





6 November 2023 STUVAC, Semester 2

It's STUVAC! While this week provides an opportunity to get ahead on your study, it's also an important time to prioritise your wellbeing. Make sure you stay active and connected with friends, take regular breaks outdoors, and stay healthy with a range of free and affordable food options on campus.



**Exam Ready events at the Library** 

## Move through mindfulness

Join Mindful Movements, an interactive, clinician-led workshop on 7 November from 12–1 pm, featuring different mindfulness-based practices to help you press pause, rest, and manage your stress.

## Stay safe and study fit

As part of the Exam Ready program, visit the Protective Services pop-up in Fisher from 9 am to 12 pm until 10 November to play games, win prizes, and get advice about your safety and security on campus.

## Play your way to destress

Take a break from study and meet new friends at the weekly <u>Board Game</u>
<u>Fridays</u>, from 4–5:30 pm until 17 November. Hosted by your Peer Support Advisors, a variety of games and snacks are provided.



Fuel your mind and ace your exams

Eating and hydrating well helps you to sustain focus and retain information effectively during your study sessions. Come and grab a healthy, nutritious, and free meal on campus during STUVAC and exams.

# Free food outside Fisher Library

USU members can enjoy free breakfast, lunch and soft serve ice-cream at the USUeats Food Truck outside Fisher Library, every Monday through to Thursday, 6 to 23 November.

# Take a break, have a cupcake

Treat yourself to some study time-out at <u>Cupcake Break</u> on 7 and 9 November, 2:30–4:30 pm. Recharge with free cupcake decorating and chat to your Peer Support Advisors in the lead-up to exams.

## Free essentials with FoodHub

FoodHub provides free food and other essential items to students in need. Visit FoodHub on Level 3 of the Wentworth Building Monday to Friday from 11 am to 2 pm. Please register ahead of time.

#### Top stories this week

# Supporting the conservation of dingoes in Australia

Daisy Grady, Veterinary Science student, recently attended the National Inaugural First Nations Dingo Forum. <u>Learn about Daisy's experience and the profound cultural and environmental significance of dingoes</u>.



## Raising awareness of hidden disabilities

We spoke to current students Khanh Tran and Gemma Lucy Smart about what the Hidden Disability Sunflower initiative means

to them and how you can show your support for raising disability awareness.



### Meet the 2023 Student Innovation Award winners

From algae that protects you from poor air quality to technology that uses music to reduce chronic stress on the body, learn about the <u>projects that won this year's</u>
Student Innovation Awards.



#### **Notices**

- Exams commence on 13 November. Make sure that you've <u>read our information on exams</u> so you're prepared and know what you need to bring. Remember to double check your <u>Semester 2 exam timetable</u> for the type of exam you're sitting and where it will be taking place.
- If you're permitted to use a calculator or dictionary in your exam, the Student Centre is open for approving calculators and linguistic dictionaries from Monday to Friday, 9 am 5 pm.
   Please check your calculator is on the list of approved calculators prior to bringing it in to the Student Centre.

### Student accommodation options in 2024

Returning to Sydney in Semester 1 2024? It's a good idea to start thinking about student accommodation now. While our Camperdown/Darlington on-campus accommodation is currently waitlisted, there's still availability at our Camden campus and at other locations off-campus, such as Y Suites, Scape and Iglu.

If you're planning on finding your own private rental, make sure you know your tenancy rights and refer to the Student Representative Council's Accommodation Guide. It's important that you don't rush into a decision. If you need help planning, speak to one of our Peer Support Advisors.

#### Free events at USYD

## Promoting gender equality

Explore intergenerational perspectives on allyship for gender equality with an esteemed panel on 21 November from 6 pm, including its importance, how to activate allies, and what effective and accountable allyship looks like.

## Thriving trade in the Top End

At the 2023 Arthur and Hilda Winch Lecture on 17
November, hear from an expert panel on precolonisation trade in the Top End of Australia, including the vast trade networks domestically and across the seas, and the interactions with the Macassans.

#### Exploring the inbetween

On now at the Chau Chak Wing Museum until 11 February 2024, Nyctinasty by Gunditjmara and Djabwurrung artist Hayley Millar Baker is a short film that explores female power and strength in reference to elements of the horror genre.

#### What's happening at the University

# Celebrate the end of your exams with Live from Manning!

As part of the <u>Alumni Festival</u> on 2 December, <u>Live from Manning!</u> features a range of highenergy performances, from TheatreSports™ with Jim Fishwick and Jordan Raskopoulos, to a stellar musical line-up featuring Chiara Kovac, Youth Group, and Art vs Science. Tickets are just \$15 for current students.



# Fisher Library roof terrace reopens after more than 30 years

We're delighted to announce the reopening of the <u>Fisher Library roof terrace</u>, a space for study breaks, socialising and incomparable city views. From 7 November, students can access the roof terrace using their swipe card during opening hours.



### Calling all actors, musicians,

#### comedians and arts aficionados

Join the <u>USU Revue 2024</u> season to be part of electrifying comedic performances that are written, produced, and directed by students, and build lasting connections with fellow artists and enthusiasts.



## The Great Barrier Reef's mystery Green Donuts

<u>Dive into the mysteries of Great Barrier</u>

<u>Reef's 'Halimeda Donuts'</u> with Jody Webster and learn about their vital role in our iconic ecosystem. This event will be held on 9

November from 6–7 pm in the Chau Chak Wing Museum, with tickets just \$5.





Students enjoying the celebratory BBQ on Wednesday 16 August, 2023.

#### 100 years of global connections

This year marks more than 100 years of welcoming international students to our University. In recognition of this exciting milestone, Sydney University Postgraduate Representative Association (SUPRA), with support from Student Life, led a series of events in Semester 2 that celebrated our diverse student community and the contributions they've made to the University.

We're energised by the positive responses to

these events from our community and are committed to continue working with our student representative bodies to celebrate our students and enhance their experience at University.

Study and career development opportunities

### Study in the UK, USA, China or Italy in 2024

The ICPU global program gives you the opportunity to engage with international industry partners and take part in relevant site visits and excursions while studying overseas. Applications will open

for the June/July cohort in early 2024. Keep an eye out on the <u>industry and community projects</u> <u>webpage</u> for further information.

### **Explore the future of sustainability**

Over four days of engaging sessions, expert speakers, and networking opportunities, the upcoming <u>Australasian Campuses Towards Sustainability (ACTS) Conference: The Future of Sustainability</u> is your gateway to the latest sustainability innovations and trends for the tertiary education sector. Starting Wednesday 8 November, the conference will be held virtually and is free for all USYD students to attend.

#### Discover an exciting range of jobs to launch your career

NSW Jobs Connect is an Australia-first program between Study NSW and the job-seeking platform SEEK. The program connects international students with NSW employers offering incredible career opportunities. Head to the Study NSW webpage to <u>search for jobs and access</u> <u>career-ready masterclasses and internships</u>.

#### **Social shoutout**

Congratulations to Olaitan Temitope
Ogunbodede for being named this year's
NSW International Student of the Year! It's
fantastic to see Olaitan's wide-reaching
impact and contributions to our community
recognised with this award.

We love to see what you get up to during the semester, so tag <u>@sydney\_uni</u> or <u>#usyd</u> for your chance to be featured.

Don't forget to join us on <u>Facebook</u>, <u>Instagram</u>, <u>TikTok</u> and <u>WeChat</u> to stay up to date on the latest news and events.



#### Student resources

Student website | Canvas | myUni | Sydney Student | Key dates | Student life, wellbeing and support

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