



ACTIVITY 38: INTERVENE PHASE 2

BEST PRACTICE IN PAIN MANAGEMENT FOR
PEOPLE LIVING WITH DEMENTIA IN
RESIDENTIAL AGED CARE.

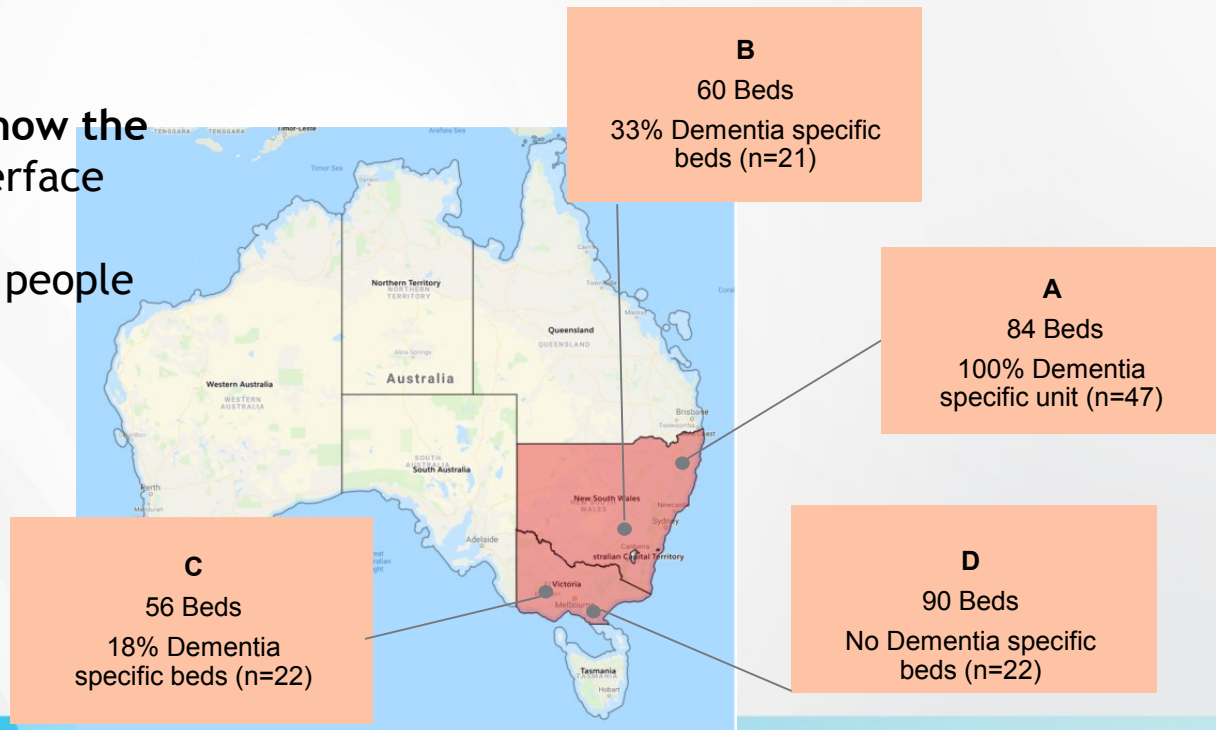
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THE CHALLENGE: PAIN MANAGEMENT FOR PEOPLE WITH DEMENTIA IN AGED CARE

- Up to 93% of residents experience pain¹
- Intervene Phase 1 demonstrated mixed outcomes for translation of staff pain management knowledge into practice
- Aim of Intervene Phase 2 is to address the evidence-practice gap in pain management practices

