

20 April 2022

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How to avoid a mid-semester slump

The mid-sem break is here and due dates are starting to loom – it's no wonder the energy levels can drop as we head into the second half of semester. Here are five easy, wallet-friendly ways to help you avoid the mid-semester slump and power through.



ANZAC Day Dawn Service

This <u>traditional dawn service</u> at 5am on Monday 25 April, supported by the University of Sydney Regiment, is open to all and offers an opportunity to honour the ANZACs and reflect on the many different meanings of war.



Therapaws are back on campus

Need some paws-itivity? <u>Our dog therapy</u> <u>event</u> is coming back on campus to bring you adorable doggos! De-stress, discuss mental health and wellbeing, and meet our esteemed furry, four-legged guests on Thursday 5 May between 12pm and 2pm.



Notices

- The USU is holding elections for five Board Directors in May. Have your say by casting your vote – make sure you enrol by Friday 6 May. <u>Find out more about the upcoming USU Board</u> <u>Elections</u>.
- Monday 25 April is the ANZAC Day public holiday classes resume on Tuesday 26 April.



Get involved

Tour the Museum of Contemporary Art

Join the USU for a tour of the MCA, located next to Circular Quay, on Thursday 5 May. With spectacular art and views of the harbour, come along to learn something new and meet some fellow art lovers! Register now.

Get your blood pumping

Ready. Set. Give! Join the Tertiary Blood Challenge by giving blood or plasma and make a difference as part of the University of Sydney Lifeblood Team. Take part by booking a donation on the challenge-webpage.

Postgraduate Information Week

Thinking about postgrad study? Choose from a range of webinars, as well as our Postgraduate Expo and information sessions on campus to get all the information you need to <u>start your next</u> <u>journey</u>.

Insta of the week

Cloisters in the Quad are looking greener than ever after all the rain.

Photo credit: @wanderlustbylc

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