



9 September 2024

Week 7, Semester 2

This edition

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Welcome to Week 7, Mack!

This week, we showcase the winning initiatives from the Student Innovation Awards, share how you can take your education higher, and highlight wellbeing events on campus this week (including meeting dogs on campus) in the lead-up to R U OK? Day.

We also share tips on how to make the most of the spring weather, with active commuting tips courtesy of our very own Bike Doctor.

Plus, hear from students about what it's like to study abroad and how you can plan your own trip overseas at the Sydney Abroad Showcase.



You're invited to make a submission to the University's external review of policies and processes

A reminder that students, staff and interested members of the community are invited to make a submission to the external review into the University's policies and processes by emailing usydexternalreview@counsel.net.au. This could include your view on what is working well, areas

for improvement, and any suggested steps the University might take to ensure its campus is a safe and inclusive place for all students and staff.

Any submission must be made before 5 pm on Monday 23 September 2024. Late submissions will not be considered.

Further information is available on the [University website](#). The website has been updated to include the following additional frequently asked questions, which can be accessed by expanding below. [Read more for the added FAQs](#).

Top stories



Take your education higher at Research Week

Whether you're considering honours or a PhD, [Research Week](#) from 23 to 27 September 2024 is your gateway to discovering the learning and career development opportunities postgraduate research offers.



Student Innovation Award winner Shalu with her project, KOSH.

Creatvity unleashed at the Student Innovation Awards

From pregnancy nutrition to personalised stories for kids, hear from the winners of the [Student Innovation Awards](#) and learn all about the student-led projects that are creating positive, real-world impact.



Discover the benefits of active commuting

With the sun shining in Sydney, now is the perfect time to get out and enjoy the benefits of sustainable and active commuting. We caught up with Rowan, the USU Bike Doctor, for [tips on cycling to campus and making the most of active commuting options](#).

Plus, read on to find out how you can win a free bike service by sharing your favourite cycling scene on your way to campus!

Nominate for University elections before 12 pm tomorrow, Tuesday 10 September

It's your last chance to nominate for student positions on the following University governance bodies:

- Senate (two-year term commencing 1 December 2024)
- Academic Board (one-year term commencing 1 January 2025)
- Faculty/University School (one-year term commencing 1 January 2025)
- Faculty Board/University School Board (one-year term commencing 1 January 2025)

Nominations for these positions will close at 12 pm tomorrow, Tuesday 10 September 2024.

Candidates wishing to nominate can download their nomination form from the [Student Elections webpage](#).

All interested students must submit the correct completed nomination form to secretariat.elections@sydney.edu.au before the close of nominations.

Need to know

- The University has a rich history of activism and protest, and all students have the right to express their ideas and opinions in a safe and lawful manner. Learn about [our expectations around freedom of expression at university](#), and how to have respectful interactions with others on campus.
- There will be changed access between Shepherd Street and Engineering Walk from Tuesday 10 September to Friday 20 December 2024 as part of landscaping works around Engineering Lawn. The changed access route features stairs, so wheelchair users are advised to access the University from Shepherd Street via the Boardwalk entry.
- Join the Student Voice Group and take a hands-on role in improving the experience of our community at the University. [Fill out an online form to register your interest in being part of](#)

[the Student Voice Group](#). All participants will receive a voucher.

