



Postgraduate Retreat

Presented by the Sydney Southeast Asia Centre

5 – 7 November 2019

HC Coombs Centre, 122 Kirribilli Avenue, Kirribilli



THE UNIVERSITY OF
SYDNEY

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Sydney Southeast
Asia Centre

Sydney Southeast Asia Centre

The Sydney Southeast Asia Centre is forging Australia's relationship with one of the world's fastest growing regions by educating students and building new partnerships with academics and governments based on research excellence.

With more than 500 academics across all faculties and schools working on and in Southeast Asia, the University of Sydney has one of the highest concentrations of regional expertise in the world.

Welcome

Dedicating time and space to write productively, stylishly and with enjoyment

Higher degree by research students have many obligations – to teach, to publish, to network, to deliver conference papers. But the most important thing – finishing your thesis – is often pushed to the side. In this dedicated writing retreat, we offer you the opportunity to go deep into your thesis for three solid days, providing you with the time, space and support to write. The program will include structured writing time, facilitated workshops, and informal discussions and debriefing sessions.

Expected outcomes of the retreat include:

- Making meaningful progress on an academic output (at a three day retreat, you can draft a chapter or journal article!)
- Daily workshop sessions on planning and structuring your writing
- Reflecting on your own writing habits and productivity
- Connecting with other research students from the University of Sydney and beyond



Photo credit: Khánh Phan (@ptkhanhvn)

Program

Day one

Date	Time	Session	Notes
Tuesday 5 November	08:30-10:00	Free Writing Time	<ul style="list-style-type: none">• Coffee and tea will be available from 08:30.• Please arrive no later than 10:00.
	08:30-09:30	Yoga / meditation with Jiva	<ul style="list-style-type: none">• Optional; please bring your own mat.
	10:00-10:45	Session 1: Introduction & Welcome	<ul style="list-style-type: none">• Compulsory
	10:45-12:30	Free Writing Time	<ul style="list-style-type: none">• Morning tea will be served at 10:45. You may take a morning tea break or write through.
	12:30-13:30	Lunch – Level 5	
	13:30-14:30	Session 2: Workshop One – Writing More With Less	<ul style="list-style-type: none">• Compulsory
	14:30-16:00	Free Writing Time	<ul style="list-style-type: none">• Afternoon tea will be served at 15:00. You may take an afternoon tea break or write through.
	16:00-17:00	Session 3: Work-in-Progress	<ul style="list-style-type: none">• Compulsory
	17:00	Day's End	<ul style="list-style-type: none">• You may stay until 18:00 if you wish to continue writing.

Program

Day two

Date	Time	Session	Notes
Wednesday 6 November	08:30-12:30	Free Writing Time	<ul style="list-style-type: none">• Coffee and tea will be available from 08:30.• Please arrive no later than 10:00.• Morning tea will be served at 10:45. You may take a morning tea break or write through.
	08:30-09:30	Yoga / meditation with Jiva	<ul style="list-style-type: none">• Optional; please bring your own mat.
	12:30-13:30	Lunch – Level 5	
	13:30-14:30	Session 4: Workshop Two – Planning and Structuring a Sustained Piece of Writing	<ul style="list-style-type: none">• Compulsory
	14:30-16:00	Free Writing Time	<ul style="list-style-type: none">• Afternoon tea will be served at 15:00. You may take an afternoon tea break or write through.
	16:00-17:00	Session 5: Work-in-Progress	<ul style="list-style-type: none">• Compulsory
	17:00	Day's End	<ul style="list-style-type: none">• You may stay until 18:00 if you wish to continue writing.