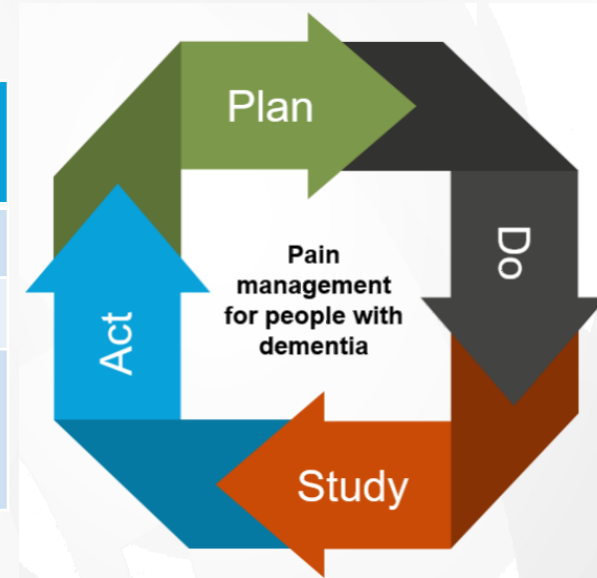
INTERVENE PHASE 2 PROJECT BACKGROUND & PROJECT SITES

Personal care assistants ‘**know the person**’ and are at the interface (frontline care) of pain management processes for people living in RAC.



INTERVENTIONS

Domain (Behaviour Change Wheel) ²	Intervention
Physical	Pain education videos
Social	One to one support
Environmental/ Physical	Abbey Pain Scale made more readily available

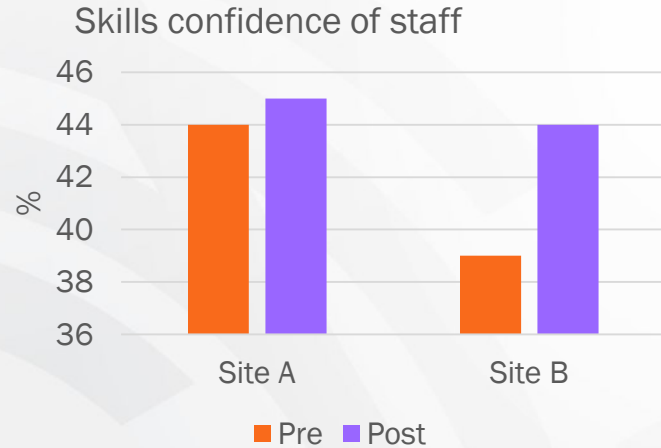


2. Michie, S. (2011). Behaviour Change Wheel.

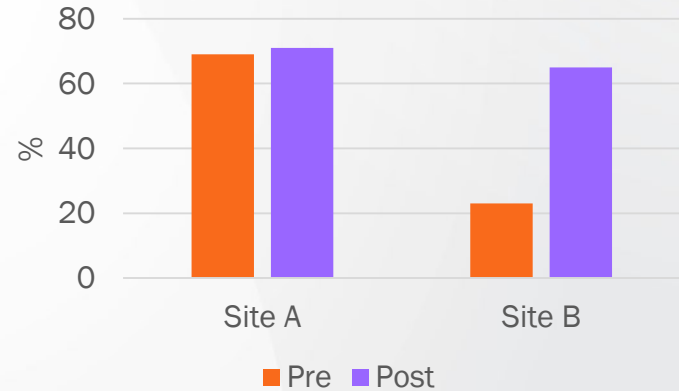
INTERIM FINDINGS

POST IMPLEMENTATION VS BASELINE DATA

- Staff survey indicated increased confidence and involvement in pain management for residents



Staff involvement in pain management



NEXT STEPS

- MDT workshop will focus on sustaining change and will be an opportunity for the ‘champions’ to provide feedback on their experience during the project
 - Determine effectiveness of interventions
 - Validate findings
 - **Map out plans for sustained change**
 - **Develop recommendations for future research.**



Our partners



The background is a solid blue color. On the left side, there are several thick, curved lines that sweep from the top left towards the bottom right, creating a sense of motion or a stylized graphic element. A large, light blue arc is also visible, curving from the top left towards the bottom right, partially overlapping the other lines.

Thank you