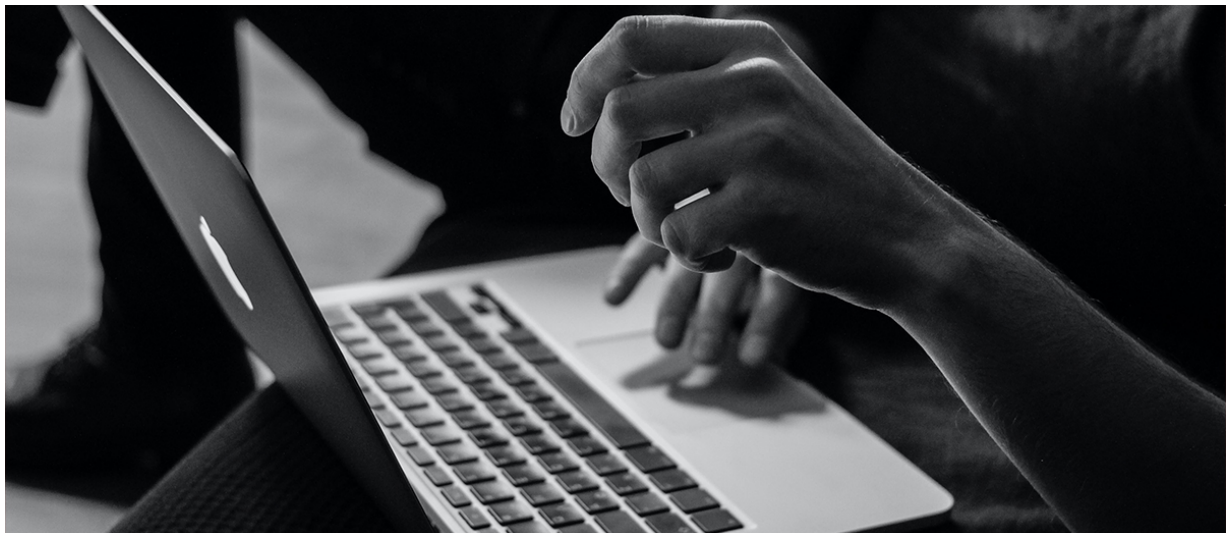


Have your say Student Experience Survey



Have your say in the Student Experience Survey

From this Thursday 12 September, first- and final-year undergraduate and postgraduate coursework students will have an opportunity to have their say about what it's like to be a University of Sydney student and actively contribute to shaping the future of higher education in Australia. Visit [student surveys](#) to complete the Student Experience Survey and learn more on the [Student Experience Survey webpage](#).



Stay one step ahead of scammers

Anybody can be scammed, so it's important to know what to look for to protect yourself, your data and your finances.

While scams are becoming more sophisticated and harder to detect, there are signs you can look out for that could indicate you're being scammed, including:

- You're promised easy or cheap access to jobs, University offers or accommodation.
- You're pressured to act quickly or are not given time to make decisions.
- You're told to purchase something through social media, by clicking on a link in an email or through buying gift cards.

Know how to spot scams, how to avoid them and what do to if you've been scammed on our [scams webpage](#).

Unsure if you've been approached by a scammer? [Sonder](#), a safety and wellbeing app available to international students, can verify potential scams and provide tailored advice whenever and wherever you are.

Get involved in R U OK? Day

R U OK? Day is on Thursday 12 September, and there will be [events throughout the week](#) for you to get involved in to spark up conversations around mental health.

This year's theme is [Ask R U OK? Any day](#), highlighting the importance of building trust and normalising conversations around mental health and wellbeing by checking in regularly with friends, family, or colleagues.



Meet dogs on campus with Ther-A-Paws

Ther-A-Paws is the paw-fect place to meet our furry VIP guests and take a mindful break outside on Thursday 12 September from 12–1:30 pm on the Law Lawns (near F10). Learn how to start the conversation that could change a life, meet our friendly pack of trained therapy dogs and their owners and learn more about the free mental health and wellbeing services available at the University and beyond.



Walk for Wellness this Tuesday

Lace up for the [Walk for Wellness](#) on Tuesday 10 September, 11 am–2 pm, starting at the Chemistry Building (F11) on Eastern Avenue. Enjoy a journey filled with freebies, interactive activities like trivia, art, and mini sports, and finish with tasty BBQ snacks – all in support of mental health awareness.



Enjoy coffee, crafts, and more with USU

[USU are hosting a suite of events in the lead up to and on R U OK? Day.](#) This Thursday, start the day with free coffee on Eastern Avenue from 9 am, channel your inner artist with painting at Anderson Stuart (F13) Lawns from 11 am and wrap-up your day at Manning Bar with bracelet-making from 1 pm.

Ensuring our community is safe for all

We'd like to remind our community that it's illegal to record, create or share content of someone, including sexual content and content generated by artificial intelligence, without that person's consent.

