



## Eligible NSW Regional Towns - FMH Regional NSW and Interstate Placement Travel Scholarship

To be eligible for this [FMH Regional NSW and Interstate Placement Travel Scholarship](#), applicants must be undertaking a **mandatory placement** as part of their award course requirements.

The placement location must be:

- **More than 60 kilometres** from both the **University of Sydney** and the applicant's **residential address** as recorded in Sydney Student, and
- Located in either a **non-metropolitan area** within a **Regional NSW Local Health District (LHD)** or **Interstate**.

Local Health Districts (LHDs) are regional administrative areas established by **NSW Health** to manage public health services across the state. Each LHD is responsible for delivering hospital, community, and mental health services within its designated geographic area.

The following LHDs include Local Government Areas (LGAs) that are classified as regional for the purposes of this scholarship:

- 1. Murrumbidgee Local Health District (MLHD)**
  - City of Albury (LGA) Only
- 2. Central Coast Local Health District (CCLHD)**
  - Budgewoi Ward (North-East)
  - Gosford East Ward (South-East)
  - Gosford West Ward (South-West)
  - The Entrance Ward (Central-East)
  - Wyong Ward (North-West)
- 3. Hunter New England Local Health District (HNELHD)**
  - Lower Hunter Region
  - Newcastle & Lake Macquarie Region
- 4. Illawarra Shoalhaven Local Health District (ISLHD)**
  - Wollongong LGA
  - Shellharbour LGA
  - Kiama LGA
  - Shoalhaven LGA
- 5. Nepean Blue Mountains Local Health District (NBMLHD)**
  - Lithgow LGA Only

To confirm eligibility, applicants must provide **written confirmation of their placement** from the **Faculty of Medicine and Health (FMH) Student Placements Team** as part of their scholarship application.

## **Murrumbidgee Local Health District (MLHD)**

The **City of Albury** is considered a **regional area** under the classification used by the Murrumbidgee Local Health District (MLHD) and the broader NSW Health system. These areas form part of the broader Albury urban area, which is a key regional centre in southern NSW, located on the northern side of the Murray River across from Wodonga, Victoria.

**City of Albury (LGA)** includes the following towns, suburbs, and localities:

- Albury, NSW
- Bowna, NSW
- East Albury, NSW
- Ettamogah, NSW
- Glenroy, NSW
- Hamilton Valley, NSW
- Lake Hume Village, NSW
- Lavington, NSW
- North Albury, NSW
- South Albury, NSW
- Splitters Creek, NSW
- Springdale Heights, NSW
- Tabletop, NSW
- Thurgoona, NSW
- West Albury, NSW
- Wirlinga, NSW

## **Central Coast Local Health District (CCLHD)**

The Central Coast Local Health District (CCLHD) covers one Local Government Area which is the Central Coast Council LGA.

The Central Coast Council LGA is divided into five wards, each covering a distinct geographic area. Here's a breakdown of the towns and suburbs grouped by ward within the Central Coast Local Health District (CCLHD).

### **Budgewoi Ward (North-East)**

The Budgewoi Ward in the Central Coast Council (NSW) covers the north-eastern part of the region and includes the following towns and suburbs formerly in Wyong Shire, near Lake Macquarie:

- Budgewoi, NSW
- Buff Point, NSW
- Canton Beach, NSW
- Chain Valley Bay, NSW
- Doyalson, NSW
- Gwandalan, NSW
- Halekulani, NSW
- Lake Haven, NSW
- Lake Munmorah, NSW
- Mannering Park, NSW
- Norah Head, NSW
- Summerland Point, NSW
- Toukley, NSW

### **Gosford East Ward (South-East)**

The Gosford East Ward (South-East) of the Central Coast Council includes the following towns and suburbs, based on electoral and council mapping data:

- Avoca Beach, NSW
- Copacabana, NSW
- Davistown, NSW
- Empire Bay, NSW
- Erina, NSW
- Erina Heights, NSW
- Green Point, NSW
- Holgate, NSW
- Kincumber, NSW
- Kincumber South, NSW
- MacMasters Beach, NSW
- Matcham, NSW
- North Avoca, NSW
- Saratoga, NSW

- Terrigal, NSW
- Wamberal, NSW
- Yattalunga, NSW

### **Gosford West Ward (South-West)**

The Gosford West Ward (South-West) of the Central Coast Council includes a mix of urban and rural suburbs, primarily covering the hinterland and coastal areas west and south of Gosford. Based on electoral and council mapping data, the towns and suburbs in this ward include:

