



Project Title: Improving Quality of Life of Cancer Survivors through multidisciplinary team approach – Sydney Survivorship Clinic		Code: CON1
Host School / Institute: Concord Clinical School		Address: Concord Cancer Centre, Concord Hospital , Hospital Rd, Concord NSW
Certificates & Clearances required: Yes *Vaccination Certificate *Working with children clearance *Police clearance <i>Information on how to obtain certificates, where necessary, will be given to successful applicants.</i>		
Primary Supervisor: Prof Janette Vardy		
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Co-Supervisor/team: Dr Cindy Tan		
Project Type: Data Analysis; Clinical		
Project Category: Cancer		
Skills / Attributes of a successful student: Methodical, initiative and self-starter. Most have excellent communication skills and work well within a team. Experience with RedCap and database management is desirable but not essential.		
Project Keywords: Survivorship; Psycho-oncology; Cancer; Quality of life; Multidisciplinary		
<p>Project Description:</p> <p>The Sydney Survivorship Clinic is a unique, multidisciplinary service designed to help cancer survivors manage their cancer care beyond acute diagnosis and treatment. Survivors who have completed primary cancer treatment see a multi-disciplinary team (MDT) of health professionals at initial clinic visit, including a medical oncologist/haematologist, cancer nurse, dietitian, clinical psychologist and exercise physiologist. In collaboration with the patient a Survivorship Care Plan is developed to summarise their cancer treatment information (e.g. disease, treatments, follow-up care) and guideline based recommendation for surveillance. Survivors are prescribed evidence-based dietary and exercise recommendations to modify lifestyle risk factors for cancer recurrence; and referred to appropriate services if needed. At follow-up clinics survivors are seen by a medical oncologist and cancer nurse specialist; providing a co-ordinated approach to cancer surveillance, assistance with ongoing symptoms from their cancer/treatment, sexuality issues, and psychological well-being.</p> <p>Prior to each clinic patients complete a series of questionnaires obtaining information about their demographics, medical information, quality of life, symptoms, exercise, food intake, and mental well-being.</p> <p>The research will involve data entry and analysis with the aim of selecting one aspect to focus on (e.g. pain, performance status, use of other services, sexuality issues) presenting the data and initial writing up of an article. Depending on student input they will have the opportunity to obtain authorship on a relevant paper.</p>		