# Quality Food @ Sydney Institute of Agriculture

Robyn McConchie Sydney Institute of Agriculture School of Life and Environmental Sciences Faculty of Science University of Sydney





## Why Food Quality Research?

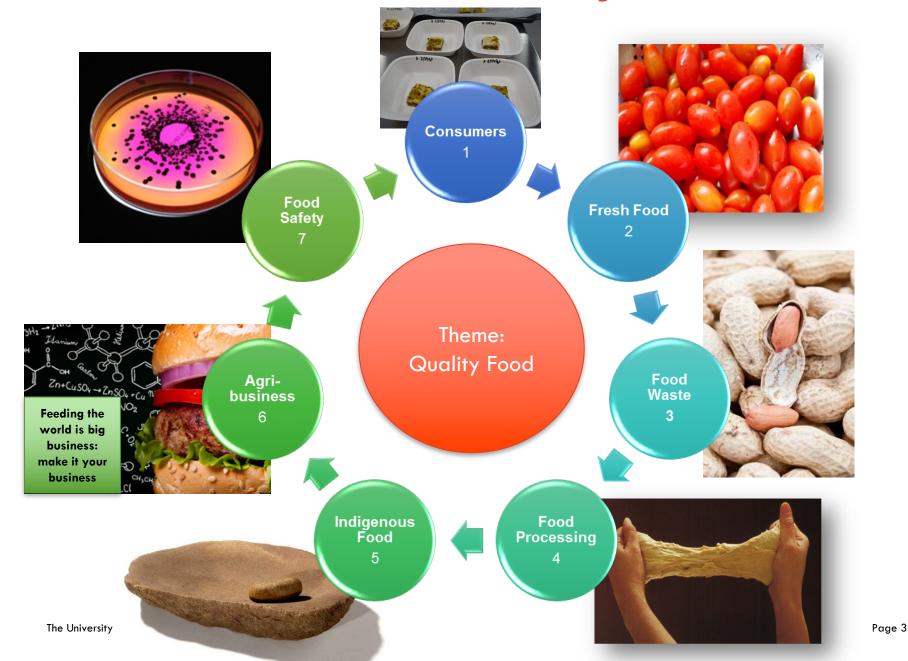
- Natural extension of agricultural production
- The **Farm** is where quality begins
- Quality depends on environment, genetics, handling within the supply chain
- Ultimately it's the consumer that decides the quality that is fit for purpose

## What does the consumer want?

- Nutritious
- Safe
- Sustainably produced
- Provenance
- Novel foods
- Flavoursome

Global sales of healthy food products are estimated to reach \$1 trillion by 2017 according to Euromonitor

# **SIA Research in Food Quality**





## **Consumer: Fruit and Vegetable Consumption**

8% Australians eat 5 serves of vegetables per day



Internationally few examples of success

Campaigns require tailoring to target groups with poor eating habits

Education of health benefit labelling + nutrients 10% or more of RDI













#### Research review

Promoting consumption of fruit and vegetables for better health. Have campaigns delivered on the goals?

Reetica Rekhy \*, Robyn McConchie Department of Plant and Food Sciences, Faculty of Agriculture and Environment, University of Sydney, NSW 2006, Aust

Health Promotion Journal of Australia http://dx.doi.org/10.1071/HE16003

### Consumer evaluation of 'Veggycation®', a website promoting the health benefits of vegetables

#### Reetica Rekhy<sup>A,C</sup>, Aila Khan<sup>B</sup>, Floris van Ogtrop<sup>A</sup> and Robyn McConchie<sup>A</sup>

<sup>A</sup>Department of Plant and Food Sciences, Faculty of Agriculture and Environment, University of Sydney, Level 4, Biomedical Building, 1 Central Avenue, Australian Technology Park, Eveleigh, NSW 2015, Australia. <sup>®</sup>School of Business, University of Western Sydney, Parramatta, NSW 2150, Australia. <sup>©</sup>Corresponding author. Email: reetica.relkhy@sydney.edu.au

Nutrition & Dietetics 2016

DOI: 10.1111/1747-0080.12328

#### ORIGINAL RESEARCH

## Australian consumer awareness of health benefits associated with vegetable consumption

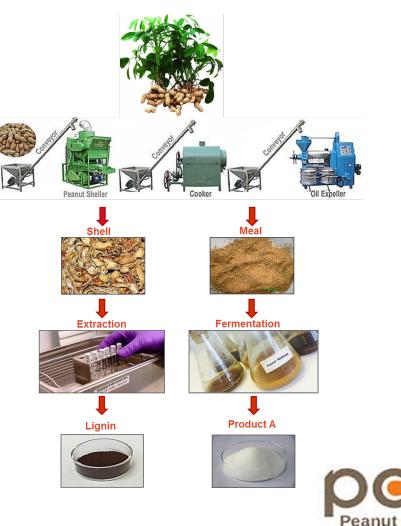
Reetica REKHY,  $^1$  Aila KHAN,  $^2$  Jocelyn EASON,  $^3$  Hazel MACTAVISH-WEST,  $^4$  Carolyn LISTER  $^5$  and Robyn MCCONCHIE  $^1$ 

