



Project Title: Mental health service users' perceptions of lived experience research resources: A qualitative evaluation		Code: FHS3
Host School / Institute: Faculty of Health Sciences		Address: J Block Cumberland Campus ,75 East Street, Lidcombe NSW
Certificates & Clearances required: No		
Primary Supervisor: Dr Anne Honey		
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Co-Supervisor/team: This project is part of the STELLER project, a collaboration between researchers with and without experience of mental health issues from a range of different organisations.		
Project Type: Qualitative Analysis		
Project Category: Mental Health		
Skills / Attributes of a successful student: an understanding of mental health recovery; a commitment to recovery based practice and consumer-involvement in mental health services and research; excellent written communication skills; excellent problem solving and time management skills with an attention to detail; an interest in learning about qualitative research.		
Project Keywords: lived-experience research; qualitative research; mental health recovery; research translation		
Project Description: This project will provide the student with the opportunity to: <ol style="list-style-type: none"> 1. Learn about and gain skills in qualitative data analysis 2. Increase your understanding of recovery through exploring the experiences of mental health service users 3. Discover the range, value and uses of lived-experience research in mental health 4. Enrich your understandings of peer work and research translation in mental health 5. Work with researchers with and without lived experience of mental health issues 6. Contribute to the dissemination of research findings <p>Lived-experience research in mental health is research that illuminates the perspectives and experiences of people who live with mental health issues and is conducted by researchers with their own lived experience (either exclusively or in collaborative research teams that include people with and without lived experience). Findings from lived experience research have the potential to be helpful to mental health service users (also called 'consumers') in their recovery journeys. Yet many do not even know that lived-experience research exists, let alone how to access the findings. Little is known about how useful consumers might find lived experience research, nor what the best formats are to bring it to their attention.</p> <p>We are currently conducting a non-randomised trial of user-friendly resources created to communicate the findings of lived experience research to consumers directly. These resources address topics such as: concepts of recovery; hope; obtaining physical health care; and meaningful activity. Participants are introduced to four different resources over four weeks and complete quantitative assessments. At the end, they will also participate in a qualitative interview to explore their perceptions of the usefulness and feasibility of the resources. In addition, the peer workers who have introduced them to the resources will be interviewed to obtain their perspectives. By November 2019 we expect to have completed 30 participant interviews and 5 peer worker interviews.</p> <p>The student selected for this scholarship will, in collaboration with the research team:</p> <ul style="list-style-type: none"> • Use the QSR NVivo program to manage, organise and code the interview transcripts • Analyse the data using the method of constant comparative analysis • Develop a thematic/conceptual description of the data • Compare the qualitative findings to the quantitative results from the same study • Draft the findings for publication 		