- Blackwall, NSW
- Booker Bay, NSW
- Ettalong Beach, NSW
- Gosford, NSW
- Horsfield Bay, NSW
- Kariong, NSW
- Koolewong, NSW
- Patonga, NSW
- Pearl Beach, NSW
- Phegans Bay, NSW
- Umina Beach, NSW
- West Gosford, NSW
- Woy Woy, NSW
- Woy Woy Bay, NSW

### **The Entrance Ward (Central-East)**

The Entrance Ward (Central-East) of the Central Coast Council includes the suburbs located on the southern side of Tuggerah Lakes. According to the NSW Electoral Commission and council boundary data, the towns and suburbs in this ward are:

- Bateau Bay, NSW
- Berkeley Vale, NSW
- Forresters Beach, NSW
- Killarney Vale, NSW
- The Entrance, NSW

### **Wyong Ward (North-West)**

The Wyong Ward (North-West) of the Central Coast Council includes a mix of urban, lakeside, and rural communities. Based on council and electoral data, the towns and suburbs in this ward include:

- Alison, NSW
- Dooralong, NSW
- Fountain Dale, NSW
- Gorokan, NSW
- Hamlyn Terrace, NSW
- Jiliby, NSW

- Kangy Angy, NSW
- Kanwal, NSW
- Ourimbah, NSW (partially)
- Palmdale, NSW
- Tacoma South, NSW
- Tacoma, NSW
- Tuggerah, NSW
- Tuggerawong, NSW
- Wadalba, NSW
- Warnervale, NSW
- Watanobbi, NSW
- Woongarra, NSW
- Wyong Creek, NSW
- Wyong, NSW
- Yarramalong, NSW

## **Hunter New England Local Health District (HNELHD)**

The Hunter New England Local Health District (HNELHD) covers a vast and diverse region of New South Wales, including both coastal and inland communities. It spans 23 Local Government Areas (LGAs), which include a wide range of towns and villages.

This scholarship will cover the regional districts of:

- **Lower Hunter Region (e.g. Cessnock, Maitland & Dungog)**
- **Newcastle and Lake Macquarie Region**

The Lower Hunter Region, which is part of the Hunter New England Local Health District (HNELHD), includes towns primarily located in the Cessnock, Maitland and Dungog LGAs. Here's a detailed list of towns and localities commonly considered part of the Lower Hunter:

### **Cessnock LGA**

- Aberdare, NSW
- Abermain, NSW
- Abernethy, NSW
- Bellbird Heights, NSW
- Bellbird, NSW
- Cedar Creek, NSW
- Cessnock, NSW
- Congewai, NSW
- Ellalong, NSW
- Kearsley, NSW
- Kitchener, NSW
- Kurri Kurri, NSW
- Lovedale, NSW
- Millfield, NSW
- Mount View, NSW
- Mulbring, NSW
- Neath, NSW
- Nulkaba, NSW
- Paxton, NSW
- Pokolbin, NSW
- Quorrobolong, NSW
- Weston, NSW
- Wollombi, NSW

### **Maitland LGA**

- Bolwarra Heights, NSW
- Bolwarra, NSW
- Chisholm, NSW
- East Maitland, NSW

- Farley, NSW
- Gillieston Heights, NSW
- Lochinvar, NSW
- Lorn, NSW
- Maitland, NSW
- Metford, NSW
- Morpeth, NSW
- Mount Dee, NSW
- Raworth, NSW
- Rutherford, NSW
- Tenambit, NSW
- Thornton, NSW
- Windella, NSW
- Woodberry, NSW

#### **Dungog LGA**

- Allynbrook, NSW
- Bingleburra, NSW
- Carrabolla, NSW
- Clarence Town, NSW
- Dungog, NSW
- East Gresford, NSW
- Eccleston, NSW
- Gresford, NSW
- Lewinsbrook, NSW
- Lostock, NSW
- Martins Creek, NSW
- Mount Rivers, NSW
- Paterson, NSW
- Upper Allyn, NSW
- Vacy, NSW

The Newcastle and Lake Macquarie Region, which is part of the Hunter New England Local Health District (HNELHD), includes a wide range of suburbs and localities across two LGAs: City of Newcastle and City of Lake Macquarie.

