

31 March Have news? Share it with us

## What to do this mid-sem break

Next week is mid-semester break. While it's important to catch up on some study, make sure to also find some time to relax, recharge and get ready to tackle the rest of semester. Here are some ideas to help you come back to class feeling refreshed.



## Meet partner universities at International Month

<u>International Month</u> is where Sydney Abroad brings the world to you. Meet partner universities, discover virtual winter programs and plan for a global experience during your degree.



# Talk with peers on and off campus

Talk with fellow students about the highs and lows of student life with the TalkCampus app, an online peer to peer mental health and wellbeing support network. <u>Download now for iOS and Android</u>.



#### **Notices**

- Today is <u>census date</u> the last opportunity to make any changes to your enrolment without financial or academic penalty.
- The University is implementing <u>multi-factor authentication</u> (MFA) to improve security when logging in to University systems. Follow the instructions <u>outlined in our guide</u> to set up your MFA.
- Please note that Daylight Saving Time ends this Sunday 4 April in New South Wales, with clocks moving backward one hour. If you're studying elsewhere in Australia or overseas, your class times will be an hour later.



#### Get involved

## Exchange a language with a new friend

 Apply now to the USU's popular <u>Language Exchange Program</u> to swap languages and meet people of different cultural backgrounds. It's fun, flexible and free – making multilingual friends has never been easier!

## How has COVID-19 impacted you?

A research study is being conducted to help improve how universities support students
during times of crisis. How has COVID-19 impacted your university experience and the
support offered to you by your institution? <u>Complete this short survey</u> and you'll have the
chance to win a \$50 giftcard.

## Relieve the pressure at university

 Are you an international student? batyr are running a program to help relieve pressure and stress and help you focus at university in Semester 1. Hear our lived experience speaker talk about what they've done to support their wellbeing and succeed on Thursday 8 April.
 Register now.

## **Emerging civic leaders program**

 Are you between 18 and 26 and want to build experience and skills for your future career with a powerful network of emerging community leaders? The City of Sydney is offering a 24/10/2024, 10:36 Student News - 31 March

<u>free six week intensive, action-oriented virtual program</u> to amplify your voice in community decision-making.

#### Studying in Australia – survey for international students

<u>Please share your valuable feedback</u> to help the Australian Government to better
understand your experience as an international student currently studying in Australia. It
will help them to improve services for, and communications with, the international student
community.

#### **Frontiers of Science Fiction**

Pew pew! Science and SpecFic and aliens, oh my! If you're into science, sci-fi or 1950s
predictions for the future, then you're going to love this exhibition. Check it out on level 2
of Fisher Library or on the <u>Library website</u>.

## Student spotlight

In response to COVID effectively shutting down live performance, the Sydney Conservatorium of Music was forced to rethink how opera in a time of a global pandemic could look. They took a traditionally staged opera, Cendrillon, and produced it as an opera film. Grab some popcorn and watch it now on YouTube.

## Insta of the week

How beautiful is this glimse through the arches of the Quad by <u>@fayes\_photos</u>?

Tag @sydney uni or #usyd for your chance to be featured.



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