Program

Day three

Date	Time	Session	Notes
Thursday 7 November	08:30-12:30	Free Writing Time	<ul style="list-style-type: none"> Coffee and tea will be available from 08:30. Please arrive no later than 10:00. Morning tea will be served at 10:45. You may take a morning tea break or write through.
	08:30-09:30	Yoga / meditation with Jiva	<ul style="list-style-type: none"> Optional; please bring your own mat.
	12:30-13:30	Lunch – Level 2	
	13:30-14:00	Session 6: Work-in-Progress	<ul style="list-style-type: none"> Compulsory
	14:00-16:15	Free Writing Time	<ul style="list-style-type: none"> Afternoon tea will be served at 15:00. You may take an afternoon tea break or write through.
	16:15-17:00	Session 7: Debrief and Planning for the Future	<ul style="list-style-type: none"> Compulsory
	17:00	Event ends	



Photo credit: @robertmarrel via Instagram

Retreat Facilitator



Dr Natali Pearson

Curriculum Coordinator, Sydney Southeast Asia Centre

Dr Natali Pearson is a Deputy Director at the Sydney Southeast Asia Centre at the University of Sydney. Her research focuses on the protection, management and interpretation of underwater cultural heritage in Southeast Asia.

Natali is co-editor of *Perspectives of the Past of Southeast Asia (PoP)* at *New Mandala* and a regular contributor to *The Conversation*. Natali has completed a PhD on underwater cultural heritage in Indonesia (2018, USYD). She also holds a Master of Museum Studies (2013, USYD); a Master of Arts in Strategy and Policy (2006, UNSW); and a Bachelor of Arts (Asian Studies) with Honours Class One in History and Indonesian Studies (2002, UNSW). She has worked at the Asia Society's galleries in New York and Hong Kong, and as a consultant to the Asia Society Arts & Museum Summit. She is an alumni of the Australian Consortium for In-Country Indonesian Studies and the Asialink Leaders Program. Prior to this, she worked in Asia-focused defence and anti-money laundering / counter-terrorism financing roles in the Australian federal government.

Yoga Instructor



Mr Jiva Nath Lamsal

Mr Jiva Nath Lamsal is a certified yoga master with training on it from Nepal and Australia. He has been practicing from 2008 and is associated with World Awakening Mission, a non-profit making charitable, spiritual organization with headquarter in Nepal. Jiva is currently pursuing his PhD in the Department of Theatre and Performance Studies at the University of Sydney's School of Literature, Art and Media.



Photo credit: Theo Widharto

Work-in-Progress (WIP) Guidelines

- **Process:**

- Small groups – five people
- Meet for one hour each afternoon
- Two participants present their WIP for discussion for 30 minutes each during the meeting
- Everyone must present their WIP once during the retreat
- Different roles: Presenters; Chair; Scribe; Discussants

- **Presenters:**

- Give the working title of your paper or chapter and locate it in a general field of enquiry
- Tell the group who the intended audience is
- Tell the group, in a nutshell, what you are trying to tell your audience in this piece
- Use an outline of the piece rather than speaking to your complete text (no more than one page, using headings and notes that you speak to rather than dense text)
- Now raise an issue, question or problem you have with writing this piece for discussion and problem-solving with the group
- Talk to the group for no more than half the time (so no more than 15 minutes). Spend the rest of your time in discussion.
- Don't bring much, if any, writing to read (a paragraph at most) – instead focus on talking about your writing issue

- **Chair:**

- Appoint someone to chair each meeting
- As well as introducing the session, their role is to ensure that
 - the process goes well for the presenter
 - that the presenter only presents for half the time (15 minutes) and that the session finishes on time (30 minutes for presenter one, 30 minutes for presenter two)
- This role should rotate so that everyone takes a turn

Work-in-Progress Guidelines

- **Scribe:**

- Appoint a scribe to take notes of the discussion on behalf of the presenter
- Take notes of the discussants' contributions (questions, comments, suggestions) and hand them to the presenter at the end of the session (make sure they are legible!)
- This role should rotate so that everyone takes a turn
- Rotating is particularly important as it takes the scribe out of the discussion significantly

- **Discussants:**

- The discussant's job is to respond to the presenter's issue in a way that assists them to move forward
- Aim to be lateral in your thinking, challenging and encouraging
- Ensure your contribution to the discussion stays within these ground-rules:
 - Frame feedback tentatively and constructively – as a gift
 - Discern and stay with the presenter's intentions rather than your own
 - Don't repeat yourself

- **Instructions:**

- You have one hour!
- Identify two presenters
 - **Part 1:** Presenter One will have 30 minutes
 - **Part 2:** Presenter Two will have 30 minutes
- For **Part 1:**
 - Identify a Chair
 - Identify a Scribe
 - Presenter One should talk for no more than 15 minutes
 - The group should then discuss the problem posed for the remaining time
- For **Part 2**
 - Repeat the steps above
 - Remember to swap the roles of Chair and Scribe!

