

**2 April 2024**

Mid-semester break, Semester 1

Welcome to the mid-semester break, student. We hope it's restful and you're able to find some time to prepare for the remainder of Semester 1. In this week's edition, check out our food hacks to help you save money and eat well, find out how you can create and stick to a budget, and tap into your creative side with USU's Festival of Creativity.

Trending this week



Food hacks to help you save money and eat well

Looking for ways to make healthy and delicious meals without breaking the bank? From meal planning to knowing what's in season, here are our tried and tested [tips for eating well on a budget](#).



Housing Hacks: how to create and stick to a budget

Find out [how to develop and stick to a budget](#) so you can keep track of your spending, plan for your financial future and ensure you always have enough money for essentials like rent, food and bills.

Need to know

- Census date is today, Tuesday 2 April. It is your final day to withdraw or change any units of study without penalty. If you need assistance, please contact the [Student Centre](#).

- Daylight savings ends this Sunday 7 April at 3 am, meaning clocks will be turned backward one hour to 2 am and revert to local standard time.
- [Candidate nominations for the 2024 Student Board elections](#) are open until next Monday 8 April – find out eligibility criteria and how to nominate online.
- The Student Centre, Library and study spaces are open and operating as normal during the mid-semester break.
- Don't forget to [register for RUNSYDUNI](#) for your chance to participate in a 4km fun run at our Camperdown Campus on Wednesday 8 May.
- If you are unable to finish an assignment on time due to illness, injury or other circumstances outside of your control, you may be able to apply for a [simple extension](#). If you are unable to sit an exam or require a longer period of time to complete an assignment, you may be able to apply for [special consideration](#). For more information and support, please contact the [Student Centre](#).



How to catch up on study during the mid-semester break

Feeling a little behind with your studies? The mid-semester break is a great opportunity for you to catch up and return refreshed. [Read more about how you can use the break effectively.](#)

Register with Inclusion and Disability Services for exam support

If you have a disability, medical condition, or carer responsibilities (temporary or ongoing) which could disadvantage you in your formal examinations, you may be eligible for reasonable adjustments through Inclusion and Disability Services. To be approved for adjustments in your Semester 1 formal exams, you will need to apply to register, book a consultation appointment, and be registered with Inclusion and Disability Services by Wednesday 24 April.

How are you spending your mid-semester break?

Catching up on study

Getting some extra rest

Working

Seeing friends and family

Feel inspired at the Festival of Creativity



USU's [Festival of Creativity](#) is the perfect opportunity for you to find inspiration, tap into your creative side and learn new skills. Happening on campus from 15–19 April, embrace your inner creator with a week of performances, workshops, a creative fair, networking opportunities and more.

Creative Crossroads

From groundbreaking academics to trailblazing industry leaders and inspiring individuals, join us as we delve into the minds of those who dare to challenge the status quo at the [Creative Crossroads Panel](#) on Tuesday 16 April from 4 pm.

Creative Fair

Come along to the [Creative Fair](#) on Wednesday 17 April to engage with a vibrant line-up of artists, designers, performers, writers and more. Meet local creative businesses and take advantage of the opportunity to network with industry leaders.

Band Night

For an evening of fantastic live music featuring a line-up of some of our best student bands, incredible food and amazing drink specials, don't miss out on tickets to USU's iconic [Band Night](#) at Manning Bar on Thursday 18 April from 6:30 pm.



Can you name a work of fiction that's had a real-world impact?

[We asked students some big questions ahead of Raising the Bar](#) on 9 April – one night of 20 free talks across 10 inner-city bars. Want to hear the answers? Grab your friends and book your free tickets online.

What's happening at Sydney



Interrogating the notion of existing

It's your final call to enter the [2024 Honi Soit Writing Competition](#) – submissions close this Sunday 7 April at 11:59 pm. Entries are open to all USYD students with prize money in fiction and non-fiction categories.



How does wealth inequality reinforce societal divides?

Escalating wealth inequalities have become apparent across the globe and are driven by forces of disproportionate power. Join Professor Mike Savage on campus next Wednesday 10 April from 5:30 pm to [discuss the challenges of the growing racial wealth divide trend](#).



The power of grief in a time of extinction

Drawing upon evocative stories and research, discover how taking time to dwell on loss can cultivate a richer sense of our planet and our place in it at the [radical work of mourning panel event](#) on campus on Thursday 11 April at 6 pm.



Dr Karl's Great Moments in Science

Is it a bird? Is it a plane? No, it's Dr Karl here to explain! Get ready for plenty of mind-bending facts, science-stuffed stories, and puns faster than the speed of light at [Dr Karl's Great Moments in Science](#) on Tuesday 16 April from 6 pm at the Seymour Centre.

Student resources

Student website | Canvas | Student Portal | Sydney Student | Key dates | Student life, wellbeing and support | Scams support

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Phone +61 2 9351 2222 ABN 15 211 513 464 CRICOS Number: 00026A TEQSA PRV12057

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