

29 September 2022

Have news? Share it with us

How to avoid the mid-semester slump

We asked, you answered! Here are <u>five</u> <u>easy, wallet-friendly ways</u> Sydney students help keep their energy levels high and avoid the mid-semester slump.



The path to net-zero

From our sustainable campuses to our game-changing research, the University is pioneering advances in renewable energy, waste management and green technologies. Find out more about our commitment to sustainability and how you can get involved.



Pilot student SMS survey

To better understand our students' needs and experiences, the University is piloting an SMS survey. The SMS survey, developed in consultation with students, will help us improve the way we support you.

If you've provided an Australian mobile number to the University, you'll receive an SMS during the month of October from the following number: +61 482 078 116. The SMS will encourage you to provide feedback on how you feel about university life on a scale of 0-10 (0=not at all positive, 10=extremely positive). Your responses will be confidential. Find out more about the SMS survey.

Notices

- The University extends its solidarity and support to the people of Iran and members of our community with Iranian citizenship, who are of Iranian background, or have family and friends in the region. Read the University's full statement and find out more about the support available for students.
- As magpie breeding season is underway across New South Wales, students are reminded
 to take care as magpies start swooping from late September for a few weeks to protect their
 young. <u>Find out more about how to avoid swooping magpies</u>.
- Daylight Savings Time starts on Sunday 2 October in New South Wales. Clocks in New South Wales will be put forward an hour, so if you're studying elsewhere in Australia or overseas, make sure to double check the local time when you return from mid-semester break on Tuesday 5 October.



USU Events

Day Trips: guided tour of Chinatown

Join the USU and Local Sauce Tours to explore Chinatown. Learn about the history of Chinatown, hear stories from the Australian-Chinese community and sample various snacks from some of the best local eateries. Get your tickets now, only \$10 for students.

Visit the Night Noodle Markets

After two years, the Night Noodle Markets have returned to Sydney's Prince Alfred Park! Join the USU on Thursday 6 October at 5:00 pm to venture through the markets, sample delicious noodle-based dishes and make new friends. Register now.

Drag bingo at Manning Bar

Join multi award-winning drag performer Charisma Belle on Wednesday 19 October for a night of drag bingo at Manning Bar. With \$1,000 worth of prizes up for grabs, you won't want to miss this event! Get your tickets now, only \$10 for USU members.



Get involved

Student elections voting opens

Voting opens Tuesday 4 October for a range of student positions on Senate, Academic Board, Faculty Board, University School Board, Faculty and University School. Students eligible to vote in these elections will receive an automatically generated email from BigPulse (third party voting software) to their student email account. Read about the candidates before you cast your vote and direct any enquiries to secretariat.elections@sydney.edu.au.

No health without mental health

Join the Sydney Southeast Asia Centre on World Mental Health Day, Monday 10 October, to hear from experts about the current state of mental health in Indonesia. The discussion will be followed by a screening of the film 'It Takes a Village'. Register for the online event.

Eat Up packing day

Did you know that more than 1 in 5 Australian children have experienced food insecurity in the last 12 months? Join the USU and <u>Eat Up Australia</u> on Tuesday 11 October to help make sandwiches for disadvantaged school kids experiencing food insecurity. <u>Register now to volunteer</u>.

Let's talk about climate change

Join the Matilda Centre and Net Zero Initiative on Tuesday 11 October for a panel discussion about the mental health impacts of climate change. The panel discussion aims to arm young people with practical coping strategies and discover Net Zero solutions that industry can implement to bring about change. <u>Submit your questions to the panel and register for the event</u>.

Distinguished Law Alumni Series

Join the Law School on Wednesday 5 October for a special event with University of Sydney Law School alumnae Her Excellency the Honourable Margaret Beazley AC KC, Governor of NSW, and Nicole Abadee. Register now for the in-person event.

Image of the week

The Old School Building on Cadigal Green – 143 years old and still as magnificent as ever.

Photo credit: <a>@exp_brandy

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