Participants

Name	Institution	Faculty/School	WIP group
Abner Yalu	University of Sydney	Faculty of Engineering and IT	9
Anjar Asmara	University of Technology Sydney	Mathematics and Physical Sciences	5
Annie Wu	University of Sydney	School of Geosciences	5
Antonius Sumarwan	Queensland University of Technology	Business School	6
Astari Anjani	University of Sydney	Sydney Law School	4
Aye Phyo	University of Sydney	School of Geosciences	7
Bambang Hariyanto	Western Sydney University	School of Humanities and Communication Arts	9
Ben Dharmendra	University of Sydney	Faculty of Arts and Social Sciences	5
Chieh-Ming Lai	University of Sydney	Faculty of Science	2
Chinaza Onwuchekwa-Henry	University of Sydney	School of Life and Environmental Sciences	8
Clara Siagian	Australian National University	Crawford School of Public Policy	1
Daniel Howell	University of Sydney	School of Life and Environmental Sciences	6
Edward Gorgon	University of Sydney	Faculty of Health Sciences	2
Eliza Victoria	University of Sydney	Faculty of Arts and Social Sciences	3
Estee Ch'ng	University of Sydney	Business School	8

Participants

Name	Institution	Faculty/School	WIP group
Faris Yothasamuth	University of Sydney	Faculty of Arts and Social Science	1
Jarrah Sastrawan	University of Sydney	School of Languages and Cultures	7
Jessica Gillies	University of Sydney	Faculty of Arts and Social Sciences	4
Jiva Lamsal	University of Sydney	School of Literature, Art and Media	3
Kate Seewald	University of Sydney	School of Social and Political Sciences	7
Kihong Mun	University of Sydney	School of Social and Political Sciences	8
Leilani Craig	University of Sydney	Faculty of Science	4
Lisa Redwood	University of Sydney	Faculty of Medicine and Health	6
Lorraine Leung	University of Sydney	Faculty of Arts and Social Sciences	9
Lucinda Dunn	University of Sydney	Faculty of Science	5
Marie Girado	University of Sydney	Faculty of Arts and Social Sciences	1
Moh. Syahrul Ibrahim	Monash University	Faculty of Education	4
Muhammad Hafidz Lidinillah	Western Sydney University	School of Law	7
Naomi Cammayo	University of Sydney	School of Languages and Cultures	6
Nisa Fadillah	Western Sydney University	School of Humanities and Communication Arts	4

Participants

Name	Institution	Faculty/School	WIP group
Novika Candra Astuti	Queensland University of Technology	Business School	3
Nurwanto Nurwanto	Western Sydney University	School of Education	2
Panita Silapavithayadilok	University of Sydney	School of Languages and Cultures	1
Pradipto Niwandhono	University of Sydney	School of Languages and Cultures	9
Pradytia Pertiwi	University of Sydney	School of Health Sciences	1
Puji Rahayu	University of Sydney	School of Education and Social Work	2
Rizanna Rosemary	University of Sydney	Faculty of Arts and Social Sciences	8
Romi Setiawan	Western Sydney University	School of Law	8
Rosaria Indah	University of Sydney	Sydney School of Education and Social Work	9
Shafiza Mohamed	University of Sydney	Faculty of Arts and Social Sciences	3
Shaifurrohman Mahfudz	Western Sydney University	School of Law	3
Susi Afriani	Western Sydney University	School of Humanities and Communication Arts	5
Veronica Gregorio	University of Sydney / NUS	School of Geosciences	7
Zulys Zulystiawati	Flinders University	College of Education, Psychology and Social Work	2



Photo credit: Franc Pallarès López





Sydney Southeast Asia Centre


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