

Student News



20 May 2020

Have news? Share it with us

Entries open for the Student Innovation Challenge

Do you have an innovative solution to a real-world problem? Entries to the Innovation Challenge are now open for students to pitch their ideas for the chance to win from a prize pool of over \$28,000. [Check out the website](#) for eligibility and to enter.



Dealing with mental health in a changing world

As world events progress rapidly, it's easy to get swept up with anxiety and stress. We spoke to a youth mental health expert to get some [basic tips and advice](#) on how to look after your mental health during these times of crisis and uncertainty.



Help calm your mind with twice weekly [mindfulness sessions](#), where you'll have the opportunity to learn and practice techniques together with a facilitator and other students.

Are you ready for Semester 1 exams?

Exams commence on 9 June, so make sure you're prepared and check our [information on exams](#). If you're taking a proctored online exam, make sure you've read through the '[Taking online tests and exams](#)' [Canvas site](#) ahead of time to ensure you're prepared and set up to take your online exam. If you haven't already, we strongly encourage you do a [practice test](#) – so you can test out your computer and internet, and so you know what to expect when your real exam starts.

TEDxSydney Celebration Livestream

For some inspiration during these challenging times, we invite you to join TEDxSydney who is hosting a one-off [Virtual Celebration](#) this Friday 22 May, from 4 to 7pm. They dip into the vast catalogue of some of their best talks, films and performances.



Relax, stay healthy, study effectively

Check out all of the activities the Library and STAR Team have in store to keep your mind and body healthy in the lead up to exams. From stretching to puzzles, study support and your daily dose of positivity, [Exam Ready](#) is here for you – online.

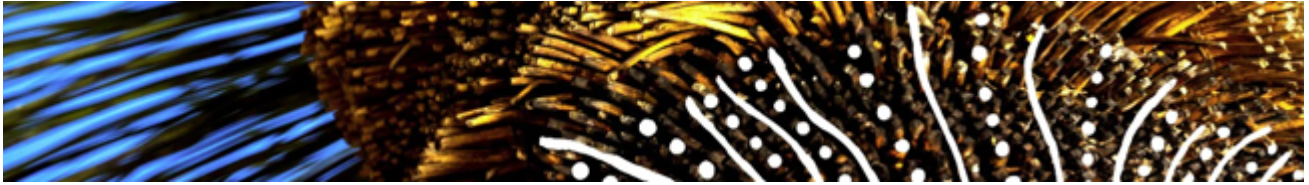


Baking on a budget with Cake Boy

Join Arkady AKA 'Cake Boy' and PhD candidates Virginia and Helen for an interactive online baking class. In Good Chef, Bad Chef style, they'll suggest healthy and nutritious options to make your favourite baked treats. [Register for the workshop](#) on Friday 29 May.

Notices

- The 2020 student calendar has been updated to reflect the changes to the Semester 2 start date. [Download the calendar](#).
- Zoom is being upgraded. To be able to access Zoom from June, you must perform the upgrade to version 5.0 before Saturday 30 May. [Download a fresh copy of the Zoom Client](#).
- [Unit of study surveys](#) are now open for you to provide valuable feedback. By providing comments that are constructive, specific and actionable you'll help improve the learning experience for everyone.
- The survey to [provide your feedback](#) on the qualities that are most important in the appointment of the University's next Vice-Chancellor closes soon.



Stay connected

National Reconciliation Week 2020

- From 25 May to 3 June, you're invited to discover Aboriginal and Torres Strait Islander cultures, and to share that knowledge to help us grow as a nation.
- Wiradjuri Elder and Business School lecturer, Percy Knight, looks at [missed opportunities for reconciliation](#) in Australia's past and where we go from here.
- [Check out the full list](#) of National Reconciliation Week online events.

Crack the code

- Showcase your coding expertise at Coding Fest 2020, presented by the School of Computer Science. Get your team together and [submit your application](#) by Friday 29 May.

Geopolitics post COVID-19

- The COVID-19 outbreak is fundamentally reshaping the global strategic landscape. How are the US and China handling the COVID-19 situation? Join experts in political science, Asia-Pacific security, and government and international relations to discuss in this [Sydney Ideas event on 2 June](#).

Quaranteams Trivia Night

- Want to test your knowledge of all things Aussie? Join our student ambassadors and your classmates for [Quaranteams trivia](#), every Thursday night.

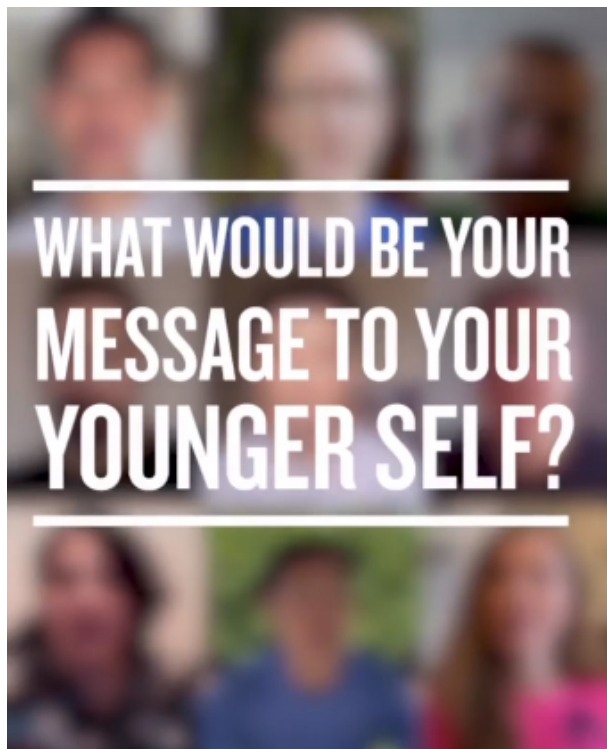
Discover our COVID-19 research and expertise

[Browse the latest research and analysis](#) about COVID-19 by our Sydney Uni experts.



This week's highlight:

- With HSC students facing unprecedented challenges, two Sydney Uni Honours students have drawn on their own HSC experiences and [launched an online platform](#) to support Year 12s during their final year.



Best of #usydonline

Members of the University's Pride Network went back in time to give their younger selves advice for International Day Against Homophobia, Biphobia, Intersexism and Transphobia 2020. [Watch the video on Instagram.](#)

Use **#usydonline**, or tag [@sydney_uni](#) for your chance to be featured.



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