#### **Newcastle LGA**

- Adamstown, NSW
- Adamstown Heights, NSW
- Bar Beach, NSW
- Beresfield, NSW
- Birmingham Gardens, NSW
- Black Hill, NSW
- Broadmeadow, NSW

- Callaghan, NSW (University)
- Carrington, NSW
- Cooks Hill, NSW
- Elernore Vale, NSW
- Fletcher, NSW
- Georgetown, NSW
- Hamilton, NSW
- Hamilton East, NSW
- Hamilton North, NSW
- Hamilton South, NSW
- Heaton, NSW
- Hexham, NSW
- The Hill, NSW
- Islington, NSW
- Jesmond, NSW
- The Junction, NSW
- Kooragang, NSW
- Kotara, NSW
- Kotara East, NSW
- Kotara Fair, NSW
- Kotara Heights, NSW
- Lambton, NSW
- Lenaghan, NSW
- Maryland, NSW
- Maryville, NSW
- Mayfield, NSW
- Mayfield East, NSW
- Mayfield North, NSW
- Mayfield West, NSW
- Merewether, NSW
- Merewether Heights, NSW
- Minmi, NSW
- New Lambton, NSW
- New Lambton Heights, NSW
- New Lambton South, NSW
- North Lambton, NSW
- Plattsburg, NSW
- Rankin Park, NSW
- Sandgate, NSW
- Shortland, NSW
- South Newcastle, NSW
- Stockton, NSW
- Tarro, NSW

- Tighes Hill, NSW
- Wallsend, NSW
- Wallsend East, NSW
- Wallsend South, NSW
- Warabrook, NSW
- Waratah, NSW
- Waratah West, NSW
- Wickham, NSW

#### **Lake Macquarie LGA**

- Arcadia Vale, NSW
- Argenton, NSW
- Awaba, NSW
- Balcolyn, NSW
- Balmoral, NSW
- Barnsley, NSW
- Belmont, NSW
- Belmont North, NSW
- Belmont South, NSW
- Bennetts Green, NSW
- Blackalls Park, NSW
- Blacksmiths, NSW
- Bolton Point, NSW
- Bonnells Bay, NSW
- Boolaroo, NSW
- Booragul, NSW
- Brightwaters, NSW
- Buttaba, NSW
- Cameron Park, NSW
- Cams Wharf, NSW
- Cardiff, NSW
- Cardiff Heights, NSW
- Cardiff North, NSW
- Cardiff South, NSW
- Cardiff West, NSW
- Carey Bay, NSW
- Catherine Hill Bay, NSW
- Caves Beach, NSW
- Charlestown, NSW
- Coal Point, NSW
- Cooranbong, NSW
- Crangan Bay, NSW
- Croudace Bay, NSW

- Dora Creek, NSW
- Dudley, NSW
- Edgeworth, NSW
- Eleebana, NSW
- Eraring, NSW
- Fassifern, NSW
- Fennell Bay, NSW
- Fishing Point, NSW
- Floraville, NSW
- Freemans Waterhole, NSW
- Garden Suburb, NSW
- Gateshead, NSW
- Glendale, NSW
- Highfields, NSW
- Hillsborough, NSW
- Holmesville, NSW
- Jewells, NSW
- Kahibah, NSW
- Kilaben Bay, NSW
- Killingworth, NSW
- Kotara South, NSW
- Lakelands, NSW
- Little Pelican, NSW
- Macquarie Hills, NSW
- Mandalong, NSW
- Marks Point, NSW
- Marmong Point, NSW
- Martinsville, NSW
- Middle Camp, NSW
- Mirrabooka, NSW
- Moonee, NSW
- Morisset, NSW
- Morisset Park, NSW
- Mount Hutton, NSW
- Murrays Beach, NSW
- Myuna Bay, NSW
- Nords Wharf, NSW
- Pelican, NSW
- Pinny Beach, NSW
- Rankin Park, NSW
- Rathmines, NSW
- Redhead, NSW
- Ryhope, NSW

- Seahampton, NSW
- Silverwater, NSW
- Speers Point, NSW
- Sunshine, NSW
- Swansea, NSW
- Swansea Heads, NSW
- Teralba, NSW
- Tingira Heights, NSW
- Toronto, NSW
- Valentine, NSW
- Wakefield, NSW
- Wangi Wangi, NSW
- Warners Bay, NSW
- West Wallsend, NSW
- Whitebridge, NSW
- Windale, NSW
- Windermere Park, NSW
- Woodrising, NSW
- Wyee, NSW
- Wyee Point, NSW
- Yarrawonga Park, NSW

