

# Descending the analgesic ladder:

## The how, when and why of opioid tapering for chronic pain

9.00 – 18.00, Taronga Zoo, Sydney, Australia

### A one-day symposium featuring 13 national and international experts on the role of opioids in chronic pain management

#### About

Current guidelines recommend de-prescribing opioids for patients with chronic pain, however de-prescribing opioids in this population is challenging and a source of confusion for clinicians and patients alike. This symposium brings together local and international experts to address the complex challenges of de-prescribing opioid medications.

#### Speakers include:

##### Professor Beth Darnall

Stanford University, USA

##### Assoc/Prof Joseph Frank

University of Colorado, Denver and VA Eastern Colorado Health System, USA

##### Professor Paul Glare

Director, Pain Management Research Institute, The University of Sydney

##### Professor Michael Nicholas

Director, Pain Education and Pain Management Programs, The University of Sydney

##### Dr Simon Holliday

GP and Addiction Medicine Physician, Rural and regional NSW (Taree)

##### Dr Chris Hayes

Director, Hunter Integrated Pain Service, Hunter New England Health

##### Dr Claire Ashton-James

Pain Management Research Institute, The University of Sydney

##### Conjoint Assoc/Prof Paul Wrigley

Pain Management Research Institute, The University of Sydney

##### Ms Ruth White

Senior Physiotherapist, Hunter New England Local Health District

##### Ms Samanta Laic

Monash University

##### Dr Gavin Pattullo

Director, Acute Pain Services, Royal North Shore Hospital

#### Learn how to:

- Communicate the risks of opioid use for chronic pain and the benefits of tapering
- Assess patients' appropriateness for opioid tapering and pain self-management
- Explain pain self-management to patients
- Develop a safe, patient-centred schedule for opioid tapering
- Individualised support for patients attempting opioid tapering
- Diagnose OUD

#### Registration

Early bird AUD\$295\* (until Sept 30)

Regular AUD\$375\*

Registration includes coffee, morning and afternoon tea, lunch, and a social hour with drinks and canapes.

\*both incl. GST

For further information contact:

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