# Community Information Day 2018



Young Adults | Parents | Teachers











Empower | Educate | Inspire Saturday, 3 November 2018

Stockland Building, Level 17 133 Castlereagh Street, Sydney, NSW, 2000

### Community Information Day, 3 November 2018



9:30 am Welcome

> Matt O'Kane - Master of Ceremonies Jeremy O'Kane - Welcome to Country

Both O'Kane's are patients of the Save Sight

Institute.

9:35 am Introducing the SSI

Professor Stephanie Watson

Stephanie is an ophthalmic surgeon specialising in cataract, corneal and laser surgery; with expertise in eye disease in adults and children. She is known for her ground-breaking research in stem cell treatment for corneas. Her work has been featured on ABC's

New Inventors and Catalyst.

9:50 am **Keynote Address** 

Jan McLeod

Jan is a nutritionist who runs a company focussed on coaching for peak wellbeing. The over-arching aim of Ms McLeod's practice is to engage, empower and inspire participants to invest in building

sustainable peak wellbeing.



**INSPIRE** 

10:20 am My Life with Goalball

**Brodie Smith** 

Brodie is a 20-year-old sports athlete from Maitland, NSW who is also blind. Diagnosed with a degenerative eye disease known as Retinitis Pigmentosa, Brodie plays the paralympic sport of Goalball and has represented Australia at state, national and international level. Last year, Brodie won gold at the 2017 Youth Goalball World Championships in Budapest. Between work and training. Brodie is also currently studying to become a secondary school teacher in History and Drama at the University of Newcastle.



# 10:40 am My Life with Music

Lara Nakhle

Lara discovered her talent and passion for music at a very young age. In 2017, Lara was an artist on The Voice Australia where she made it to the top 48. She loves performing as it is her main passion and she hopes to inspire others through music. Apart from performing, Lara is also completing an undergraduate degree in psychology.



11:00 am MORNING TEA

### **EMPOWER**

# 11:30 am Technology for Independence

Greg Alchin

Greg is an award-winning inclusive design consultant, author, educator and disability advocate with over 30 years' experience across education, industry and government contexts. Greg enables organisations to be more inclusive and accessible through building awareness and capacity on how inclusive design inspires innovation in how we live, learn and work.



### 12:10 pm Now or Never

Renée Godress

Renée has been vision impaired since birth. She has overcome many challenges and has achieved great independence with her guide dog Hollie. Renée has enjoyed a successful corporate career and is now pursuing her passion for alpine skiing, travel and sharing her story with others. Renée believes It's 'now or never' and is excited to create her own memories & experience all the great wonders life has to offer.



### Community Information Day, 3 November 2018



12:30 pm Vision Impairment in the Public Eye

Nicole Pedersen-McKinnon

Nicole is a money commentator and financial literacy campaigner and educator across newspapers, online and on television, and in high schools around Australia.

As Fairfax Media's popular Money Mentor columnist, her advice has appeared across all Fairfax websites and in The Sun-Herald and The Sunday Age newspapers for more than a decade. Nicole was formerly editor then editor-at-large of Smart Investor magazine. Previous to that she was an editor with the magazine arm of the UK's Financial Times.

1:00 pm LUNCH

### **EDUCATE**

2:00 pm Research at the SSI – What's New?

Professor John Grigg is passionate about helping children and adults with blinding eye conditions. He is involved in caring for patients, researching new ways to save sight and teaching the next generation of eye doctors. John is Head of the Discipline of Clinical Ophthalmology and Eye Health at The University of Sydney. He also consults at Sydney Eve Hospital and The Children's Hospital at Westmead. With sub-specialties in glaucoma, cataract, paediatric and genetic ophthalmology and clinical electrophysiology, John completed his training at Sydney Eye Hospital and undertook fellowships in Australia and the UK. His research interests are genetic eye disease, glaucoma management and electrophysiology of the visual system.



Professor Robyn Jamieson is Head, Discipline of Genetic Medicine and Professor of Genomic Medicine at The University of Sydney. She leads the Eye Genetics Research Unit at The Children's Medical Research Institute, The Children's Hospital at Westmead and Save Sight Institute, University of Sydney. She heads the Western Sydney Genetics Program, The Children's Hospital at Westmead, Sydney Children's Hospitals Network; and Eye Genetics Clinics at The Children's Hospital at Westmead, and Westmead Hospital, Sydney.



Dr Alex Ferdi completed his medical degree at Cambridge University and University College London and is undertaking his ophthalmology registrar training in London including Moorfields Eye Hospital. He was awarded the 2016 Northcote scholarship to carry out a PhD in Sydney at the Save Sight Institute. His research focusses on utilising technology to improve outcomes in corneal disease.



# **BREAK OUT SESSIONS**

2:45 pm

EMPOWER (Parents)

The journey to adulthood: parents sharing stories and tips.

Facilitated by Dr Ada McCluskey, psychologist and Professor Peter McCluskey, ophthalmologist. EDUCATE (Teachers and service providers)

Ask a Doctor: Common Childhood Eye Diseases

Dr James Smith, Senior Staff Specialist Ophthalmologist at The Children's Hospital at Westmead and Head of Department of Ophthalmology at Royal North Shore Hospital INSPIRE (Young People)

Presentation and interactive session with Vicki Papageorgopoulos, Community Development and Engagement Officer, headspace Camperdown

### Community Information Day, 3 November 2018



3:30 pm Panel: Navigating the NDIS

Panel moderated by Matt O'Kane

Harzita Hashim - RIDBC

Rebecca Kent - Vision Australia

Kelly Prentice - Guide Dogs

4:00 pm Closing Comments

Professor Peter McCluskey

Peter McCluskey is Professor and Chair of Ophthalmology at the University of Sydney and Director of the Save Sight Institute. He is an inflammatory eye disease specialist with more than 25 years experience in the field. His primary clinical focus is vision threatening chronic inflammatory eye disease and he has a large clinical practice as well as being actively involved in clinical research and clinical trials. His laboratory research focusses on mediators of inflammatory eye disease. He has ongoing clinical and laboratory collaborations in the United Kingdom, New Zealand, Vietnam and the United States. In addition to his research and clinical work, Peter is a passionate teacher who regularly lectures and speaks at conferences internationally. Together with his colleagues he conducts postgraduate courses on inflammatory eye disease in many parts of the world.



4:05 pm AFTERNOON TEA

# About the Save Sight Institute

The Save Sight Institute focusses on excellence in teaching, research and patient care. Research at the Save Sight Institute relies exclusively on external grants, donations and bequests. For more information visit our website: savesightinstitute.org.au