## **Illawarra Shoalhaven Local Health District (ISLHD)**

The Illawarra Shoalhaven Local Health District (ISLHD) covers a coastal region of New South Wales from Helensburgh in the north, to North Durras in the south, spanning four Local Government Areas:

### **Wollongong LGA**

- Austinmer, NSW
- Balgownie, NSW
- Berkeley, NSW
- Brownsville, NSW
- Bulli, NSW
- Coledale, NSW
- Corrimal, NSW
- Dapto, NSW
- Fairy Meadow, NSW
- Figtree, NSW
- Helensburgh, NSW
- Horsley, NSW
- Kanahooka, NSW
- Keiraville, NSW
- Mount Keira, NSW
- Mount Kembla, NSW
- North Wollongong, NSW
- Port Kembla, NSW
- Scarborough, NSW
- South Wollongong, NSW
- Stanwell Park, NSW
- Thirroul, NSW
- Towradgi, NSW
- Unanderra, NSW
- Warrawong, NSW
- Wollongong, NSW (CBD)
- Woonona, NSW

### **Shellharbour LGA**

- Albion Park Rail, NSW
- Albion Park, NSW
- Barrack Heights, NSW
- Barrack Point, NSW
- Calderwood, NSW
- Lake Illawarra, NSW
- Mount Warrigal, NSW
- Oak Flats, NSW

- Shell Cove, NSW
- Shellharbour, NSW
- Tongarra, NSW
- Tullimbar, NSW
- Warilla, NSW

#### **Kiama LGA**

- Bombo, NSW
- Curramore, NSW
- Foxground, NSW
- Gerringong, NSW
- Gerroa, NSW
- Jamberoo, NSW
- Jerrara, NSW
- Kiama Downs, NSW
- Kiama, NSW
- Minnamurra, NSW
- Rose Valley, NSW
- Saddleback Mountain, NSW

#### **Shoalhaven LGA**

- Berry, NSW
- Bomaderry, NSW
- Burrill Lake, NSW
- Callala Bay, NSW & Callala Beach, NSW
- Cambewarra, NSW
- Culburra Beach, NSW
- Cunjurong Point, NSW
- Currarong, NSW
- Dolphin Point, NSW
- Erowal Bay, NSW & Old Erowal Bay, NSW
- Falls Creek, NSW
- Fisherman's Paradise, NSW
- Greenwell Point, NSW
- Huskisson, NSW
- Hyams Beach, NSW
- Jaspers Brush, NSW
- Kangaroo Valley, NSW
- Kioloa, NSW
- Lake Conjola, NSW
- Lake Tabourie, NSW
- Manyana, NSW
- Milton, NSW

- Mollymook, NSW
- Myola, NSW
- Narrawallee, NSW
- North Durras, NSW
- North Nowra, NSW
- Nowra Hill, NSW
- Nowra, NSW
- Pebbly Beach, NSW
- Pyree, NSW
- Sanctuary Point, NSW
- Shoalhaven Heads, NSW
- St Georges Basin, NSW
- Sussex Inlet, NSW
- Swan Haven, NSW
- Terara, NSW
- Termeil, NSW
- Ulladulla, NSW
- Vincentia, NSW
- Wandandian, NSW
- Woollamia, NSW
- Yalwal, NSW

## **Nepean Blue Mountains Local Health District (NBMLHD)**

The Nepean Blue Mountains Local Health District (NBMLHD) covers four Local Government Areas: Penrith, Hawkesbury, Blue Mountains, and Lithgow.

**Lithgow LGA** includes the following towns, suburbs, and localities:

- Lithgow, NSW
- Bell, NSW
- Ben Bullen, NSW
- Bogee, NSW
- Bowenfels, NSW
- Capertee, NSW
- Clarence, NSW
- Cullen Bullen, NSW
- Dargan, NSW
- Glen Alice, NSW
- Glen Davis, NSW
- Hampton, NSW
- Hartley, NSW
- Hartley Vale, NSW
- Little Hartley, NSW
- Marrangaroo, NSW
- Meadow Flat, NSW
- Newnes, NSW
- Portland, NSW
- Rydal, NSW
- Sodwalls, NSW
- Tarana, NSW
- Vale of Clwydd, NSW
- Wallerawang, NSW