

Student News

THE UNIVERSITY OF
SYDNEY**20 October 2021**[Have news? Share it with us](#)

The why to zzz of getting a good night's sleep

Everyone has their own unique sleep cycle, but whether you're an early riser or a night owl, [these tips will help you get onto a sleep schedule](#) that will help you stay at your best as we head towards end of semester exams.



What is contract cheating and how can it be avoided?

It's been a long year and with assessments around the corner, the accumulated fatigue could have you tempted to take some shortcuts with exams. Today, on International Day of Action Against Contract Cheating, [find out why you should always submit your own work](#).



Last chance to apply for the next Industry Impact Program

Want to gain industry experience while expanding your professional network? First and second year students have the opportunity to work on a 3-week authentic industry project from 29 November



to 17 December. [Applications close 24 October.](#)

In-person graduations are back

Given the relaxation of public health restrictions in NSW and after extensive consultation with students, the University has announced plans to hold in-person graduation ceremonies on campus in December. These will be offered to all students who were scheduled to graduate in Semester 2 2021. Impacted students have been emailed directly and further information is available [on our website](#).



Notices

- End of semester exam timetables were released on Monday. [Access your exam timetable and find out about online exams](#). There are some key steps that you need to take to prepare for online exams, so make sure you've read through the ['Taking online exams' Canvas site](#) carefully to ensure you're prepared and set up to take your online exam.
- Students currently located in Australia have been sent a survey to share their study experience and study plans to assist with planning in 2022. If you did not receive this email, please ensure your details are correct in [Sydney Student](#), including your home and current residential address.
- If you need to come to campus, make sure you complete the [conditions of entry form](#) and check the latest updates on our [COVID webpage](#).
- The Open Spaces Team will remove three Port Jackson Fig trees from University Avenue on Saturday 30 October, as their condition poses a risk to public safety. They will be replaced with another three Port Jackson Fig trees.



Get involved

USU Wellness Week

- Thursday is the last day of [USU Wellness Week](#), with highlights including a [HIIT workout](#), a [mindful sketching class](#), a [focus and study workshop](#) and a [virtual dance workout](#)!

Harry Potter trivia with the Library

- Calling all Harry Potter fans! The Library is hosting magical trivia on Thursday 28 October – make new friends, catch-up with mates and test your knowledge of the Harry Potter books and movies. [Register now](#).

USUs How to: Understand the Power of a Dumping

- Join author and recent Survivor contestant, Wai Chim, as she tells her story about moving to Australia to enjoy the sun and pursue her passion for writing. She will discuss the highs and lows and the amazing experiences she had along the way. [Register for the online event](#) on Thursday 28 October.

Exam Ready is coming!

- The Library's Exam Ready program for Semester 2 is coming! Events will run via Zoom and will help you keep healthy, study effectively, connect with others and ace your exams. Check out the [Exam Ready webpage](#) in early November for more information on each activity.

Genesis Cohort 28 Final Pitch Event

- [RSVP to watch our top 7 finalists](#) deliver their best 2-minute pitches to win \$25,000! Ensure you stay online for our digital drop-in networking event where you can mingle with our finalists, Genesis mentors, Industry Professionals and other entrepreneurs on Tuesday 26 October.

Sydney spotlight

Sydney scientist Dr Ayesha Tulloch has been named the 2021 NSW Young Tall Poppy of the Year for excellence in conservation biology.



Join the WeChat Mini Program

The University's accessible, personalised and interactive WeChat Mini Program has been designed to help international students with all their needs, and now features a new monthly newsletter in Mandarin, curated especially with fun and exciting activities to join virtually. Join by scanning the QR code.



Insta of the week

There's no place like Holme! Great to see more and more [USU outlets](#) starting to re-open.

Photo credit: [@seamusoz](#)

Tag [@sydney_uni](#) or #usyd for your chance to be featured.



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Phone +61 2 9351 2222 ABN 15 211 513 464 CRICOS Number: 00026A

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