<sup>1</sup>Faculty of Agriculture and Environment, The University of Sydney, and <sup>2</sup>School of Business, University of Western Sydney, Sydney, New South Wales, <sup>4</sup>MacTavish West Pty. Ltd., Tasmania, Australia; and <sup>3</sup>Food Innovation, The New Zealand Institute for Plant & Food Research Limited, Palmerston North, and <sup>5</sup>Food Innovation, The New Zealand Institute for Plant & Food Research Limited, Lincoln, New Zealand

#### Researchers: Robyn McConchie, Reetica Rekhy and Aila Khan

# Food Waste: Value added products

Peanut Waste



Horticultural Waste



- Protein
- Dietary Soluble and Insoluble Fibre
- Antioxidants
- Minerals
- Neutraceuticals





ARC Training Centre for the Australian Foo Processing Industry in the 21st Century (IC140100026).

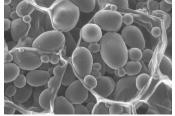
The University of Sydney

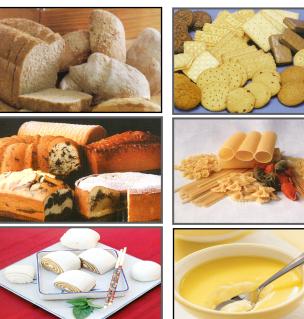
Researchers: Marjan Arab, Maryam Foktari, Peter Vatchev, Kim-Yen Phan-Thien, Dale McClure, Robyn McConchie and Fariba Dehghani

## **Processing: Starch**

- Natural polymer of major significance for humans
- 50-70% of dietary energy
  - how we digest starch has health implications
    - glycemic effect
    - food for gut microbes
- Major industrial product
  - 60+ million t/yr extracted from crops for use as a functional ingredient in foods (60%) and in non-food applications (40%)
- Research on structure-function relationships processing and nutrition

Researcher: Les Copeland













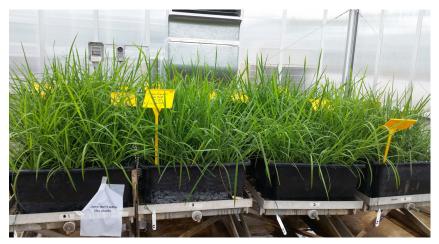
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## Indigenous Food: Rice



Wild rice growing on the floodplains of the Northern Territory Photo: CDU

 Oryza meridionalis and Oryza australiensis are wild species related to domesticated rice (Oryza sativa) and are endemic to northern Australia.



Wild rices growing in glasshouses at Macquarie University



Wild rice collected from the floodplains of the Northern Territory Photo: Matt Brann

- How do native Australian rices grow in highly saline soils?
- What are the grain quality attributes of the native Australian rices?
- How will grain quality be affected by rising atmospheric [CO2]?

Researchers: **Tom Roberts** and **Brian Atwell**, Macquarie University The University of Sydney







## Food Safety: Fresh Produce Recalls in Australia

# Nanna's Adds Frozen Raspberries to Recall



# SALADS WORTH DODGING

Products linked to the Tripod Farmers salmonella outbreak which should not be consumed:

### 2016

Victorian Health Department said 143 people fell ill with salmonella after eating Tripod pre-packaged lettuce products 2015 and 2017

8 people contracted hepatitis A from eating Patties Foods' Nanna's frozen berries. Highlighted concerns about country-oforigin labelling on food

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## **ARC ITTC Food Safety in Fresh Produce**

Science-based understanding food-borne pathogens in production and postharvest environments and deliver ready-to-use solutions for industry

### **On-Farm Environment**



\$~6M project
2017-2020
9 PhD Students
3 Postdocs
20 Industry Partners

### **Postharvest Environment**



### **Risk Assessment**







## **ARC Centre for Food Safety in Fresh Produce**

**Partner Organsations** 

Australian Government

**Australian Research Council** 



AUSTRALIA & NEW ZEALAND



| Program partner       |
|-----------------------|
|                       |
| pma                   |
| AUSTRALIA+NEW ZEALAND |































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Quality Food@SIA will harness the University's breadth of skills in food research, providing a vision for innovation in food quality