



5 June 2023

Exams, Semester 1

Best of luck to everyone sitting an exam this week! In today's edition, we share where to get free breakfast and lunch on campus, as well as tips for managing stress during your exams. We're also pleased to share that FoodHub have extended their opening hours to five days a week, making essential food items more accessible to our community.

This week's top stories

Free breakfast and lunch outside Fisher Library

Catch the [USU Food Truck outside Fisher Library](#) every Monday to Thursday until 15 June to fuel up for exams. USU Members can enjoy free breakfast from 9:30 am, free lunch from 12 pm and free soft serve from 2:30 pm. Not a USU Member? [Join for free](#).



Five ways to de-stress this exam season

Exam season can be stressful. Let your worries float away with these [five simple tips to manage stress during exam time](#).



FoodHub now open five days a week

[FoodHub, a service providing free food and other essential items](#) to students, have extended their opening hours from Monday to

Friday, 10 am to 2 pm. Visit FoodHub on Level 4 of the Wentworth building.



What the 2023-24 federal budget means for students

The University is here to support your ongoing study. If you're experiencing financial difficulties, there's a range of financial support available to you.

As part of the recent Federal Budget's commitment to cost-of-living relief, students who receive Youth Allowance, Austudy and ABSTUDY will see an increase of \$40 per fortnight starting in September 2023. Recipients of student income support payments will also be eligible for a 15 per cent increase (around \$31 per fortnight) in rental support through Commonwealth Rent Assistance.

Need to know

- NSW Health is urging the community to be on alert for [symptoms of meningococcal disease](#) and act immediately if they appear after the notification of three recent cases. Meningococcal disease is difficult to spread, and your risk of developing infection is very low. However, if you develop any symptoms, including sudden onset of fever, a rash of red-purple spots or bruises and/or dislike of bright lights, seek medical advice immediately. If symptoms rapidly worsen call Triple Zero (000) or go straight to your nearest emergency department.
- If you're sitting an in-person exam in the next two weeks, ensure you get to campus early on exam day, know where your exam room is and bring valid photo identification. [Learn more about in-person exams](#).
- There are no exams on the King's Birthday public holiday, Monday 12 June.

Event highlights

6 June | Capitalism, colonialism and multispecies justice

How has capitalism and colonialism rendered multispecies injustice as business as usual? [Join a panel of experts online](#) from 5:30 pm Tuesday 6 June to consider what alternative structures could support conditions for justice.

15 June | How Australia can navigate US-China economic battles

How should Australia balance relations with its largest trading partner, and its most important ally? [Join the United States Studies Centre \(USSC\)](#), on Saturday 15 June from 6 pm for a panel discussion to unpack this issue.

5–17 June | Student performances at the Conservatorium of Music

Support your fellow Con students as they perform for their final exams. [Student recitals](#) are held over the next two weeks at the Conservatorium of Music and range from instrumental to vocal pieces.

What's happening at Sydney

New all gender bathrooms in Fisher Library

[Three brand-new all gender accessible bathrooms are now open](#) on level 1 of Fisher Library (near lifts and the connection to the Law Library). Ensuring that our spaces are accessible to our community is a priority, and we're committed to celebrating diversity and welcoming people from all backgrounds.

Complete the Undergraduate Guide survey for the chance to win a USYD hoodie

First year students, we want to hear from you! Tell us how you used the [Undergraduate Guide 2023 \(pdf, 7.4MB\)](#) for a chance to win free USYD hoodie. [Complete the survey](#) by 11:59 pm Monday 12 June.

Submit your work to the 2023 Sydney University Anthology

Inspired by a love of the written word, this year's Anthology theme is prologues and epilogues. [Submit your short stories, essays and poems to the Anthology](#) by Monday 31 July for the chance to be published.

Apply for the Service Learning in Indigenous Communities program

Listen, learn and apply your knowledge to help address priority challenges with Aboriginal and Torres Strait Islander people by participating in the Service Learning in Indigenous Communities (SLIC) program. The program is delivered in partnership with the ICPU program, and provides

credit towards your degree. [Learn more about the Semester 2 SLIC program](#) and apply before 11:59 pm Sunday June 18.

Learn more about the Sydney Biomedical Accelerator Complex

The University is currently preparing a State of Significant Development Action (SSDA) for the construction of a new building, the [Sydney Biomedical Accelerator Complex \(SBA\)](#) on our Camperdown campus. You're invited to a community information session from 5:30 pm on Tuesday 6 June at the Susan Wakil Health Building to find out more about the new design concept. [Contact SBA to find out more about the event](#).

Supercharge your studies with language skills

Gain sought-after skills with the [Diploma of Language Studies, our flexible pathway program](#) which allows you to learn a language during or after your degree at your own pace. Applications for the Semester 2 intake close on Saturday 15 July.

Attend SUPRA's graduation party

[Join SUPRA](#) on Saturday 17 June from 5 pm at the Refractory to celebrate graduation and your fellow postgraduate peers. They'll be canapés, drinks, a DJ and a photographer. Tickets at \$20 per person.

Listen to the Sydney University Graduate Choir and Orchestra

Listen to a live performance of The Redfern Oratorio on ABC Classic Radio by the Sydney University Graduate Choir and Orchestra. The Redfern Oratorio is composed by Christopher Bowen OAM and based on the Redfern speech of 1992.



Social shoutout

As the temperature drops, the leaves start to fall. Thanks to [@tianyimage](#) for capturing the bright foliage around campus before it's gone.

Tag [@sydney_uni](#) or [#usyd](#) for your chance to be featured.

Don't forget to join us on [Facebook](#), [Instagram](#), [TikTok](#) and [WeChat](#) to stay up to date on the latest news and events.



Student resources

[Student website](#) | [Canvas](#) | [myUni](#) | [Sydney Student](#) | [Key dates](#) | [Student life, wellbeing and support](#)

Copyright © 2023 The University of Sydney, NSW 2006 Australia

Phone +61 2 9351 2222 ABN 15 211 513 464 CRICOS Number: 00026A TEQSA PRV12057

[Disclaimer](#) | [Privacy statement](#) | [University of Sydney](#)

We recognise and pay respect to the Elders and communities – past, present, and emerging – of the lands that the University of Sydney's campuses stand on. For thousands of years they have shared and exchanged knowledges across innumerable generations for the benefit of all. [Learn more.](#)

Please add university.communications@sydney.edu.au to your address book or senders safe list to make sure you continue to see our emails in the future.

Have news? [Share it with us](#)