

PAINRefresh 2022: Multidisciplinary Pain Management Workshop

7 - 11 February 2022

Northside Conference Centre - Crows Nest, Sydney



Five days of clinical updates featuring leading Australian experts. Refresh your knowledge and revitalise your passion for Pain Management.

	Monday 7 February	Tuesday 8 February	Wednesday 9 February	Thursday 10 February	Friday 11 February
TIME	Main Auditorium				
8:30 - 9:20am	Concepts of Pain Biopsychosocial Models Prof. Michael Nicholas	Neurobiology: Brain Mechanisms and Descending Modulation and Implications. A/Prof. Kevin Keay	The Social in the Biopsychosocial Model of Pain A/Prof. Claire Ashton-James	Pain in Children Dr. Jonathan De Lima	Opioid Tapering Prof. Paul Glare and A/Prof. Claire Ashton-James
9:20 - 10:10am	Psychological Contributors to Pain and Their Implications Prof. Michael Nicholas	Cancer Pain and Pharmacotherapy A/Prof. Ghauri Aggarwal	Pain and Significant Others Prof. Toby Newton-John	Pain in Children Cont... Dr. Jonathan De Lima	Pain Self-Management Prof. Michael Nicholas
10:10 - 11am	Global Burden of Disease - The Impact of Pain Prof. Fiona Blyth	Cancer Pain and Pharmacotherapy Cont... A/Prof. Ghauri Aggarwal	Pain and Significant Others Cont... Prof. Toby Newton-John	Pain and Personality Disorders Dr. Andrew Singer	Self Management Practical: Individual Prof. Michael Nicholas and Tumelo Dube
11 - 11:20am	Morning Tea	Morning Tea	Morning Tea	Morning Tea	Morning Tea
11:20am - 12:10pm	Overview of MSK Pain Prof. Milton Cohen	Clinical Assessment of Pain Sensitivity A/Prof. Trudy Rebbeck	Responding to Emotions in Clinic Encounters A/Prof. Claire Ashton-James	Pain, Mood and Suicide Dr. Andrew Singer	Implementing Self-Management in a Group Based Setting - Practical Dr Sarah Overton and Maria de Sousa
12:10 - 1pm	Assessment of Pain & ICD 11 Diagnoses for Chronic Pain Prof. Michael Nicholas	Cognitive Impairment & Pain Dr. Regina Schultz	Responding to Emotions in Clinic Encounters Cont... A/Prof. Claire Ashton-James	Older People in Pain Prof. Vasi Naganathan	Implementing Self-Management in a Group Based Setting Cont... Dr Sarah Overton and Maria de Sousa
1 - 1:40pm	Lunch	Lunch	Lunch	Lunch	Lunch
1:40 - 2:30pm	Implementation of Best Practice for Spinal MSK Pain Condition - Implications for Clinical Pathways A/Prof. Trudy Rebbeck	Cognitive Impairment & Pain Cont... Dr. Regina Schultz	Procedural Interventions for Chronic Pain (I) Dr. Rebecca Martin	Older People in Pain - Practical Dr Brad Wood	Pain Management in the Workplace Prof. Michael Nicholas
2:30 - 3:20pm	The Person Living with Pain Prof. Michael Nicholas and Kristi Rossetto	Neuropathic Pain - Diagnosis and Treatment A/Prof. Paul Wrigley	Procedural Interventions for Chronic Pain (I) Cont... Dr. Rebecca Martin	A Sociopsychosocial Framework for Acute Pain Management A/Prof. Damien Finniss	Pain Management in the Workplace Cont... Prof. Michael Nicholas
3:20 - 3:30pm	Afternoon Tea	Afternoon Tea	Afternoon Tea	Afternoon Tea	Afternoon Tea
3.30 - 4.20pm	Afternoon Tea and Networking Cont...	Neurobiology Peripheral and Spinal Mechanisms of Pain Prof. Chris Vaughan	Pain and Sleep Dr. Kerri Melehan	Placebo Effects; Mechanisms and Applied Clinical Concepts A/Prof. Damien Finniss	Finish and Evaluation

[Register at: sydney.edu.au/medicine/pmri/education/continuing](https://sydney.edu.au/medicine/pmri/education/continuing)

[E: fmh.cpd-events@sydney.edu.au](mailto:fmh.cpd-events@sydney.edu.au)