachers and school leaders Years K-12*



## **Cultivating “trauma-informed classrooms” to benefit all students.**

Children bring their lived experience with them into their classrooms: the emotions, reactions and sometimes, trauma, from their homes and communities, as well as wider society.

“Complex trauma” in children results from repeated exposure to traumatic events over weeks, months or years. Examples include sexual, physical, and psychological abuse, as well as experiencing or witnessing domestic and family violence or neglect.

Research shows that children most often disclose traumas to school friends or teachers, and that the classroom consequences of complex trauma can profoundly affect children’s behaviour and learning.

In this workshop, teachers will learn how to support students experiencing trauma by adopting strategies that allow them to respond effectively, and which, collectively, cultivates a “trauma-informed classroom” that benefits all students.

### **Teachers will learn to:**

- Consider the role of teachers within a multidisciplinary context to create a trauma-informed learning environment.
- Be able to articulate a definition of trauma relevant to teaching children and young people.
- Gain understanding of the effects of trauma and what that may look like in a classroom.

*The information and discussions in this workshop will be valuable for any teacher from Kindergarten to Year 12.*

### **For enquiries please contact:**

Rachel Payne - Office of Professional Learning  
Sydney School of Education & Social Work  
Faculty of Arts and Social Sciences  
T +61 2 9351 8520 | E [rachel.payne@sydney.edu.au](mailto:rachel.payne@sydney.edu.au)

### **Presenter**

**Mary Jo Mc Veigh**, Cara House, and Sydney School of Education and Social Work, The University of Sydney

Mary Jo McVeigh has worked as a social worker in child protection and trauma nationally and internationally for forty years. She received the Order of Australia Medal in 2019 for service to her community in this role, and is the current recipient of the AASW social worker of the year award.

Mary Jo founded Cara House, a therapy and training centre in 1998 and CaraCare, a community and group work charity for children, in 2012. She has provided supervision to staff, volunteers, and students in both these organisations and is sought by government, and non-government organisations for expert consultation. She has published multiple books and journal articles on aspects of therapeutic intervention with children and young people.

Mary Jo was part of the Social Work Field Education program at the University of Sydney last year and continues to teach in social work at the Sydney School of Education and Social Work. She also provides training in her field of expertise both nationally and internationally.

### **Registration**

**Fees:** \$330 per person (GST Incl). Includes full-day in-person workshop, catering and resources bundle.

**Location:** Education Building, Manning Road, The University of Sydney (In person attendance only).

**Register online at:** [Managing classroom wellbeing and behaviour from a trauma informed framework](#) or visit the Professional Learning 2024 Calendar at <https://www.sydney.edu.au/arts/study/continuing-professional-development/professional-learning-calendar.html> and follow the calendar links.