

Student News

THE UNIVERSITY OF
SYDNEY**13 October 2021**[Have news? Share it with us](#)

5 ways you can tune in on your mental health this month

We've compiled a list of different ways you can get involved and tune in on your mental wellbeing during Mental Health Month – from [events and podcasts](#), [to checklists and resources](#).



USU Wellness Week

Whether you're interested in mindfulness and yoga classes, or learning skills for maximising your study and productivity, [join three days of online events](#) from 19 to 21 October all focused on improving your health and wellbeing.



Get your free Pfizer vaccination on campus

NSW Health is operating a pop-up Pfizer vaccination clinic on campus from 18 to 20 October. [Book in advance](#) or simply walk in. Plus, you can grab a free coffee from the truck while you're there.



Preparing for a gradual return to campus

The [Vice-Chancellor wrote to all students](#) last week as New South Wales reached the 70% double dose vaccination milestone. For now, all students are encouraged to continue to study remotely, unless it is not reasonably practicable for you to do so. Please keep an eye on your University inbox for the [latest updates](#) in line with Government health advice.

Notices

- Once you have received your first dose or are fully vaccinated with a COVID-19 vaccine, there are several options to get proof of your vaccinations, depending on your situation. Visit the [NSW Health website](#) for instructions.
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- Last week the University sent an Expression of Interest (EOI) Form, via email, to continuing and suspended international students identified as currently being located offshore. The EOI Form is how current and suspended students can register their interest in the [International Arrivals Pilot Program](#). If you believe you should have received the EOI email and did not, please contact us via [this link](#).
- Earlier this week, NSW Health advised the University that a student who used the Carslaw computer lab has tested positive to COVID-19. Students and staff who attended the lab during the exposure period (2-9 October) are considered casual contacts and have been communicated with directly. [Further information is available on our website](#).



Get involved

What is a startup and why should Australia make more?

- Don't miss the final panel of the Sydney Innovation Festival, where senior executives from Afterpay, Atlassian, Canva and TEDxTalk will explore the Australian startup ecosystem and funding opportunities. [Register for the panel tomorrow](#).

Join the batyr team in 2022

- Are you keen to make a difference on campus and help create a positive culture surrounding mental health and wellbeing? Apply to join the batyr exec in 2022! [Check out the role descriptions and apply](#) by Monday 25 October.

USU Club Awards Nominations

- Nominations have officially opened for Club Awards 2021. Despite a challenging year, our clubs have continued to organise an amazing range of events for their members and we want to recognise and celebrate all their hard work. [Nominations close on 25 October](#).

Visit the Chau Chak Wing Museum

- The Chau Chak Wing Museum is reopening on 18 October, with enhanced health and safety measures in place. [Check our website](#) for the latest information on safety measures and conditions of entry before checking out some of the amazing exhibits.

Tell us how you're using TalkCampus

- Do you use TalkCampus? Never heard of it? To improve our knowledge on how students are interacting with the TalkCampus app and other mental health services, please take the time to [complete our 2-minute survey](#). This survey will close on 31 October.

Virtual world challenge

- The 2021 Sydney Abroad Fair is on now! Access the world map which outlines a range of different challenges corresponding with different host universities around the world. Start in Sydney and [make your way around the world](#) in whatever order works for you!

Insta of the week

We may feature a lot of Quad photos (it's kind of hard not to), but this one has Dalmatians!

Photo credit: [@tassiejaxandralfosydney](#).

Tag [@sydney_uni](#) or #usyd for your chance to be featured.



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