Everyone in our community has the right to feel safe and supported, and it's up to each of us to foster a culture of respect, safety and support. If you notice someone secretly being photographed, filmed or recorded, [be an active bystander](#) if it's safe to intervene, or contact campus security on 9351 3333.

Our [Safer Communities Office](#) are committed to ensuring our community is safe and supported and are available for a confidential chat. [Book a confidential chat with Safer Communities](#). There are also options of reporting which includes submitting a report via our [Sexual Misconduct and Inappropriate Behaviour Online Reporting Form](#).

Discover global study opportunities



Studying overseas gives you the opportunity to see the world, create lifelong memories and graduate with a global perspective. Interested in studying abroad? Join us at the [Sydney Abroad Showcase](#) on Thursday 19 September from 1:30 pm at the Eastern Avenue Auditorium to hear from recently returned students and find out how you can go overseas yourself.

To get you thinking about the range of global study experiences you could have, we spoke to some students about what it was like for them to study overseas.



"It's an incredible adventure that will open your eyes to new cultures and ideas. You'll learn so much and meet amazing people along the way."

– Daniel (Bachelor of Education), Investigating social work responses to pressing social issues in the Indonesian context



"I believe that experiencing a global experience whilst studying is so valuable as it allows one to develop cultural understanding, broadens perspectives, as well as helps with adaptability and problem solving. Building cross cultural competence is an amazing skill as it fosters an appreciation of diversity which is essential in a globalised world where cooperation across cultural boundaries is integral."

– Margaret (B.Engineering / B. Commerce), Global Engineering Field Work in Pune, India



"English isn't so widely spoken in Valladolid, so I learnt to be less afraid of making mistakes and more open to speaking Spanish with native speakers without feeling embarrassed. Also, because there isn't much online about Valladolid, I had to become more outgoing and ask locals for recommendations, which taught me the value of stepping outside of my comfort zone."

– Maya (Bachelor of Science), OLE In-Country Experiences in Valladolid, Spain

What's happening at Sydney



Lunchbreak Concert Series @ The Con

Take a break from study and relax at Sydney Conservatorium of Music's beautiful Verbruggen Hall for a [free 45-minute concert by Conservatorium students](#) happening every Wednesday and Thursday during semester from 12:30 pm.



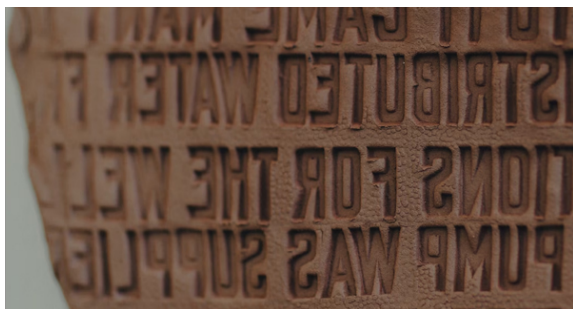
SEXTEMBER 2024 – Breaking the cycle of gendered violence

Join Mataio Faafetai (Matt) Brown from She Is Not Your Rehab on Tuesday 24 September 12 pm–1 pm for an [online Breaking the Cycle discussion](#) about the power of mental health conversations and addressing childhood trauma in helping to prevent cycles of gendered violence.



Develop your climate awareness

Gain insights into climate change and boost your green credentials with [Carbon Literacy Training](#). This course offers insight on how to reduce your carbon footprint through a mix of self-study and live training sessions.



Reverse Archaeologies @ Tin Sheds Gallery

Dive into the fascinating world of [Reverse Archaeologies](#), an exhibition where art meets architecture in a profound exploration of space and material. The exhibition is on until Sunday 27 September, so don't delay in visiting!

Student resources

[Student website](#) | [Canvas](#) | [Student Portal](#) | [Sydney Student](#) | [Key dates](#) | [Student life, wellbeing and support](#) | [Scams support](#)

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We recognise and pay respect to the Elders and communities – past, present, and emerging – of the lands that the University of Sydney’s campuses stand on. For thousands of years they have shared and exchanged knowledges across innumerable generations for the benefit of all. [Learn more.](#)

Please add university.communications@sydney.edu.au to your address book or senders safe list to make sure you continue to see our emails in the future.

Have news? [Share it with us](#)