

30 October 2023 Week 13, Semester 2

Welcome to Week 13 and your last week of classes! Find out how to prepare for success in your final assessments, from what materials you need to bring for your in-person exams, to ways to help you manage your stress.

Your guide to exam success

5 ways to manage your stress levels during exam season

Exam season can be stressful, but strategies can help you manage. Here are <u>five ways to</u> <u>de-stress during exams</u> to finish the semester on a high note.



Everything you need to know to prepare for in-person exams

Check out our checklist for everything you need to know about exams on campus, including how to prepare, what materials to bring, and rules you need to follow.



How to maintain academic honesty in your assessments





Get Exam Ready with the Library

Exam time can be tough! The <u>Library's Exam Ready program</u> has a range of activities so you can study effectively, stay healthy, connect with others, and ace your exams.

Free breakfasts and refreshments

From 31 October, the Library will be dishing out <u>free</u> <u>breakfasts and refreshments</u> <u>to help you study</u> and revive at multiple library locations across campus.

Preparing for exams with Learning Hub

Learn how and when to revise for exams based on memory and study skills research, get tips for time management and dealing with anxiety, and more.

Brain Gains with SUSF

Pause, breathe and stretch out your knots and kinks with <u>a relaxing session to</u> <u>get you moving</u>. Please register to attend – everyone is welcome!

Notices

- Applications for <u>Student Life Grants</u> close Thursday November 2 for Round 1, 2024. Don't
 miss your opportunity to receive up to \$3000 in funding to make a significant impact on
 students in our community while developing your leadership and project management skills.
- Check your <u>Semester 2 exam timetable</u> for the type of exam you're sitting and where it will be taking place. <u>More information about exams</u> is available on our website.
- The Student Centre will be available to approve calculators and linguistic dictionaries to use in exams on Mondays, Wednesdays and Fridays, between 9 am and 12 pm.
- Your <u>Student Services and Amenities Fee (SSAF)</u> for Semester 2 is due on Thursday 2
 November. You can view your outstanding SSAF amount in <u>Sydney Student</u>.

Stay scam safe

Anybody can be scammed, and most people will be targeted at some point in their lives. It's important to know what to look out for and know what to do. Check out our new scams webpage

to stay up to date with current scams, resources to help you protect your finances and identity, and ways to report or get support if you've been affected by a scam.

Free events on campus

Celebrate students innovating change

The Student Innovation
Awards celebrate our
students who are driving
innovation and delivering
positive social outcomes
to the community. Join us
on 2 November from 6 pm
at The Great Hall to
celebrate our student
finalists and winners.

Sydney Ideas: What art ought to be

Join Yorta Yorta woman, composer and soprano
Deborah Cheetham Fraillon with some of the country's most creative minds for an expansive conversation that reflects on the role of the arts in a post-referendum
Australia at this free event on 1 November from 6–7 pm.

The housing crisis analysed

At the 12th Annual Warren Hogan Lecture on 8
November, Besa Deda,
USYD alumni and one of
Australia's best known
economists, analyses the
causes and consequences
of the housing market crisis
and discusses solutions
focused on long-termism.

What's happening at the University

Music musings with Bailey Pickles and Hugo Hui

We spoke to Bailey Pickles and Hugo Hui, second-year students at the Sydney Conservatorium of Music, about friendship, making music, and why the inaugural Alumni Festival should be on every student's calendar.





View the world from a different perspective

The Solutionists podcast with Vice-Chancellor Mark Scott dives into the most pressing issues of our time, and introduces you to the people finding solutions. Episode 2 features Eddie Woo, beloved mathematics teacher and USYD alumni. Listen to episodes 1 and 2 of The Solutionists online.



Feel inspired by our 2023 Graduate Medallists

Each year, we award six Graduate Medals to our newest alumni in recognition of their achievements. Meet the 2023 Graduate Medallists and learn about their stories, and find out how to nominate an exceptional graduate for 2024.













SUDS Presents: Troy's House at The Cellar Theatre

Drugs, sex, and...Vengaboys? <u>Troy's House</u> is an ode to salacious suburban Canberra and the teenagers who came of age there in 1997. Showing from 25 October to 4 November, tickets start from just \$3.





Celebrate World Vegan Day with Sustainability at Sydney

Wednesday 1 November is World Vegan Day, reminding us that our dietary choices play an important role in the sustainability of our planet. Sustainability at Sydney has partnered with some of our food outlets on campus to help you celebrate the day with delicious vegan food and drinks.

The chefs at Forum Restaurant have developed an exclusive all-day vegan menu, available on World Vegan Day only. Enjoy a free upgrade to plant-based milk when you purchase a coffee.

Love BUDS Grill are offering a \$13 burger + chip combos between 11 am and 3 pm. Post a photo with your plant-based burger on instagram, tagging @sustainability_usyd and #USYDVeganDay to go into the running to win more Love BUDS, on us!

Win a double pass to a Belvoir St Theatre production

The Master & Margarita unfurls via a giant talking cat, a mad novelist, and the devil herself, with Margarita in the middle of it all. Win a double pass to the 16 November 7:30 pm performance by emailing your name and number to competition@belvoir.com.au by 6 November, with 'M&M USYD' in the subject line.



Study and career development opportunities

Embrace different languages at the Language Toolkit Launch Party

Supported by Student Life Grants, the Language Toolkit project is launching our beginner guides to learning new languages. <u>Come along to the Language Toolkit launch party</u> at Courtyard today, Monday 30 October, from 5–7 pm to meet fellow language enthusiasts and enjoy free food and drinks.

Are you interested in the world of innovation and entrepreneurship?

<u>Join us at INCUBATE's Class 19 Demo Day</u> on November 9 at The Great Hall for a night of startup pitches and industry networking as we proudly showcase our latest cohort's cutting-edge innovations. Tickets are free.

Develop key skills to thrive in the modern workplace

Work with fellow students from across the globe, sharing knowledge and expertise while immersing yourself in a commercial organisation with the <u>Universitas 21 Sustainable Microinternships programme</u>. Find solutions to real-world sustainability challenges and gain experience pitching to senior stakeholders within the organisation. Applications close Friday 17 November.

Connect with your postgraduate community

Enjoy an evening networking with fellow researchers

What better way to make friends than over a drink and some delicious cheese? Come and meet your fellow HDRs and HDR Equity Officers at the <u>SUPRA HDR Wine & Cheese Event</u> on 9

November from 5–8 pm in the Courtyard Restaurant & Bar.

Fostering a culture of collegiality and partnership in research

Facing challenges in research collaboration? <u>Join SUPRA for an online session to discuss the complexities of collaborative research</u> on 15 November from 1 pm, and learn how to tackle common issues early to foster a culture of harmonious and productive research.

Social shoutout

<u>@rachel.thehumanbeings</u> took a stroll through the picturesque Vice-Chancellor's Garden. With plenty of shade and benches, the quiet garden is a great place for you to take a short break from your study.

We love to see what you get up to during the semester, so tag <u>@sydney_uni</u> or <u>#usyd</u> for your chance to be featured.

Don't forget to join us on <u>Facebook</u>, <u>Instagram</u>, <u>TikTok</u> and <u>WeChat</u> to stay up to date on the latest news and events.



Student resources

Student website | Canvas | myUni | Sydney Student | Key dates | Student life, wellbeing and support | Scams support

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Please add university.communications@sydney.edu.au to your address book or senders safe list to make sure you continue to see our emails in the future.

Have news? Share it with us